



*Celebrating
25yrs!!*

Welcome to dancing at Dance FX!!

For many of us dance is our passion.

We spend our time indulging ourselves and developing as artists. The dance studio is the place you can become you. Leave your problems at the door, your schoolwork at home, turn off your phone and let go of your inhibitions.

Dance with us and dance with passion, and we promise your experience will be one of the best you've had so far.

We love to dance, and want you to love it too!



Dance FX

333 SW 9th St. Suite H

Des Moines, IA 50309

Providing dance education in Des Moines since 1999.

STUDENT HANDBOOK

At Dance FX we provide comprehensive, standards-based dance curriculum—one that develops the whole child, engages students in developmentally appropriate learning experiences, and makes dance fun and exciting for every student. Students are expected to take responsibility for their learning and engage in the classroom experiences and activities.

ARRIVAL & DISMISSAL -

Students will enter and exit through the front door of Suite H. Students should be dropped off 5-10 minutes prior to their first class. Please note that the studio will not open until 10min. prior to class starting. Due to the recent Covid precautions we are asking that **ONLY** students, enter the building. Parents are asked to wait in their vehicles or come back at the scheduled end time. Upon entering the building students are to wait patiently and quietly for the dance room doors to open signaling the ok for them to enter the rooms. Students should use the restroom prior to entering the dance room. Parents should begin forming a line for pick up along the curb and pull forward to the first Dance FX door 5min. Prior to the scheduled dismissal time. Please do not put your car in park. Keep your eye on the door and be prepared to pull forward as needed. Students will depart in the order in which the cars are pulling up. We prefer to not have children crossing the line of traffic, so please do not park in a parking spot and expect your child to come to you.

DRESS CODE -

Students not dressed appropriately will participate at instructors' discretion. First offense may result in the child sitting out, watching class. Second offense the child will be asked to call home for a ride and not be permitted to watch class.

Female students: All Classes except Hip Hop - The basic required dance attire is a solid colored leotard with tan, black or pink convertible tights. Footless or convertible tights should be worn when taking Acro class and once the dancer has reached the Red Diamond level when Lyrical becomes a part of the curriculum.

- Booty shorts may be worn over leotards in all class EXCEPT BALLET classes.
- Teen level dancers are permitted to wear leggings and a sports bra vs. a leotard for any class EXCEPT technique and Acro Arts.
- Hair **MUST** be worn in a pony tail or bun in all classes, and away from the face.
- No jewelry is to be worn in class.

Male students: Black gym shorts and a white tank top should be worn for all jazz, tap, Acro and ballet classes.

- Boys enrolling in ballet, tap and jazz will need the appropriate shoe in the color black.
- NO JEANS ARE ALLOWED IN ANY CLASS.

Shoe Requirements: All Ballet, Tap and Jazz shoes are available for purchase in the D-Shop at DFX.

Ballet - Leather or Canvas Ballet Shoes.

Lyrical - Capezio Pirouettes or Half Soles

Tap - Tan Buckle Tap Shoes for Pink & Yellow Diamond, Black Jazz Tap Shoes for Green Diamonds and up.

Jazz - Slip on Jazz Shoes in black or tan are fine for class, however specific color requirement for the recital will not be announced until February once costumes begin arriving. Jazz shoes should also be worn for all **POM** classes.

Hip Hop Classes: Students are asked to dress more individualized and we welcome sweats, t-shirts, leggings, and other clothing to be worn overtop of the traditional leotard and tights. This is the **ONLY** class in which T-SHIRTS are allowed. Sneakers NOT worn outdoors are the ideal shoe for this class. Specific shoe requirement for performance will be announced once classes are in session in the Fall.

***TO PROTECT THE INTEGRITY OF OUR DANCE FLOORS, SHOES WORN OUTDOORS ARE PROHIBITED.**

****PLEASE NOTE: Dancers should ALWAYS enter and exit the building with a cover up over top of their dance wear. This is very important for the safety of the dancer. Because of our location, there are often passers by walking in and around our building and parking lot.**

FOOD AND DRINKS

Only bottled water will be allowed in the dance rooms. If a dancer has a 2hr. Or more block of classes in one evening, snacks are welcome but must be kept to a minimum.

DANCE BAG SUPPLY LIST -

All dancers should have a dance bag that they bring to every class. Suggested contents include:

- ALL Dance shoes - PUT YOUR CHILD'S NAME INSIDE ALL SHOES PLEASE!
- Hair ties
- Bobby pins
- Band aids
- Water bottle
- Gel/Hair spray
- Deodorant & Feminine Products

ABSENCES AND TARDINESS

Absences are strongly discouraged as a dancer may miss out on technique and choreography that is important to the routine and to the development of the dancer. If a dancer will be absent for any reason, please notify the teacher or director at least one hour before the scheduled class to let us know. If a dancer is more than 10 minutes late they will participate at the teacher's discretion. The beginning of class is very important as it is when the dancers stretch and warm-up their muscles to reduce the risk of injury.

