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Make an assessment appointment with your doctor to assess your suitability. If suitable, you will receive a prescription of the iron (Ferinject) which you will need to buy from the pharmacy and bring to your infusion appointment

2

Make an infusion appointment and bring your Ferinject vials (usually 2) with you to your appointment

3

At your infusion appointment, your doctor will insert a cannula in your arm and administer the Ferinject. The whole procedure will take around 30 minutes

4

We ask that you sit and relax at the clinic for about 20 mins before heading home after the procedure

5

Your doctor will advise you regarding a repeat blood test 2-3 months following the infusion.

## Side Effects

If side effects occur, they are usually mild and temporary. Some common side effects are

- Headache, feeling sick or vomiting, muscle or joint pain
- Changes in taste (eg. metallic)
- Changes to blood pressure or pulse
- Skin staining (brown discolouration) may occur due to leakage of iron into the tissues around the needle site. This is uncommon but the stain can be long lasting or permanent.

Inform the doctor or nurse straight away of any discomfort, burning, redness or swelling at needle site.

On very rare occasions, some people may have a serious allergic reaction that can be life threatening. You will be closely monitored while IV iron is given, and for 20 minutes after.

Sometimes side effects (eg. headache, muscle or joint pain) can start 1 to 2 days later. Most will settle down by themselves over the next couple of days. If you are worried or they interfere with your daily activities contact your doctor for advice.