

**Introducing
Our
Virtual School of Business**

**Your Resource
For
Virtual Education and Tracking**

Featuring

**General Industry and Construction
Individual Classes
and
Bundle Packages**

Management and Supervisor Training



Meet Your Education Director

My name is Dr. Alicia Brown and I am so happy you chose our learning community. I have worked over 23 years in community, healthcare, and post-secondary education and have taught many students in multiple areas of specialty. My experiences have allowed me to see both sides of the educational spectrum as a learner and instructor. While serving in multiple capacities, I learned how to create, develop, implement, coordinate, instruct, assess, and evaluate different types of courses and programs.

So, now I am a developer at heart and I love to empower others to succeed. I've received many ideas over the years for a training school but was not prompted to implement it until now. My main goal of the school was to assist businesses and individuals with accessing, delivering and tracking required health care competency training. I later realized that the school would also promote learning and provide opportunities for people to succeed. So, with my educational and community driven spirit, I have finally implemented the Virtual School of Health. The Virtual School of Health provides online training for everyone. We offer Healthcare Training Bundles, Emergency Task Force Team Training, Compliance, Human Resources, Harassment, Leadership and Management, Financial, Employee Skills and More. The school's curriculum is based on expert knowledge in the field and all training is evaluated to meet mandatory and governmental requirements.

I look forward to working with you and seeing you online soon.

Dr. Alicia Brown



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Business Online Courses

Forklift Safety Training Course-40 minutes

Train your employees on efficient and safe forklift operations

Powered industrial trucks (PITs) are useful industrial vehicles for loading, unloading, transporting, and stacking materials. But improper or careless use of these vehicles can lead to severe injuries and even deaths among workers. In this course, you'll learn the common causes of forklift-related fatalities, key inspection areas, how to operate a forklift safely and efficiently, and other related topics.

Ergonomics: Preventing Musculoskeletal Disorders-55 minutes

Sometimes employees are exposed to work-related physical injuries that affect their well-being and productivity. With ergonomic solutions, you can prevent such unwanted situations. This online training course on work-related musculoskeletal disorders discusses the common musculoskeletal disorders in the workplace and ways to eliminate them through ergonomics. The course also includes a handout, worksheet, scenarios, and final assessments.

Back Injury Prevention Training Course-1 hour

Understand and prevent the hazards of back injury. The issue of back injury and back pain can strike anyone at any age. Wrong postures, heavy lifting, and repetitive movements can put undue pressure on your back and result in injury. Back injuries can interfere with your daily activities, including your job. This course will help you identify the common causes of back pain, the associated risk factors, and the measures you can take to prevent back injury, including stretching techniques and safe work practices. You'll also get to know the work hazards that can trigger back pain. The course includes handouts, scenarios, and final assessments.

Ladder Safety Training: Prevent Slips & Falls-50 minutes

Understand how to use ladders safely at work. Every year, thousands of workers suffer injuries or die due to falls from heights. Many of these incidents involve ladders. Using the wrong ladder, improper use of ladders, and not following ladder safety guidelines are the leading causes. This ladder safety training course discusses how to use a ladder safely and prevent unwanted accidents while performing one's duties. By the end of this



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course, you will understand how to select the right type of ladder, how to use them safely, and identify the common hazards of using ladders.

Infection control: Bloodborne Pathogens Training Course-1 hour

Prevent or control exposure to bloodborne pathogens by your employees
This bloodborne pathogens training course is designed for employees who may come into contact with bloodborne infectious microorganisms. They include frontline medical workers, housekeeping staff, and waste pickers. The course uses OSHA-approved content on what bloodborne pathogens are, ways to prevent exposure to bloodborne pathogens, and actions one can take in case of exposure. The course also includes scenarios, quizzes for assessment, and feedback surveys.

Employees Workplace Diversity Training-1 hour 20 minutes

In this course, you'll learn everything about workplace diversity, including all the necessary steps for creating a diverse workplace. It discusses the major challenges that organizations face, such as communication barriers and resistance to change. At the end of each chapter, you'll find quizzes to test your knowledge.

