Patient Instructions
For
Pulmonary Function Testing

1. Please Report To The Office 15 minutes Prior to Scheduled Appointment.
2. Do Not Smoke 2 Hours Prior to Test.
3. Do Not Wear Tight Fitting Clothing Which Restricts Chest Expansion.
4. Do Not Take Respiratory Drugs Prior to Testing As Indicated Below:
   - Inhaled Short Acting Bronchodilators 4 Hours Prior to Testing:
     Proventil, ProAir, Ventolin HFA, Xopenex HFA, Xopenex Solution (levalbuterol),
     Atrovent HFA, Duo-neb (Albuterol-Ipratropium Bromide), Albuterol Solution,
     Combivent Respimat, Performist, Brovana
   - Inhaled Long Acting Bronchodilators & Inhaled Corticosteroids 12 Hours Prior
     to Testing:
     Advair, Symbicort, Azmacort, Foradil, Qvar, Dulera, Spiriva, Pulmicort, Flovent,
     Alvesco, Asmanex, Tudorza, Aracpa, Breo
5. Take All Other Medications as Directed.

If you have any questions, please feel free to contact our office for clarification
At 480-835-7111.