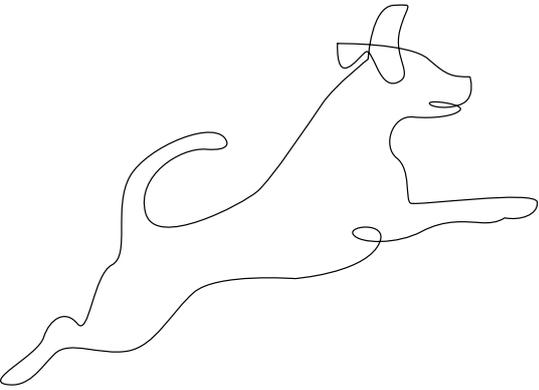


REHABILITATION THERAPY

Home Adaptations for your senior pet

with Maya De Moura



Our pets change so much over the years and sometimes we do not realize their needs also change. Early planning and modification of their home environment can improve your pet's quality of life and benefit them in many ways:

- Preventing arthritis progression
- Decreasing pain
- Increasing comfort
- Making them feel more confident

If you have a senior cat or dog follow these simple tips to give them the most enjoyable golden years:

- Use elevated food/water bowls
- Ensure the floor (or at least the area they spend the most time on it) is non slippery
- If your pet jumps on the couch or your bed, use a ramp
- Swap that very soft bed that he/she sleeps on for an orthopaedic (or firmer) one
- If you have a senior cat, ensure there is a flat 'entrance' for the litter tray – without the need to lift the legs up
- If your pet is incontinent you may want to consider a doggie door
- Walk your dog every day! It is OK if it is only a very little walk
- Add some mental stimulation every now and then! (Lick mats, walk in a different place, a special treat, a new toy...)



Maya De Moura has worked in the veterinary industry for 15 years in veterinary (Brazil), specialist nursing and administrative roles. Maya has worked in the rehabilitation space for the last 2 years.

If you are interested in rehabilitation training or services, contact Maya on maya@vetsnorth.com.au

