**Satin Balls (With Grain)**  
10 pounds of ground beef  
1 box of Total cereal (NO RAISINS!!) or Shredded Wheat  
1 box of oatmeal   
1 jar of wheat germ   
1 1/4 cup olive oil  
1 1/4 cup of unsulphured molasses   
10 raw eggs with the shells   
10 envelopes of unflavored gelatin   
A pinch of salt  
  
**Satin Balls (With Grain) SMALLER RECIPE**  
1 pounds of ground beef  
1 cup of Total cereal (NO RAISINS!!) or Shredded Wheat  
1 cup of oatmeal   
1/4 cup of wheat germ   
1/4 cup olive oil  
1/4 cup of unsulphured molasses   
1 raw eggs with the shell  
1 envelope of unflavored gelatin   
A pinch of salt  
  
Combine all of the ingredients, roll into 1-inch balls and feed them raw! Portions can be frozen for future use, as well.  
 **Grain-free Satin Balls**  
10 pounds of ground beef  
1 large tub of 4% fat cottage cheese  
500g of cream cheese    
1 1/4 cup olive oil  
1 1/2 cup of unsulphured molasses   
10 raw eggs with the shells   
10 envelopes of unflavored gelatin   
A pinch of salt