



**Not for publication,  
especially on the internet!**

# Health - Wellbeing - Balance

Frequencies for Your Life



# Healy - Frequencies for your life



We're glad you're interested in Healy!  
Healy is something totally new and unique.

Whether for health, wellness, fitness, beauty or the mind, Healy is extremely versatile. This little multi-talented device has the right programs for all the important areas of your life. Healy's specific frequencies and fine currents can be used anytime, even when you're out and about - to help on all levels.

## Always the Right Frequency

Healy lets you analyse the **individual frequencies** you need at any given moment. We want to help you improve **your wellbeing** in a holistic and long-term way – easily and everywhere. Your health and contentment is our desire – we want to give you the right frequencies whenever you need them. **With Healy.**

**Note:** Due to the absence of evidence as understood by orthodox medicine, the Healy applications described in this brochure and the cell membrane tension model after Becker and Nordenstrom are not recognised by orthodox medicine.



## Health begins in the cells

Specifically, with **Healthy Cell Membrane Tension**.

According to the model by the two researchers Robert O. Becker and Bjorn Nordenstrom (former chairman of the Nobel Prize Commission), disrupted cell membrane tension is one of the causes of almost all **acute and chronic** illnesses. Healy is designed to help you to restore a healthy cell membrane tension.

Fine currents flow permanently in our cells and our entire bodies at various frequencies. According to the above model, cell membrane tension can decrease with increasing age and in the event of illness. This process can lead to pain, inflammation and even to cell-death.

Healy is meant to counteract this process with the right currents and frequencies and, if necessary, even reverse it.



## Developed by Marcus Schmieke



**Healy** was developed by **Marcus Schmieke**, the inventor of the TimeWaver Systems, in cooperation with an international team of doctors, scientists and engineers.

After ten successful years with TimeWaver it was his desire to make the therapeutic systems he has developed and the therapy protocols, which have been practically proven in many practices thousands of times, accessible to everybody.

## For Your Health

Controlled by a smartphone, **Healy** is the first **wearable** that can treat a large number of illnesses. Its aim is to simply give you the **frequencies** you need at any given moment, whether you are at home, out and about, at work or in your leisure time.

Use the Healy to treat many illnesses, for a **mental boost**, during sports, for **wellness** and **beauty** or to just **"pick yourself up"**. It is our goal for everyone to have the opportunity to live **holistically healthy** lives.

