



## Emergency Comfort Kits

Natural hazards, disasters, and emergencies can happen at any time. Liberty Learning Centers Inc has an emergency plan in place in the case of an emergency occurring during the school day. As we plan for possible scenarios every child is required to have an **Emergency Comfort Kits** for your child. Comfort kits would be the first line of resources to be used in any scenario when students are sheltered at the school longer than the school day. The items in the comfort kits will provide them with foods that are familiar and palatable to them and items that would help them stay calm.

Comfort kit items should be sent in a **one-gallon, Ziploc bag** and clearly marked with your child's name. We are asking for a **2 day supply** with approximately **2400 calories** in each bag.

We ask that all students bring a "comfort kit" to school as part of their supplies for the school year. Please bring in your kits no later than **the 1<sup>st</sup> day of attendance**.



### Non-perishable food item ideas:

- \*Granola bars
- \*Jerky
- \*Hard candies
- \*Cookies
- \*Canned fruit with flip top
- \*Fruit roll-ups
- \*Tuna fish packets
- \*Dried fruits,
- \*Raisins
- \*Crackers
- \*Canned juice

### Also in the bag

- \*Bottle of water
- \*Space blanket or large plastic trash bag,
- \*Non-toxic chemical emergency light stick

### Infant

- \*Bottle
- \*Formula
- \*Bottle of water
- \*Diapers
- \*Wipes



These are "suggested" items. Please tailor your child's comfort kit to their likes, dislikes and any specific needs.

## Sample Comfort Letters – Write on the back of the form

Dear \_\_\_\_\_

Since you are reading this letter, there must have been an emergency while you were at school. Emergencies can be scary. The good thing is that they usually don't last very long. Things will get better. Please try to be brave, and even helpful if you can. We are trying to get to you as soon as we can. Please be patient and remember that we love you and are thinking of you.

Love, \_\_\_\_\_

Dear \_\_\_\_\_

We love you very much and want you to know that this is a time to be brave and helpful. Please don't worry about your family. We know that you will be safe at school. We will all be making the safest choices wherever we are, and someone will be there to pick you up as soon as possible. In the meantime, stay calm and follow the directions you are given.

Love, \_\_\_\_\_

Child's Name: \_\_\_\_\_ Child's Birthdate: \_\_\_\_\_

Allergies: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Other contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Anything Else? \_\_\_\_\_

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