## NATURAL ENVIRONMENT TEACHING

# NET

One of the common misconceptions of ABA therapy is that it is done at a table using methods such as Discrete Trial Training (DTT) which involves mass trialing and occurs in a structured environment with minimal distractions. In today's world however, Natural Environment Teaching is one of the more commonly used methods to teach behavior

#### **INCORPORATES A NATURAL ENVIRONMENT**





Teaching is incorporated into play activities using familiar toys, games, and materials while maximizing the learner's motivation to continue the activity or access more materials.

## FUNCTIONAL FOR LEARNERS



Memorizing responses isn't helpful if the knowledge doesn't functionally apply to a learner's day-to-day environment.

#### **EXAMPLE:**



A BT might ask how a doll can sit at a table. If the child chooses a chair, they've shown they understand the function of a chair.

#### **FUN & NATURALLY REINFORCING**



VS.



Play time can be used to practice a variety of skills in a way that can be more engaging and effective than sitting at a desk with a worksheet.

#### FIND A REINFORCER



If a child struggles with engaging in play segments, external motivators can be used for reinforcement after it is completed.

#### EXAMPLE



External motivators can include: stickers, bubbles, or access to an iPad.

### WHAT IS IT?

A scientifically proven teaching method which allows ABA practitioners to incorporate the learner's natural environment into the teaching, development, and generalization of skills.

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