



ILLUSIONS RHYTHMIC GYMNASTIC'S

Spring Gymnaestrada

SATURDAY, MAY 24, 2024
Chilliwack Secondary School
46363 Yale Road, Chilliwack

1:00 PM SHOW TO START
With 15 minute Intermission

OUR 2025 GRADUATE!

Sophia Smith





First Half

1. GIVE ME EVERYTHING

Provincial Display - Free Routine

Coached by Jocalyn Carlton & Amberlea Pepper

2. GOOD TO BE ALIVE

Thursday Little Gymnasts - Hoop Routine

Coached by Shaelyn Quickfall & Jaylene Bearchell

3. HOT WINGS

Monday Little Gymnasts - Ribbon Routine

Coached by Mylee Appeldoorn & Adrianna Bloxom

4. HEROS

Intermediate 9+ - Ribbon/Free Routine

Coached by Shaelyn Quickfall & Adrianna Bloxom

5. REVOLT

Novice Display - Acro Routine

Coached by Amberlea Pepper & Jocalyn Carlton

6. WONDERLAND

Tuesday Little Gymnasts - Ball Routine

Coached by Shaelyn Quickfall & Adrianna Bloxom

7. COLOURS

All Intermediates - Free Routine

Coached by Jocalyn Carlton & Amberlea Pepper
& Shaelyn Quickfall

8. GOOD TO GO

Provincial Display - Hoop Routine

Coached by Jocalyn Carlton & Amberlea Pepper

9. I JUST CAN'T WAIT TO BE KING

Jellybeans - Rope Routine

Coached by Shaelyn Quickfall & Adrianna Bloxom



First Half Continued

10. EASY LOVE

Intermediate Advanced - Free Routine
Coached by Amberlea Pepper & Jocalyn Carlton

11. BEAUTIFUL LIFE

Senior Display - Ball Routine
Coached by Analeissa Mayer

INTERMISSION

Second Half

12. MAMMA MIA

Provincial & Novice Display - Mixed Apparatus Routine
Coached by Jocalyn Carlton, Amberlea Pepper, Julie Levasseur,
Mikey Wilson, & Sang-Hee Robinson

13. KISS THE SKY


Thursday Intermediates - Ribbon Routine
Coached by Shaelyn Quickfall & Jaylene Bearchell

14. IT'S ALRIGHT

Tuesday Intermediates - Ball Routine
Coached by Amberlea Pepper & Jaylene Bearchell

15. ON TOP OF THE WORLD

All Little Gymnasts - Free Routine
Coached by Shaelyn Quickfall, Mylee Appeldoorn,
Jayene Bearchell & Adrianna Bloxom





Second Half Continued

16. BONES

Intermediate Advanced - Hoop Routine
Coached by Jocalyn Carlton & Amberlea Pepper

17. MAGIC

Jellybeans - Ribbon Routine
Coached by Shaelyn Quickfall & Adrianna Bloxom

18. TOXIC

Provincial Display - Acro Routine
Coached by Amberlea Pepper & Jocalyn Carlton

19. A DREAM IS A WISH YOUR HEART MAKES

Monday Intermediates - Ball Routine
Coached by Jocalyn Carlton & Adrianna Bloxom

20. GOOD TIMES

Intermediate 9+ - Club Routine
Coached by Shaelyn Quickfall & Adrianna Bloxom

21. FLY AWAY

Novice Display - Ball Routine
Coached by Jocalyn Carlton & Amberlea Pepper

22. A MILLION YEARS

Senior Display - Free Routine
Coached by Analeissa Mayer

23. THROUGH THE DECADES

Illusions Club - Mass Routine
Choreographed by Jocalyn Carlton, Amberlea
Pepper, Shaelyn Quickfall & Analeissa Mayer