# The Healy App

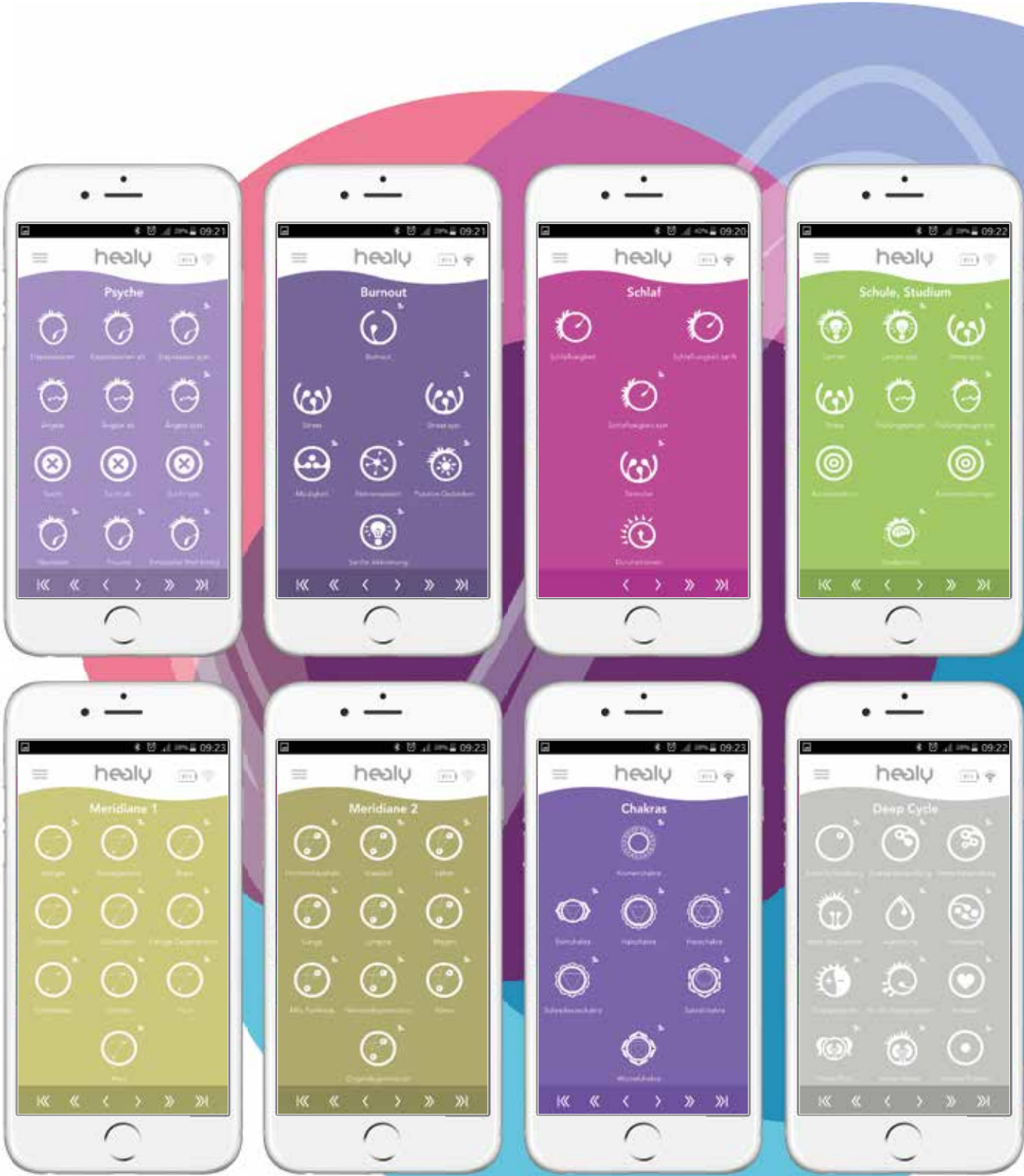
## The Versatility of Healy

Healy is a **certified medical** product and is designed to assist your wellbeing and health if you suffer from acute or chronic illnesses like pain, depression, sleeplessness, cardio-vascular, intestinal neurological or stress/burnout symptoms and many others.



## For Body, Spirit and Mind

You can find all this and – if you want – even more opportunities in this little **wearable** and the **Healy app**. You can access over **140 programs** in **16 program groups** that you can easily send to your Healy anywhere.



For young and old



## Inner Health and Beauty

The use of the finest currents and specific frequencies has long been a very widespread and well-researched method. Healy now brings you this form of therapy at home and can treat numerous illnesses, including **many pain-symptoms**.

Healy also offers you numerous special programs for **wellness, fitness, general wellbeing and beauty**. Whether you use it as an aid for **sleep, concentration**, or to counteract **burn-out or stress**, Healy has a wide selection of programs that you can load onto your smart-phone individually and use anytime, quickly and easily.

## For Pain, Mind and Wellness

Many people today are deciding to use gentle or alternative medicine rather than strong medication. Healy is an **ideal companion** for this and offers a wide range of programs for **all major areas of life**.



## Integrative Medicine included

We believe that comprehensive treatment should include all levels of the human, **from body to mind**.

In our experience, health does not develop from relieving symptoms but only from treating disorders **at deeper levels and causes**. This is precisely the therapeutic approach used by Healy.



## For the Whole Family

Our 15 years' experience and the combination of various therapeutic methods are designed to help you to also treat these deeper levels.

The special programs from Nuno Nina's international clinics were developed with the aim of enabling strength, performance, relaxation or cleansing on all levels – for you and your whole family.



## Medically Proven

Findings from **frequency therapy** today have never been more numerous. This method of therapy, practised all around the world, can now be used quickly and easily with Healy via a smartphone.

The medical indication programs are designed to offer you **rapid assistance** in many widespread illnesses. The programs are **easy to use**, safe and have been repeatedly tested.





### Nuno Nina: 15 years of experience

Some of our most important Healy programs were developed together with the Portuguese clinic director and researcher Nuno Nina. The experience from Nuno Nina's clinical work supports our thesis that disrupted cell membrane tension is responsible for almost all acute and chronic illnesses.

