

Body And Soul

By: Sierra Lewandowski

Curled up underneath
The sheets with tears
Running down my
Cheeks

Staring off into
The dark side of
My room

All alone
Heart and mind
Body and soul

My mind says
Let him go
My body
Can't take much more

But my heart
Longs to love him
My soul longs
To hold him

But he is the reason
I've fallen this far

So curled up underneath
The sheets with tears
Running down my
Cheeks

I begin to think
About what you
Have done to me

How you hurt me
Brought me here
To cry by myself
In a bed full of tears

To lose the love
You brought me too
But still body and soul
I'm in love with you

How are you
To speak if
There's no words
To be said

How are you
To love someone
With no heart
Left in your chest

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