

Fourth Annual Recital June 13th 2026

DANCING THROUGH THE DECADES

1930's-NOW



RISE

Rhythm In Self Expression

*Welcome to "Dancing Through the Decades"
Rhythm In Self Expression's 4th Annual Dance Recital.*

We wouldn't be here without the unwavering love our students have for Dance, their commitment to practice, and the joy they radiate every time they step onto the studio floor. RISE exists because of the love and support from our parents—both emotionally and financially—fostering your child's passion for Dance. We deeply appreciate the effort you dedicate to your child's growth and success as a Dancer.

It's a joy to witness your children learn and grow, to see them smile and laugh, and especially to share that magical moment when months of practice culminate in a breakthrough: when they finally "get it" and achieve a step or movement they've worked so hard to master. As a proud teacher, I wonder if this is real life or just fantasy.

Lastly, my love for owning and directing a dance studio wouldn't be possible without all of you in the audience, and the incredible village working backstage to bring you tonight's performance. I invite you to relax and enjoy the trip through time, and join us by shouting and singing along to some of our favorites from eras old and new as we go "Dancing Through the Decades!"

*With heartfelt love and gratitude,
Stephanie Halley*

SHOW - 2PM

SING, SING, SING 1930'S - BY BENNY GOODMAN

Ireland Akers, Fiona Balsman, Hazel Dawes, Shayla Hasty, Nevaeh Newbury, Presley Newbury, Addyson Slabby, and Mackenzie Sparks

Choreography by Stephanie Halley

SOMEWHERE OVER THE RAINBOW 2000'S - BY ASHANTI

Jade Beard, Isabella Manaseri, Sutton Newbury, Georgia Poplawski, and KayAnna Russell

Choreography by Lindsay Silman

SMOOTH CRIMINAL 1980'S - BY MICHAEL JACKSON

Jenny Churchill, Angie Eisenbeis, Stephanie Halley, and Caitlin Nash

Choreography by Stephanie Halley

SHATTER ME 2000'S - BY LINDSAY STIRLING

Hazel Dawes, Sofia Gomez, Josie Henry, Charlotte Lee, Scarlett Moser, Vivian Murr, Nevaeh Newbury, Presley Newbury, Nova Newkirk, Rylie Sitner, Addyson Slabby, and Mackenzie Sparks

Choreography by Lindsay Silman

BOOGIE WOOGIE BUGLE BOY 1970'S - BY BETTE MIDLER

Mia Barbagallo, Sicilia Barbagallo, Charlotte Drete, Brooklyn Foster, Roean Ponder, Kadence Sitner, and Sydney Voisey

Choreography by Lindsay Silman

ALL THE STARS 2010'S - BY KENDRICK LAMAR & SZA

Avery Adkins, Fiona Balsman, Lexington Burchett, and Kenslee Culley

Choreography by Amber Skye

SWEET CHILD O' MINE 1980'S - BY GUNS N' ROSES

Ryleigh Abrams, Hazel Dawes, Eveelmaa Erdenesuren, Emma Freeman, Charlotte Lee, Skyler Miller, Presley Newbury, Madi Nihira, Kylee Otten, Rylie Sitner, and Addyson Slabby

Choreography by Kylie Smith

THE 30TH 2020'S - BY BILLIE EILISH

Ireland Akers

Choreography by Stephanie Halley

LIGHT INSIDE YOU 2020'S - BY ALLISON EIDE

Nayeli Weems

Choreography by Stephanie Halley

CALL YOUR SISTER 2020'S - BY TAYLOR EDWARDS

Sicilia Barbagallo, Shayla Hasty, Kadence Sitner, and Rylie Sitner

Choreography by Stephanie Halley

TAHT IL SHIBBAK

(UNDER THE WINDOW) 1940'S - BY FATME SERHAN

Fiona Balsman, Charlotte Lee, and Kylee Otten

Choreography by Amber Skye

L-O-V-E 1960'S - BY NAT KING COLE

Sutton Newbury and Elijah Slabby

Choreography by Lindsay Silman

SINGIN' IN THE RAIN 1950'S - BY GENE KELLY

Nevaeh Newbury and Nova Newkirk

Choreography by Lindsay Silman

CAN YOU HEAR ME FROM HEAVEN 2020'S - BY RILEY ROTH

Hazel Dawes & Lindsay Silman

Choreography by Lindsay Silman

LOVELY 2010'S - BY BILLIE EILISH & KHALID

*Ireland Akers, Fiona Balsman, Kenslee Culley, Payton Cunningham, Adrienne Emberton,
Shayla Hasty, Abigail Reece, and Nayeli Weems*

