

Capitol Wellness Center

GLP-1 Program

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What are GLP-1's?

GLP-1 inhibitors are modified molecules that our bodies make. It works by increasing insulin production and lowers glucagon secretion as well as targets areas in the brain that regulate appetite. A small change in the molecule allows the drug to last weeks in our bodies rather than the natural version our bodies make, which lasts minutes. At CWC we offer a compounded version to our patients to be able provide it at a reasonable cost.

Semaglutide (Wegovy)

This GLP-1 inhibitor is commonly seen as Ozempic or Wegovy. Medications that are agonists work specifically to cause certain bodily responses. Semaglutide stimulates the GLP-1 hormone to cause insulin secretion. This agonist works on one receptor making it a little less expensive.

Tirzepatide (Mounjaro)

More commonly seen as Mounjaro, this dual agonist also works with another peptide in our bodies called GIP (glucose-dependent insulintropic polypeptide). Both GLP-1 and GIP are incretin hormones that trigger insulin production. Research shows that because of this, tirzepatide tends to lead to less side effects with more success.

Both of these medications work effectively and which one you choose is completely up to you.

Benefits from Semaglutide

- Slows intestinal motility so you feel fuller longer
- Delays digestion that leads to satisfaction with smaller meals
- Lowers blood sugar and improves A1C

Benefits from Tirzepatide

- Slows intestinal motility so you feel fuller longer
- Delays digestion that leads to satisfaction with smaller meals.
- Lowers blood sugar and improves A1C
- GIP increases energy expenditure

Program Outline

Getting Started

We have specifically designed this program to give patients safe and affordable access to a medication we truly believe is beneficial. All patients will have a new patient appointment that addresses which medication you would like to take and how it works. The medications work by slowly increasing your dose. How to judge whether or not you are ready to move up in dose will be discussed in your initial appointment.

At this first appointment, we also require lab work. This can be done through us during the appointment or it can be done by another provider as long as the labs that we require were drawn prior to starting this medication as to establish a baseline. We do not need to see the labs the same day so you will still be able to take home the medication at the initial appointment. 1-2 weeks after your initial appointment, you will receive a follow up call to see how you're doing. At this point we will also let you know that the doctor has reviewed your labs and will communicate any further testing if necessary.

After the initial appointment and follow up phone call, we require a check-in every six months to do vitals and document progress. These check-ins could be more frequent depending on the doctors evaluation of your lab work. If not required by the doctor, a repeat of lab work is optional.

The medication is a once weekly injection that we hand out in one month supplies. When you are ready for a refill, just call the office to let us know. Medications can usually be filled the same day. For simple dose increases or decreases we do not require an office visit, but we are more than happy in assisting your decision in an appointment if you are unsure about how to proceed. After six months on the medication, you may take home more than one month at a time or even a personal vial if interested.

Semaglutide Pricing

This is the standardized dose increase schedule, these are not the only dosing options *prices reflect a one month supply

0.25mg.....\$80

0.5mg.....\$120

1.0mg.....\$160

2.0mg.....\$280

Tirzepatide Pricing

This is the standardized dose increase schedule, these are not the only dosing options *prices reflect a one month supply

2.5mg.....\$140

5.0mg.....\$280

7.5mg.....\$340

10.0mg.....\$460

While the medication cannot be covered by insurance, certain appointment fees can. If your insurance is in network with us, depending on benefits we can bill for the visit, lab work, and offer a discounted blood draw fee. ***prices are subject to change at any time**

Appointment Costs

New Patient Visit.....\$150

Check-In/Additional Visit.....\$50

Blood Draw Fee.....\$49

Lab Work.....\$64

Insurance Appointment Costs

New Patient Visit.....subject to benefits

Check-In/Additional Visit.....subject to benefits

Blood Draw Fee.....\$39

Lab Work.....subject to benefits

