

Basic Life Support

Course Content

- How to perform CPR (2015) Guidelines Adult/Child/Baby
- Care of the unconscious casualty
- Care of a Heart Attack victim
- Treatment of a choking casualty

Number of delegates

Up to 12

Course Duration

4 Hours

Refresher: 2 Hours

Assessment

Candidates must demonstrate a willingness to learn through interaction and group activities

Certification

On successful completion of this course and assessment, each candidate will a certificate of attendance and course notes

*We also offer **Defibrillation Training** which can be held as a stand-alone course or combined with our Basic Life Support course*

Automated External Defibrillation (AED)

Course Content

- How to check and maintain an AED machine
- The checks to be made before using an AED
- Using an AED
- Using an AED with CPR when on own
- Using an AED with CPR in pairs