Choreography by Stephanie Halley

~Presentation of Carnations~

15 MINUTE INTERMISSION

BENNIE AND THE JETS 1970'S - BY ELTON JOHN

*Jade Beard, Selena Diaz-Copeland, Anistyn Giorgi, Everleigh Jennings, Isabella Manaseri,
Sara Naeger, Sutton Newbury, Sophie Roberts, Violet Roberts,
Madison Rose, and Elijah Slabby*

Choreography by Kylie Smith

GET BACK UP AGAIN 2010'S - BY ANNA KENDRICK

Emery Dalba, Lainey Greenlee, Adore Poplawski and Malia Rose

Choreography by Kylie Smith

POLLY-WOLLY-DOODLE 1940'S - BY SHIRLEY TEMPLE

*Rosalie D'Angelo, Blakelynn Head, Lorelei Howard, Kenadee Johnson,
Khalani Prasuhn, Brenleigh Wehlermann, and Mylah Williams*

Choreography by Stephanie Halley

GET BEHIND ME 2020'S - BY EMERSON DAY

Performed by the RISE UP Dance Company

*Fiona Balsman, Kenslee Culley, Hazel Dawes, Shayla Hasty, Nevaeh Newbury,
Presley Newbury, Addyson Slabby, and Nayeli Weems, Lindsay Silman*

Choreography by Lindsay Silman

THERE'S NOTHING HOLDING ME BACK 2010'S - BY SHAWN MENDES

Emma Freeman and Mackenzie Sparks

Choreography by Stephanie Halley

DANCING IN THE SKY 2010'S - BY DANI AND LIZZY

~Presentation of Heart of a Dancer Award~

Abigail Reece

Choreography by Abigail Reece

HIT THE ROAD JACK 1960'S - BY RAY CHARLES

Jade Beard, Sutton Newbury, Georgia Poplawski, and Elijah Slabby

Choreography by Lindsay Silman

TRY EVERYTHING 2010'S - BY SHAKIRA

*Dahlia Babcock, Mia Barbagallo, Sicilia Barbagallo, Charlotte Dreeste, Brooklyn Foster,
Stella Hergert, Annelise Kalb, Roean Ponder, Kadence Stiner, and Sydney Voisey*

Choreography by Lindsay Silman

YOU'VE GOT A FRIEND IN ME 1990'S - BY SLEEPING AT LAST

Presley Newbury and Addyson Slabby

Choreography by Stephanie Halley

PON DE REPLAY 2000'S - BY RHIANNA

Everleigh Jennings, Sutton Newbury, Waylon Silman, Elijah Slabby, and Beau Weith

Choreography by Amber Skye

HEAD ABOVE WATER 2010'S - BY AVRIL LAVIGNE

Fiona Balsman, Shayla Hasty, and Neveah Newbury

Choreography by Kylie Smith

I'M NOT ASHAMED 1990'S - BY NEWSBOYS

Stephanie Halley

Choreography by Alicia Slabby

CLAP SNAP 2010'S - BY ICONA POP

Ireland Akers, Kenslee Culley, Payton Cunningham, Adrienne Emberton,

Abigail Reece, and Nayeli Weems

Choreography by Lindsay Silman

IT'S TRICKY 1980'S - BY RUN D.M.C

*Joey Ackermann, Bill Babcock, Sam Barbagallo, Brandon Barley, Andrew Betzel,
Chris Boyer, John Buijk, Andy Deromedi, Rylie Deromedi, DJ Freeman, Gabriel Hasty,
Graydan Hasty, Griffin Hasty, Harry Kalb, Kyle Newbury, Brendan Poplawski,
Sidney Russell, James Shegog, Nathan Slabby, and Dylan Weith*

Choreography by Stephanie Halley

~ Presentation of Carnations and Accent Notes ~

FINALE - ALL CAST

SHOW 2 - 7PM

LARGO AL FACTOTUM FROM THE BARBER OF SEVILLE, ACT I - 1970'S

Kenslee Culley, Payton Cunningham, Adrienne Emberton, Abigail Reece and Nayeli Weems