PRIVATE LESSONS

Private lessons are available at any time and can be scheduled through the parent portal or Dance FX app.

HOLIDAYS AND WEATHER CLOSINGS

We run very closely to that of the typical school year, closing for the Thanksgiving holiday, Trick-or-Treat night and also winter and spring break. In the event of bad weather however, DO NOT go by the public school closings. When and if a class or classes are canceled, notification will be sent out through the Dance FX app. **Please make sure you have your phone settings turned on for notifications from the Dance FX App.**

OBSERVATION **All observation is closed until further notice at this time.*

We are lucky to have the opportunity to view classes in session but ask that when watching you do not distract the dancers in class. Windows will be closed if distraction becomes a problem and the teacher feels it is necessary for keeping the attention of the students in class. Parents are welcome to watch classes whenever the windows are open. Viewing will be minimal in the Winter months beginning in January as we begin our preparation for the annual recital

SUITABLE BEHAVIOR

While instances of disruptive behavior or derogatory comments about others are extremely rare, we must point out that such behavior will not be tolerated at DFX. Continued issues with a dancer's behavior will result in the dancer being invited to leave the class, and a parent teacher conference be scheduled to discuss how to remedy the situation. Students will be expected to take corrective action before being allowed back in to the class. Similarly, in the unlikely event that there is an issue with the parent, both the dancer and parent will be asked to leave the school until the parent's behavior is corrected, and suitable reconciliation has been made. Dance FX stands by the public school system Character Counts program and encourages behavior suiting the 6 pillars of good behavior from both parents and students when at DFX.

COMMENTS, COMPLIMENTS, CONCERNS

Dance FX has an open door policy. Please contact the director at the studio with any concerns or comments. We do ask however that for the sake of the students, instructors not be contacted during class time. Please call ahead to schedule a meeting time.

TO OUR STUDENTS: WHAT WE EXPECT FROM YOU AS DANCERS

We like to have fun in our classes but along with fun comes working hard. Your classes will be designed and planned according to the level of those in class. Your teachers are experienced professionals who are looking out for your best interest and want to see you succeed and grow as a dancer. Come to class with a positive attitude, a smile on your face and the willingness to learn and develop new skills. Set goals, work hard and leave your problems at the door! Respect your fellow classmates and if a problem ever arises speak to your teacher immediately! Don't wait until you get home and then pour it all out on mom and dad. Your teacher can only help solve problems if he/she is aware there is one.



2024-2025 DANCE SEASON CALENDAR



SEPTEMBER

September 4th - Open House & Fall Kickoff
September 9th - Fall Classes Begin

OCTOBER

October 1st - October Tuition Due
October 1st - First Costume Deposit Due
October 15th - Comp.Team October Fee Due
October 28-30th - Halloween Costume Days

NOVEMBER

November 1st - November Tuition Due
November 15th - Comp.Team November Fee Due
November 25th-28th - Thanksgiving Break
November 30th - Fest of Trees & Lights Performance (tentative)

DECEMBER

December 1st - December Tuition Due
December 15th - Comp.Team December Fee Due
December 23rd - January 2nd - Winter Break • No Classes

JANUARY

January 1st - January Tuition Due
January 6th - Classes Resume
January 15th - Comp.Team January Fee Due

FEBRUARY

February 1st - February Tuition Due
February 15th - Comp.Team February Fee Due

MARCH

March 1st - March Tuition Due & Recital Fee Due
March 15th - Comp.Team March Fee Due
March 17th-21st - Spring Break • No Classes

APRIL

April 1st - April Tuition Due
April 15th - Comp.Team April Fee Due

MAY

TBA - Recital Bible Released
May 1st - May Tuition Due
May 15th - Comp.Team May Fee Due
TBA - Recital Photos

JUNE

June 1st - June Tuition Due
June 15th - Comp.Team June Fee Due
June 12th - Recital Dress Rehearsal
June 13th - DFX Recital Performance
June 14th - **DFX Picnic**

JULY

TBA - Iowa State Fair Summer Dance Camp

AUGUST

August 6th - Iowa State Fair Parade
August 8th - Iowa State Fair Performance

Please remember, all fees are now paid through the parent portal or DFX App at <https://dancestudio-pro.com/online/dancefxdsm>

Download the Dance FX App to stay up to date with all things DFX. Once in the app, please join the class GROUPS in which your dancer is a member of. This can be found on the bottom menu of the home page. Notifications are often sent to specific groups and only those who have joined each group will receive the notifications.