Diversity and Sensitivity Training-1 hour

Train employers and employees on the importance of a diverse and inclusive workplace. Understand the significance of diversity, equity, and inclusion to an organization. Find out why human beings are generally predisposed to unconscious bias and what you can do to overcome it. Go through the practical examples of what leaders can do to promote diversity and inclusion in the workplace. This diversity and sensitivity course discusses all this and more to empower you to build an inclusive workplace.

Core Leadership Skills Training Course-

Master the timeless leadership skills for an empowered you
A rapidly evolving business world necessitates leaders to cultivate the essential skills to overcome daily challenges. This will enable them to think, work, and lead others better. This core leadership skills training course shows how you can master some of the key leadership skills regardless of your role and industry. It discusses emotional



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intelligence, communication, vision & planning, and ethical leadership as the key ingredients.

Communication Skills for Managers-50 minutes

Develop effective communication skills & grow your interpersonal relationships. Besides technical knowledge, excellent communication skills are also a must-have quality in managers. This will help them in their role of inspiring and leading others successfully. Through this course, you will be able to identify common communication barriers, understand ways to resolve obstacles to communication, master different communication methods, and learn how to communicate effectively with team members. The course also discusses a communication plan and strategies and includes worksheets and scenarios.

What Every New Manager Needs to Know-30 minutes

Get your new managers off on the right foot for success. This course is designed to help emerging leaders acquire essential management skills. Learn how to look at the bigger picture and pave the way for success with a coaching approach to managing people. This course also includes strategic planning and time management tips and practical exercises to facilitate the application of what you learn in the workplace.

Overcoming Communication Barriers-45 minutes

Learn to identify & overcome the roadblocks to effective communication. Barriers to communication are the things that get in the way of your message being received. This course will help you understand common communication barriers and overcome them. In this course, you'll learn the different types of barriers, such as environmental barriers, inner voice, and listening habits. And you'll learn techniques to overcome the barriers. You'll learn how to change conversational barriers that may be getting in the way of clear communication, and build mitigation tactics for successful communication. With these tools, you can build relationships that work and bring genuine empathy to conversations.



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Business Online Courses

Data Protection Training-1 hour and 50 minutes

Check data breaches and safeguard your business from threats to data. The key topics discussed in this course are what is data protection, common threats to data, regulations regarding data protection, and types of safeguards. It will help you with the practical steps you can take to prevent rising cases of data breaches. You'll find a quiz in each chapter to test your learners' knowledge as well as a feedback form.

- Data Protection Regulations
- HIPAA

Fire Extinguisher Safety Training Course-30 minutes

Ensure fire safety through the correct use of fire extinguishers. First extinguishers play a critical role in saving properties and lives from fire outbreaks. But a tool is only as good as its users, and a fire extinguisher is no exception. To use them effectively, you should know how to operate them correctly. If you're a firefighter, a facility manager, or just anybody who plays a safety role in your organization, this course is for you. By the end of this course, you'll understand the basics of fire, know the types of fire extinguishers, know when to fight a fire and when to evacuate, and understand how to operate a fire extinguisher properly.

Standard Precautions: Personal Protective Equipment (PPE) Training-1 hour 30 minutes

Protect yourself from work-related illnesses and injuries. Identify the types of personal protective equipment that are used in various industries. Know the hierarchy of controls related to PPE, the training requirements, and the responsibilities of both employers and employees.



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Business Online Courses

How to Protect Yourself & Others From Coronavirus-40 minutes

Stay safe from COVID-19 and prevent the disease from spreading. This quick course provides information on what is coronavirus and how to protect yourself and your loved ones from this pandemic. Bust some of the greatest myths about the virus and learn how to stop it from spreading uncontrolled. Apart from a quiz to test your understanding, the course provides helpful links and FAQs.

Emergency Response Action Plan Training-1 hour 10 minutes

Prepare yourself for any disaster or emergency situation anytime, anywhere. Natural and man-made disasters can strike you anytime, regardless of the industry. Prepare yourself for these emergencies and know how to respond quickly and effectively with this training course. Minimize injuries to humans and damage to properties. It is better to be prepared than caught off guard.

Fire Safety and Prevention
Medical Emergencies-Planning
Severe Weather



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Business Online Course Bundle Price List

Please Call us for Individual Classes

Introductory Rates for a Limited Time:

\$15.00 per employee/learner each month! Includes online training from our bundled packages, education tracking of employees, and administrative support and reports

Deposit Fee-Waived

Monthly Administrative Fees-\$250.00

Total Monthly Fee-Depends on number of employees/learners needing access to the learning management system.