### Holistic. Systematic. Long-Term.

The 130,000 Nuno Nina gold frequencies are more than just a treatment. For 15 years Nuno Nina has successfully treated **more than 45,000 patients** with proven therapy protocols in his clinics worldwide. You will now find the same technology in the **Healy**, giving you direct access to all his expertise and experience.

#### **Pure**

This program is designed to help your energy field recover from the bio-energy influence of environmental poisons, toxins, unhealthy food and other negative factors.

#### **Care**

"Care" means "taking care". We regard a weakened bio-energy field as one reason for many acute and chronic illnesses. Create the essential conditions for recovery and take precautions for a large number of bio-energy disruptions.

#### **Energy**

Anyone required to perform at constantly high levels needs regular help. Whether well-trained athletes, stressed managers or mothers with children – "Energy" is designed to help us counter stress with bio-energy means.

#### **Being**

What the "Balance" is designed to achieve for the body, "Being" is designed to achieve for the mind: it is intended to help us recover our emotional balance.

#### **Balance**

The fine balance of the various bodily functions is very important for our wellbeing. "Balance" refers to the bio-energetic balance of the kidneys, circulation, the lymphatic system and hormones and is ideal for a deep bio-energetic balancing of our own energy field.

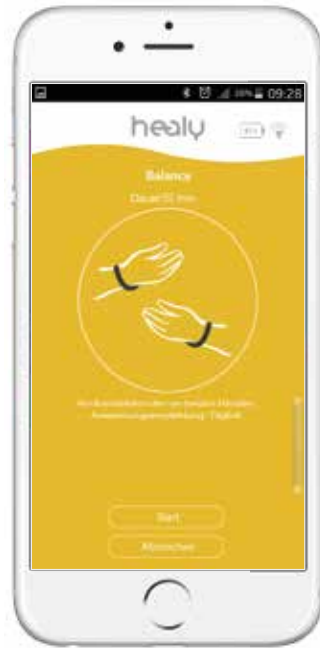
#### **Relax**

Relaxation and anti-stress - just switch off and let go of everyday stress. Stress is often the cause of hyperacidity and imbalances in our bodies. In our experience, many illnesses are the result of continual stress.

#### **Release**

Pain has various different causes. For example, it may be a symptom of hyperacidity of our tissues. In addition to the Healy pain programs, you can use the "Release" program of Nuno Nina's gold cycle. Work methodically in the bio-energetic field wherever pain occurs in the body.





## The Gold Cycle

**Nuno Nina's gold cycle** programs are rightly referred to as **all-round solutions**. They can be used as support and precautionary measures whenever you feel unwell, a bit "off" or "under the weather".

## Deep Cycle

The **Deep Cycle** programs are based on Nuno Nina's systemic gold cycle application and are a specialised further development of the Norwegian clinic director **Jan Frederic Poleszinsky**.



# Program group Pain



## Pinpoint the Causes of Pain

**Pain** is not an independent illness but a **warning signal** that something in the body or mind is not alright.

Pain often has a strong influence on our muscles, joints, heads or tissues, so **pain therapy** is one of the biggest fields in modern medicine.

A traditional therapy mainly consists of strong painkillers. **Healy** is designed to offer you a genuine alternative.





## Treating Causes of Pain Directly

The Healy frequency therapy is an **ideal alternative** for the treatment of numerous pain-related symptoms. **Locally, systemically, holistically.**



Pain can often be caused by disrupted cell membrane tension.

Healy is designed to **improve cell membrane** tension with the corresponding currents and frequencies, thereby **reducing** pain quickly and permanently.

# Program group Psyche



## Stress? No thanks

**Psychological** and **stress-related** symptoms and **sleep disorders** have long been at the top of the list of modern illnesses. Healy offers numerous programs for properly counteracting psychological stress – day after day.

## Psychologically Fit and Balanced

Life is getting faster and faster, demands and pressure are increasing and our psychological balance can quickly be “thrown out of sync” – and not just with adults. These **special Healy programs** can be used again and again – ideally before things start getting acute.

