

## **First Aid At Work (FAAW)**

### **Who Should Attend**

This course is designed for nominated workplace first-aiders, or anyone wanting a comprehensive introduction to first aid.

### **Course Content**

- Communication and delegation in an emergency
- Recognition and Treatment of the following:
  - Cardio Pulmonary Resuscitation (CPR)
  - Defibrillation
  - Choking Casualty
  - Unconscious Casualty
  - Bleeding
  - Shock
  - Heart Attack
  - Broken Bones, Muscle and Joint Injuries
  - Burns and Scalds
  - Eye Injuries, including Irrigation
  - Poisons
  - Illnesses i.e. Asthma, Diabetes, Epilepsy
- Personal Hygiene
- Simple Record Keeping
- Contents of First Aid Box
- Purchasing and Ordering Supplies
- Transportation of Casualties

### **Course Duration**

Induction Course – 3 Days  
Re-qualification – 2 Days

### **Assessment**

Candidates are continually assessed throughout the duration of the course  
A written assessment will be completed of the final day

### **Certification**

On successful completion of this course and practical assessments, each candidate will receive a certificate allowing them to practise for three years after which a re-qualification course becomes necessary.  
This course is legally compliant with the current Health and Safety (first aid) Regulations 1981. Each candidate will also receive a First Aid at Work handbook.