Invoiced/Billed every 28 days- No Contract

DETAILS

Course Access to Your Bundled Classes within the Learning Management System

Price Depends on the Number of Active Learners

If we need to increase learners we can increase the number of learners

Administrative Cost of interaction with the system, instructors, organization designees, learners, and report creation, processing, and delivery.

Bundled Packages Access up to 5 classes/up to 6 hours per employee including new employees.

Courses-Created and Taught by Experts in the field



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Certificates-Employees receive certificates after each class showing proof of their learning

No Contract Pricing Please Call Us for Individual Course Pricing

Healthcare Online Course Bundle Price List

***Learners who are terminated within your company can be deactivated which creates seats for new employees. We'll only keep records of the training only.

***We also have other courses in Compliance, Human Resources, Harassment, Leadership and Management, Financial, and Employee Skills. We can add individual courses to selected employees (supervisors, managers, leaders, or other staff) for \$35.00 per class with your monthly subscription.

***Your organization access will be deactivated if payment is not received every 28 days. There is a 5 day grace period before complete termination and deactivation of student accounts. If accounts are deactivated employees cannot access the system.



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Emergency Response Task Force Team Training Program

Join us in preparing your workforce or organization by becoming part of our Emergency Response Task Force Team. We'll train 3 or more of your employees to become ERTF responders for your organization.

Our Statement

ERTF Responders in our Emergency Response Task Force Team Training Program are prepared to begin further training as a personal care aid, patient technician, or certified nursing assistant. These responders are also prepared to respond to emergencies within their business or organization.

ERTF Responders will receive continuous monitoring and BLS training through our RQI platform for quality and compliance training.

ERTF Responders who are not interested in future health careers can choose our non-clinical training options below unless they would like to gain Basic Life Skills as a personal care aid/technician for their family, future health care opportunity or other areas.

Emergency Task Force Training Course Structure-Clinical with 2 AHA Certification cards

American Heart Association's Basic Life Support-(BLS) Course (Renew every 2 years**)

American Heart Association's Bloodborne Pathogens Course (Includes Participation Certificate)

**American Heart Association's First Aid Course

COVID Response Course-Protecting Yourself and Others from Coronavirus

Emergency Action Preparedness and Response Action Planning Course

Standard Precautions-Personal Protective Equipment

Mental Health Issues as a Responder and Stress Management with Dr. Brown via Zoom

*****Workplace Active Shooter Course**



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*****Continuous updates/reports from Centers for Disease Control and Prevention**

Emergency Task Force Training Course Structure-Non-Clinical-with 1 AHA Certification card

****American Heart Association's Heartsaver First Aid, CPR, AED Course (Renew every 2 years)**

Emergency Response Task Force Team Training Program

American Heart Association's Bloodborne Pathogens Course/Our Course (Includes Participation Certificate)

COVID Response Course-Protecting Yourself and Others from Coronavirus

Emergency Action Preparedness and Response Action Planning Course

Standard Precautions-Personal Protective Equipment

Mental Health Issues as a Responder and Stress Management with Dr. Brown via Zoom

*****Workplace Active Shooter Course**

*****Continuous updates/reports from Centers for Disease Control and Prevention**

Emergency Task Force Training Course Structure-Non-Clinical-Community with 1 possible AHA certification card

****American Heart Association's Heartsaver First Aid, CPR, AED Course (Renew every 2 years)**

Bloodborne Pathogens-Our Course

COVID Response Course-Protecting Yourself and Others from Coronavirus

Emergency Action Preparedness and Response Action Planning Course

Standard Precautions-Personal Protective Equipment

Mental Health Issues as a Responder and Stress Management with Dr. Brown via Zoom



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Emergency Task Force Team Training Price List

Introductory Rates Only For A Limited Time:

\$15.00 per ETFT Responder each month! Includes online training from our bundled packages, education tracking of ETFT Responders, and administrative support and reports

Deposit Fee-Waived

Monthly Administrative Fees-\$250.00

Total Monthly Fee-Depends on number of employees/learners needing access to the learning management system.