Choreography by Stephanie Halley

TELEPHONE 2000'S - BY LADY GAGA AND BEYONCE

Hazel Dawes, Charlotte Lee, Presley Newbury, and Addyson Slabby

Choreography by Avery Cage

A THOUSAND YEARS 2010'S - BY CHRISTINA PERRI

Holly Baldwin, Hailey Leach, Violet Nelson, and Estelle Taylor

Choreography by Avery Cage

SK8ER BOI 2000'S - BY AVRIL LAVIGNE

Katherine Buijk and Shayla Hasty

Choreography by Stephanie Halley

WHAT'S MY NAME 2010'S - BY CHINA ANNE MCCLAIN

*Rosie Barley, Abigail Brinegar, Rachel Davis, Lucianna Deromedi,
Myla Dierkes, Gracelynn Freeman, Nidia Hentrich, and Avery Sebacher*

Choreography by Kylie Smith

NO MORE DRAMA 2000'S - BY MARY J BLIGE

*Kaylin Dalba, Charlotte Lee, Hailey Mills, Presley Newbury, CeCe Reece, Alivia Roussin,
Kinley Roussin, Trinity Ruckman, Reese Vaughan, Cora Whitley, and Darren Goode-Wilson*

Choreography by Amber Skye

YOU CAN'T STOP ME 2010'S - BY ANDY MINEO

Fiona Balsman and Kenslee Culley

Choreography by Amber Skye

I BELIEVE YOU 2020'S - BY MEGAN WOODS

Abigail Reece

Choreography by Lindsay Silman

ENDING 2010'S - BY ISAK DANIELSON

Ireland Akers

Choreography by Kylie Smith

A SYMPTOM OF BEING HUMAN 2020'S - BY SHINEDOWN

Performed by the RISE UP Dance Company

*Fiona Balsman, Kenslee Culley, Hazel Dawes, Shayla Hasty, Nevaeh Newbury,
Presley Newbury, Addyson Slabby, and Nayeli Weems*

Choreography by Lindsay Silman

IT TAKES TWO 1980'S - BY ROB BASE & DJ EZ ROCK

CeCe Reece and Cora Whitley

Choreography by Madison Reece

I SEE THE LIGHT 2010'S - BY MANDY MOORE

*Adilynn Akins, Abigail Brinegar, Dahlia Cooper, Rachel Davis, Myla Dierkes, Abigail Drennen,
Gracelynn Freeman, Nidia Hentrich, Charli Krafft, Ella Marler, and Olivia Williams*

Choreography by Kylie Smith

HOW WE DO IT 1990'S - BY MONTELL JORDAN FEAT MILES MINNICK

Kenslee Culley

Choreography by Stephanie Halley

BLACK AND GOLD 2000'S - BY SAM SPARRO

Fiona Balsman, Hazel Dawes, Nevaeh Newbury, Presley Newbury, and Addyson Slabby

Choreography by Kylie Smith

SURFIN' U.S.A 1970'S - BY THE BEACH BOYS

Holly Baldwin, Savannah Jones, and Estelle Taylor

Choreography by Avery Cage

RAGS EL HAWANEM

(DANCE OF THE NOBLE LADIES) 1970'S - BY GUY SHALOM

Amber Skye

Choreography by Amber Skye

~Presentation of Carnations~

15 MINUTE INTERMISSION

RUNNING UP THAT HILL 1980'S - BY KATE BUSH

*Kinzlee Anderson, Mia Barbagallo, Sicilia Barbagallo, Lucy Bent, Stella Hergert,
Annelise Kalb, and Johanna Whitley*

Choreography by Kylie Smith

WIPEOUT 1960'S - BY THE SURFARIS

*Ryleigh Abrams, Katherine Buijk, Mabel Cowie, Kyndell Eckert, Adeline Votaw,
Lillyann Wehlmann, and Cora Whitley*

Choreography by Stephanie Halley

COLLAPSE 2020'S - BY AMOTTI

Shayla Hasty

Choreography by Kylie Smith

A.B.C. 1970'S - BY JACKSON 5

Holly Baldwin and Savannah Jones

Choreography by Lindsay Silman

SCARY MIX

Adrienne Emberton

Choreography by Stephanie Halley

ALF LEYLA WA LEYLA

**(A THOUSAND & ONE NIGHTS) 1960'S - BY MOHAMED ALI
ENSEMBLE (ORIGINAL BY OUM KALSOUN)**

Jamie Bahr and Julie Maulding

Choreography by Amber Skye

DECADES MIX

Payton Cunningham

Choreography by Lindsay Silman

FOR WHOM THE BELL TOLLS 1980'S - BY METALLICA

*Ireland Akers, Fiona Balsman, Shayla Hasty, KayDeeBelle House,
Nevaeh Newbury, Abigail Reece, and Nayeli Weems*

