



# 75 years and over? You are entitled to a Health Assessment

#### What is a Health Assesment?

It is a comprehensive medical assessment with our nurse and doctor.

# Top to toe check up

#### How much does it cost?

There is NO OUT OF POCKET cost for you if you hold a valid Medicare Card.

## How long does it take?

Your appointment will be 1 hour where you will have the space to discuss anything that is related to your physical and mental health.

# Why do I need it?

It allows you and your doctor to discuss and address any issues that may not have been apparent in your usual appointments, due to limitation of time.

## What happens after my Health Assessment?

If there health issues identified, your doctor will work with you to prioritise and come up with a treatment plan. Usually this will require a later appointment which can be made after your health assessment.