Invoiced/Billed every 28 days- No Contract

DETAILS

Course Access to Your Bundled Classes within the Learning Management System

Price Depends on the Number of ETFT Responders
If we need to increase learners we can increase the ETFT Responders

Administrative Cost of interaction with the system, instructors, organization designees, learners, and report creation, processing, and delivery.

Bundled Packages Access up to 4 Online/Zoom classes

Courses-Created and Taught by Experts in the field



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Certificates-ETFT Responders receive certificates after each class showing proof of their learning

No Contract Pricing Please Call Us for Individual Class Pricing

Emergency Task Force Team Training Price List

***ETFT Responders who are terminated within your company can be deactivated which creates seats for new ETFT Responders. We'll only keep records of the training only.

***We also have other courses in Compliance, Human Resources, Harassment, Leadership and Management, Financial, OSHA, and Employee Skills. We can add individual courses to selected employees (supervisors, managers, leaders, or other staff) for \$35.00 per class with your monthly subscription.

***Your organization access will be deactivated if payment is not received every 28 days. There is a 5 day grace period before complete termination and deactivation of student accounts. If accounts are deactivated employees cannot access the system.

****All CPR, First Aid, and Bloodborne Pathogen classes are priced per person**

Emergency Task Force Training Course Structure-Clinical with 2 AHA Certification Cards

**American Heart Association's Basic Life Support-(BLS) Course (Adult, Child, Infant and AED) RQI includes sameday eCard-\$95.00-Online and In-person Skills Session at our simulation lab or at your company (Renew every 2 years)

American Heart Association's Bloodborne Pathogens Online Course (Includes Participation Certificate)-\$32.00 **OR Our Bloodborne Pathogen Course

**American Heart Association's First Aid Course includes eCard-\$25.00 Online Component plus \$35.00 Skills Session via Zoom or In-person or at your company (Renew every 2 years)

Your Online Bundled Courses

COVID Response Course-Protecting Yourself and Others from Coronavirus
Emergency Action Preparedness and Response Action Planning Course
Standard Precautions-Personal Protective Equipment



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Mental Health Issues as a Responder and Stress Management with Dr. Brown via Zoom

*****Workplace Active Shooter Course-Can be added for \$35.00**

*****Continuous updates/reports from Centers for Disease Control and Prevention**

Emergency Task Force Team Training Price List

Emergency Task Force Training Course Structure-Non-Clinical-with 1 AHA Certification Card

**American Heart Association's Heartsaver First Aid, CPR, AED Course (Adult and Child CPR) includes eCard \$95.00-\$105.00-In-Person Skills Session or at your company (Renew every 2 years)

American Heart Association's Bloodborne Pathogens Course \$32.00 (Includes Participation Certificate OR Bloodborne Pathogen Our Course includes a Certificate of Completion

Your Online Bundled Courses

COVID Response Course-Protecting Yourself and Others from Coronavirus

Emergency Action Preparedness and Response Action Planning Course

Standard Precautions-Personal Protective Equipment

Mental Health Issues as a Responder and Stress Management with Dr. Brown via Zoom

*****Workplace Active Shooter Course-Can be added for \$35.00**

*****Continuous updates/reports from Centers for Disease Control and Prevention**

Emergency Task Force Training Course Structure-Non-Clinical-Community with 1 possible AHA certification card

**American Heart Association's Heartsaver First Aid, CPR, AED Course (Adult and Child CPR) includes eCard \$95.00-\$105.00-In-person Skills Session or at your company (Renew every years)

Your Online Bundled Courses

Bloodborne Pathogens-Our Course

COVID Response Course-Protecting Yourself and Others from Coronavirus

Emergency Action Preparedness and Response Action Planning Course

Standard Precautions-Personal Protective Equipment



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Mental Health Issues as a Responder and Stress Management with Dr. Brown via Zoom

*****Workplace Active Shooter Course-Can be added for \$35.00**

*****Continuous updates/reports from Centers for Disease Control and Prevention**

Emergency Task Force Team Training Price List

***** Additional Courses (Unbundled Courses or Anything Over 4 Bundled Package Courses) \$35.00 per student unless denoted**

****Also offering group American Heart Association's Family and Friends CPR and Basic First Aid classes in-person or at your company \$35.00 per student**



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