Choreography by Kylie Smith

FIRE IN MY BONES 2020'S - BY FRACKER

Lindsay Silman

Choreography by Lindsay Silman

HAIR UP 2010'S - BY JUSTIN TIMBERLAKE

*Charlotte Betzel, Kinsley Betzel, Emma Drennen, Leyla Fischer,
Emma Freeman, and Remi Robinson*

Choreography by Amber Skye

TOTAL ECLIPSE OF THE HEART 1980'S - BY BONNIE TYLER

*Ireland Akers, Fiona Balsman, Kenslee Culley, Payton
Cunningham, Hazel Dawes, Adrienne Emberton, Nevaeh Newbury, Presley Newbury,
Abigail Reece, and Addyson Slabby*

Choreography by Lindsay Silman

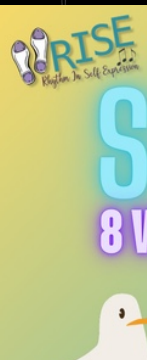
IT'S TRICKY 1980'S - BY RUN D.M.C

*Joey Ackermann, Bill Babcock, Sam Barbagallo, Brandon Barley, Andrew Betzel,
Chris Boyer, John Buijk, Andy Deromedi, Rylie Deromedi, DJ Freeman, Gabriel Hasty,
Graydan Hasty, Griffin Hasty, Harry Kalb, Kyle Newbury, Brendan Poplawski,
Sidney Russell, James Shegog, Nathan Slabby, and Dylan Weith*

Choreography by Stephanie Halley

~Presentation of Carnations, Accent Notes and Crescendo of the Year~

FINALE - ALL CAST



SUMMER

8 WEEK SESSION 2026

July 6-Aug 28

DANCE - GUITAR - THEATER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00 PM					
4:30 PM					
4:45 PM					
5:00 PM	Free To Be Me 5:00-5:30	Fairy Butterfly Garden Ballet 5:00-5:30	Dance w/Me 5:00-5:30	QN HipHop 5:00-5:30	Kids Zumba Jr 5:00-5:30
5:15 PM					
5:30 PM	Kids Yoga 5:30-6:00	Zootopia Tap 5:30-6:00	Beginner Tumbling 5:30-6:00	8th Notes Hip Hop 5:30-6:00	Jazzy Tumble 5:30-6:00
5:45 PM					
6:00 PM		Christmas in July Ballet 6:00-6:30	Jazzy Tumble 6:00-6:30	16th Notes Hip Hop 6:00-6:30	16/32 Notes Tap 6:30-7:00
6:15 PM					
6:30 PM	Adult Beg Belly Dance 6:15-7:00	Under The Sea Tap 6:30-7:00	Int Tumbling 6:30-7:00	32 Notes Hip Hop 6:30-7:00	Tumble Tots 5:30-6:00
6:45 PM					
7:00 PM		90s Pop Pom 7:00-7:30	Advanced Tumbling 7:00-7:30	16/32 Notes Belly Dancing 7:00-7:30	Dance w/Me 6:00-6:30
7:15 PM	Adult Hip Hop 7:00-7:45			Adult Int/Adv Tap 7:00-7:45	16/32 Notes Acro/Modern 6:00-6:30
7:30 PM					
7:45 PM					
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					



K-POP

DANCE CAMP

1 WEEK CAMP | June 22-June 26
Morning Session | 8am-11am
Afternoon Session | 12pm-3pm

EARLY BIRD SPECIAL
\$150
ENROLL BY JUNE 14th

SUMMER DANCE CAMPS



WICKED

DANCE CAMP

1 WEEK CAMP
June 15-June 19
Morning Session
8am-11am
Afternoon Session
12pm-3pm

EARLY BIRD SPECIAL
\$150
ENROLL BY JUNE 14th



R.I.S.E. FITNESS

SUMMER 2026

FITNESS SCHEDULE

June 1st - August 31st

\$60 Monthly Unlimited
Drop in \$12
10 Class Punch Card \$100

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15am	Zumba 9:00a Steph		Zumba 9:00a Steph			
4:00p	Zumba 4:15p Kristin		Zumba 4:15p Kristin		Rhythm & Reps 4:15p Sara Beth	
5:00p	Rhythm & Reps 5:15p Sara Beth			Kettlebell 5:00p Melissa		
6:15p-7p		Zumba 6:45p Melissa		Zumba 6:00p Melissa		
7:15p-8p		Kettlebell 7:45p Melissa				

FITNESS

MENTION THIS COUPON



GOOD FOR 1 FREE SUMMER DANCE OR FITNESS CLASS



RISE

Rhythm In Self Expression

314-933-0616

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WEBSITE



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