

## Workshops and Intercultural Conversations

### **What Is The Pneuma Initiative?**

Led by Rev. Sam Kim, Rev. Jason Mack, and Leslie Piacitelli

Pneuma is Evergreen's new initiative to encourage ministry innovation, renewal and transformation. We will be helping all of the churches in our region to thrive and face their contemporary challenges. This workshop will serve to give a brief overview of the initiative, answer questions and introduce you to some of the resources that can assist your congregations.

### **Tending the Fray: Arts-based Community Care for Psycho/Social and Spiritual Support and Wellbeing**

Led by Rev. Mylinda Baits

The Arts (music, visual arts, body expression, theater, etc.) offer a unique connection to the collective body, mind, and spirit in a way that can facilitate healing. Different forms of art have been used in communities worldwide for celebration, mourning, testimony, sharing, and more. Together we'll actively explore ways to nurture shalom/ wellbeing through presence, community witness, and creative re-shaping.

### **Following Their Lead: Mental Health and Support for Our Youth**

Led by Rev. Anita Peebles

Children, tweens and teenagers face specific challenges when it comes to mental health and emotional wellness. It is important for adults in their lives to be aware of and proactive about supporting youth mental health. The Youth Group at Seattle First Baptist has encouraged their congregation to take action to support youth mental health, not only among the children of the church, but also in the greater Seattle area. In this workshop, Rev. Anita Peebles will share about the journey of following the youth's lead to learn more about mental health care for youth, and to take action. We will explore together common challenges in youth mental health, resources for supporting them, and the specific opportunity churches have to offer care grounded in God's all-encompassing love and grace.

### **Intercultural Conversations**

*(Not available for online participation)*

Led by Rev. Doug Avilesbernal & Evergreen's Intercultural Team

Join us for conversation that bridges cultures and explores the barriers which keep us from doing our most effective ministry. Facilitated by the Evergreen Intercultural Team, our conversations will allow for real discussion around your own situation, and situations very different from yours as well. Come ready to listen, speak, and learn!