

## **Patient Instructions For Pulmonary Function Testing**

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1. Please Report To The Office 15 minutes Prior to Scheduled Appointment.
2. Do Not Smoke 2 Hours Prior to Test.
3. Do Not Wear Tight Fitting Clothing Which Restricts Chest Expansion.
4. Do Not Take Respiratory Drugs Prior to Testing As Indicated Below:
  - Inhaled Short Acting Bronchodilators 4 Hours Prior to Testing:  
Proventil, ProAir, Ventolin HFA, Xopenex HFA, Xopenex Solution (levalbuterol),  
Atrovent HFA, Duo-neb (Albuterol-Ipratropium Bromide), Albuterol Solution,  
Combivent Respimat, Performist, Brovana
  - Inhaled Long Acting Bronchodilators & Inhaled Corticosteroids 12 Hours Prior  
to Testing:  
Advair, Symbicort, Azmacort, Foradil, Qvar, Dulera, Spiriva, Pulmicort, Flovent,  
Alvesco, Asmanex, Tudorza, Arcapta, Breo
5. Take All Other Medications as Directed.

If you have any questions, please feel free to contact our office for clarification  
At 480-835-7111.