**Satin Balls (With Grain)**
10 pounds of ground beef
1 box of Total cereal (NO RAISINS!!) or Shredded Wheat
1 box of oatmeal
1 jar of wheat germ
1 1/4 cup olive oil
1 1/4 cup of unsulphured molasses
10 raw eggs with the shells
10 envelopes of unflavored gelatin
A pinch of salt

**Satin Balls (With Grain) SMALLER RECIPE**
1 pounds of ground beef
1 cup of Total cereal (NO RAISINS!!) or Shredded Wheat
1 cup of oatmeal
1/4 cup of wheat germ
1/4 cup olive oil
1/4 cup of unsulphured molasses
1 raw eggs with the shell
1 envelope of unflavored gelatin
A pinch of salt

Combine all of the ingredients, roll into 1-inch balls and feed them raw! Portions can be frozen for future use, as well.
 **Grain-free Satin Balls**
10 pounds of ground beef
1 large tub of 4% fat cottage cheese
500g of cream cheese
1 1/4 cup olive oil
1 1/2 cup of unsulphured molasses
10 raw eggs with the shells
10 envelopes of unflavored gelatin
A pinch of salt