## Alternative Medicine with the Healy

Eastern principles on life and health have now become an integral part of our society. Ancient knowledge in Traditional Chinese Medicine (TCM) of the **Chakras** has been incorporated into Healy. These Healy programs are designed to stimulate the individual Chakras and get them back into **balance**.





### A Healthy Balance – Deep Sleep

Are you working too much? Do you have to make lots of decisions every day? Are you subject to a lot of stress? Then Healy is just right for you.

We have put special programs together for “stressed-out” people in everyday life. Healy is designed to offer you unique support for deep relaxation of the mind and spirit, thereby helping you to recover from **stress, burnout** and **sleep disorders**.

### An Incredible Repertoire

This program group offers programs that can be used even in cases of **depression** or **anxiety**.

Our goal is to help **everyone** gain a healthy, balanced and relaxed life.



## Program group Beauty

### Beauty Wellness Happiness

Ideal signs of health and inner contentment are smooth skin, shiny eyes, healthy teeth and beautiful hair.

Outer **beauty often** reflects **inner contentment**, so relaxation and a healthy **hormone balance** are an important aid for inner and outer beauty.

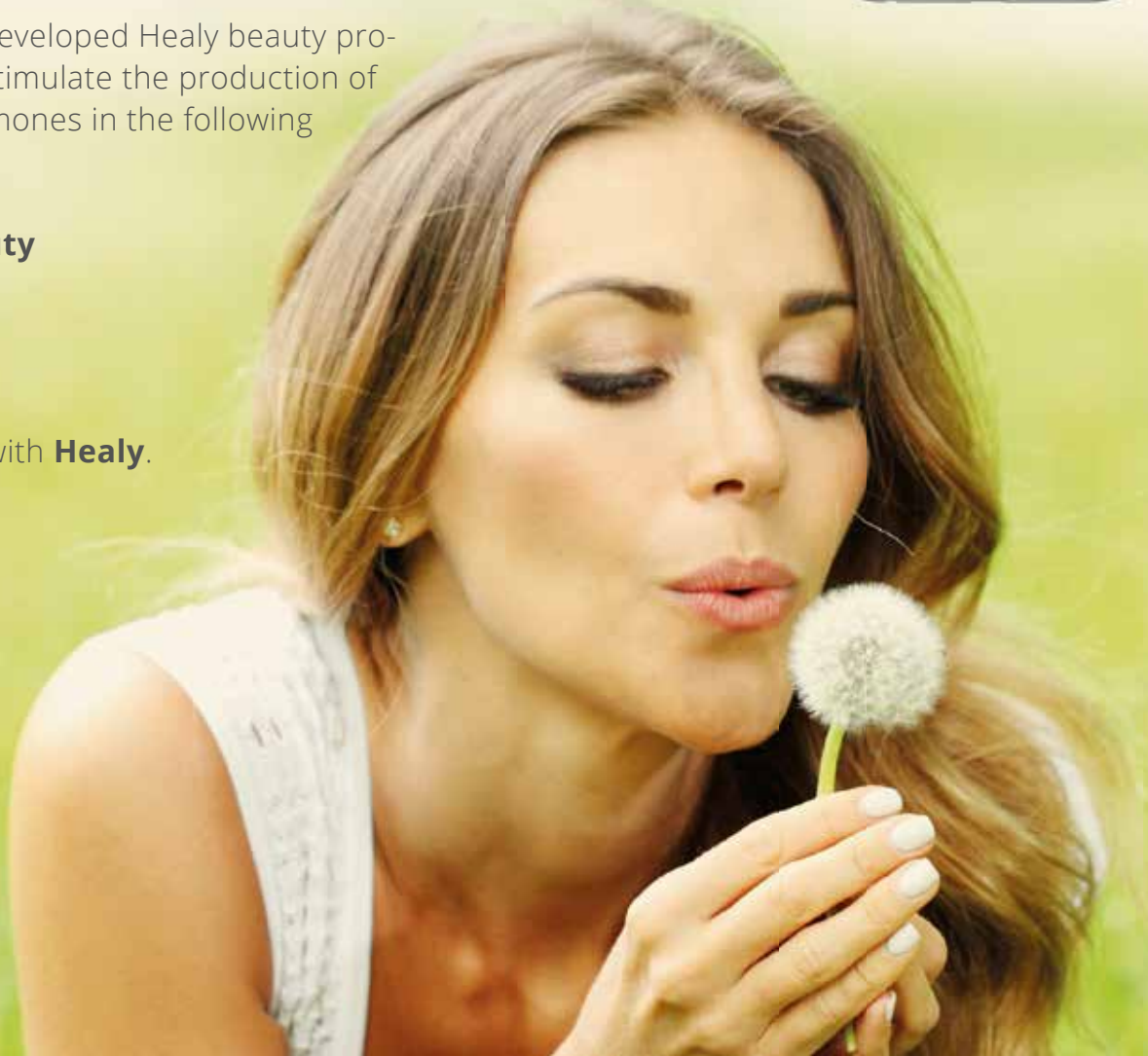
### Healy Beauty

With this aim in mind, we have developed special applications for the Healy for your **skin and hair**. A special anti-aging program is designed to help **counteract signs of aging** and our own program for **inner beauty** is designed to help your emotional balance.

Our specially-developed Healy beauty programs aim to stimulate the production of important hormones in the following areas:

- **Inner Beauty**
- **Aging**
- **Hair**
- **Skin**

Spoil yourself with **Healy**.





## Skin and Wounds

Healy also offers you ideal special applications for the **skin** and **wounds** to treat various conditions such as **herpes** or **acne**. This should provide you with **rapid help** for serious or acute problems.

## Simple and Effective

Together with the Healy relaxation programs, these programs are an **ideal combination** that help promote inner and outer beauty.

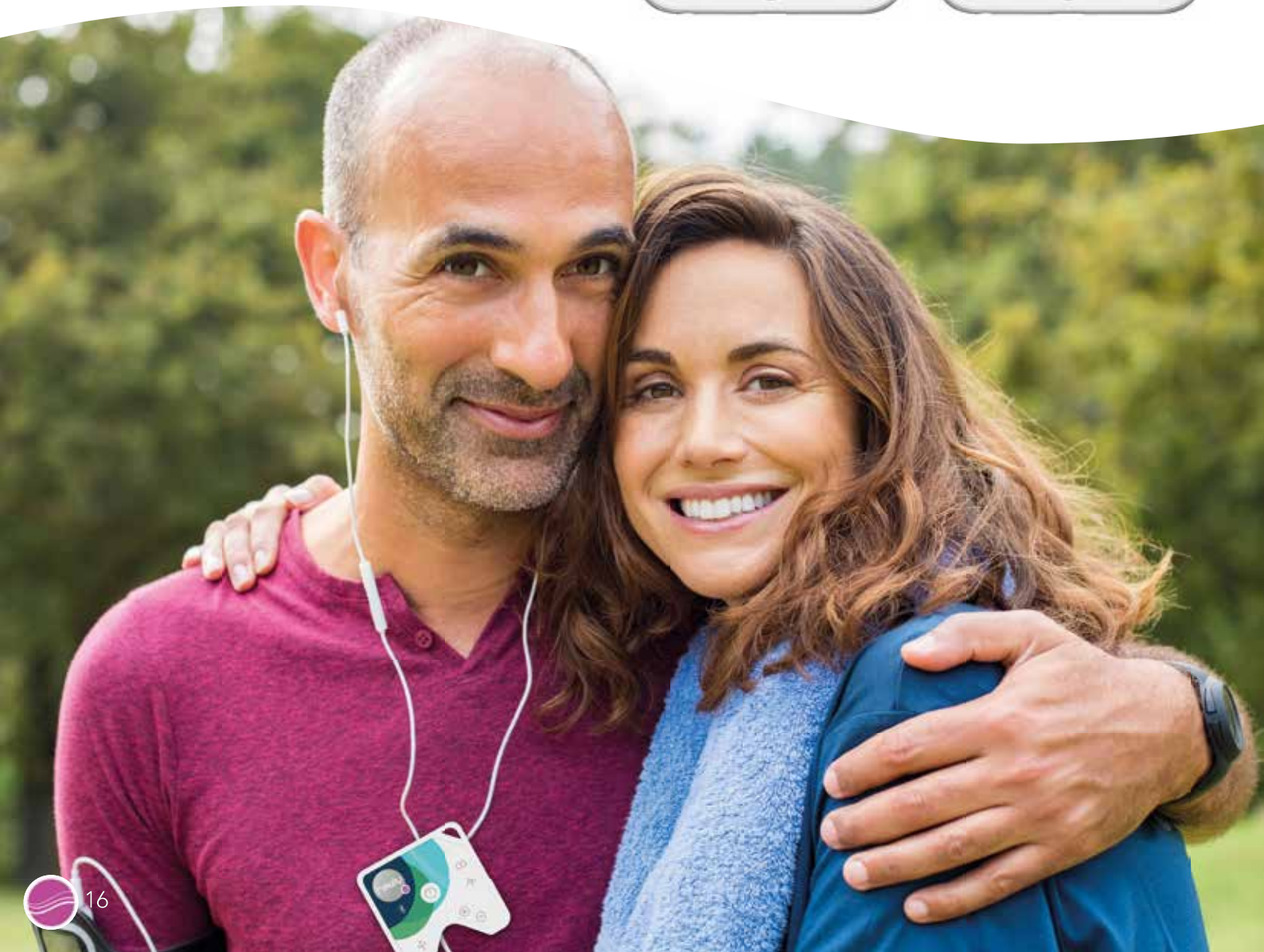
## Program group Fitness

### Support in Sport and Fitness

Many people regularly do sports as a healthy balance to an often stressful daily life or career.

Let Healy programs help you to **lose weight** or **build up muscles**, or for **regeneration**, **relaxation**, **performance**, **conditioning** or **circulation purposes**.

The Healy fitness programs are designed to allow you to boost your **performance permanently** and promote **long-term success**.





## Learning and Relaxing

These days, even young people are under increasing stress: exam stress, psychological tension, grade stress, anxiety etc. Whether at school or college, young people are under great pressure to perform even before they start their working lives.

This often manifests itself in **concentration problems, burnout, addiction, compulsive neuroses** or **depression**.

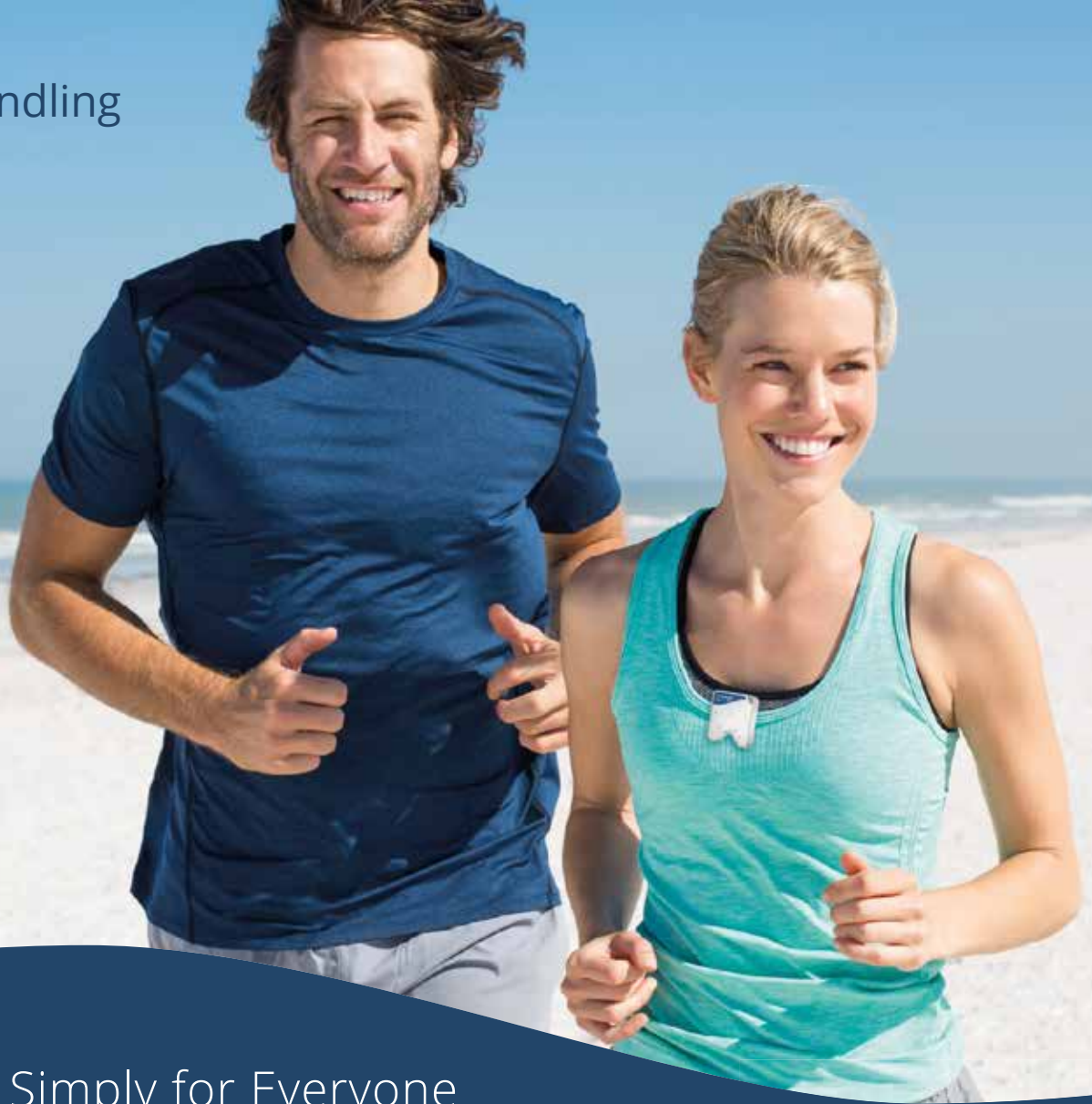
## Active and Creative

Healy offers programs designed to assist the **memory, concentration, learning difficulties, stress-reduction** and **creativity**.

This allows school pupils and students – **especially during exams** – to benefit from the Healy technology. The aim is to promote healthier and deeper sleep along with learning and concentration.



## Easy Handling



## Healy: Simply for Everyone

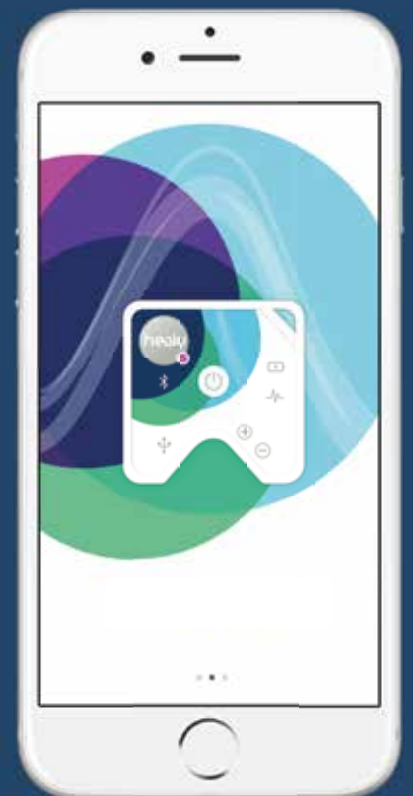
The range of applications described here gives you some idea of what Healy has to offer – **the latest medical technology** for everyone.

Whether you work in an office, play sports, are generally under a lot of stress, need to manage a household and children or have serious illnesses, the variety of Healy applications is unique and will help you in all these areas.

## Quick and Easy

Healy is easy to use via a smartphone or tablet. You can carry out your personal treatment easily with **different electrodes**.

Special ear electrodes are well-suited for all support programs for the mind; the self-adhesive electrodes are particularly suitable for localised pain therapy; and we recommend the armband electrodes for the systemic treatment offered by Nuno Nina.



## Our Healy Medical Cloud

And if you have medical questions, we offer you a first-class additional service: with the Healy app you can call on a **network of experienced therapists**, doctors and naturopaths via our **Medical Cloud**, and book a virtual consultation.

Healy offers the unique opportunity of instantly transmitting individualised programs which have been put together especially for you, directly to **your Healy app** via the Medical Cloud.

## Simple Handling for all Users

Easy-to-use programs, self-explanatory and simple – this is the aim of the Healy app. More than anything else, we want to help you in your own healthcare – **quickly and effectively**.

## Make Up Your Own Mind

It is also easy to get or automatically download new programs. We want to enable **you and your family** to put together your own personal Healy. Just the way you want and according to your needs.





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