**The Family Support Center Drop-In Youth Program**

The Family Support Center Drop-In Youth Program is a first point of contact that provides an informal atmosphere to attract and engage youth who are disadvantaged and/or homeless. Key features include:

* Low- or No-Barrier: Foster a welcoming, safe, non-judgmental environment, with limited requirements, conveniently located near public transportation.
* Meets Basic Needs: Provide easy access to food, laundry, shower, and clothes. Provide access to the internet, phones, and lockers for storage of belongings.
* Trauma-Informed Care: Despite the informal atmosphere, staff are trained and ready to provide crisis intervention, conflict resolution and support services. It is especially important that staff be trained or have access to services specifically for LGBTQ+ and/or tribal youth.
* Positive Youth Development: Create a positive and healthy peer network for youth, access to caring adults and engage in youth-centered programming.
* Service Coordination: Operate as a central hub for services, such as medical, dental, behavioral health care, substance abuse treatment, housing search support and advocacy. Staff can help with documentation and facilitate school re-engagement or connection in adult basic education or workforce development programs. Drop-in centers operate in tandem with outreach programs, family engagement services, emergency shelters and transitional housing.

The Center Offers:

* Food (including a meal each day at 5:30pm for our guests)
* Clothing & hygiene products
* Shower & laundry facilities
* Suicide prevention services
* Transportation assistance
* Tutoring/homework help
* Connection to employment, educational/training & housing
* Life Skills Development
* Peer Support
* Mental health Support

How Can You Help?

* Volunteer – Contact Mary Anderson manderson@canopyservices.org or 208-765-0688 to fill out an application to start the process.
* Donate Necessary Items – We need individually wrapped snacks, canned vegetables, beans and fruit, peanut butter, pop-top soups, cup-of-soups, tuna, and dry goods such as pasta and noodles, ready-made dinner items, cereal, bread and dessert mixes. We are also always in need of hygiene items (particularly feminine hygiene items), laundry soap, and dryer sheets.
* Donate financially – Make your tax-deductible donation today!

For More Information

Please contact Mary Anderson, Director of Family Support Services

Phone: 208-765-0688 x3

Email: manderson@canopyservices.org

Mail: 1318 W Hanley Ave, Cœur d’Alene, ID 83815

**Enrichment Activity Ideas**

Expressive Art Northern Lights Family Counseling – Rachel Allen

Crafts Community Volunteer

Yoga/Exercise Community Volunteer

Money Matters Bank of America – Rob Parkinson

Kind Kitchen – cooking class Community Volunteer

Nutrition/Cooking Eat Smart Idaho - Chantel Daly

Games Community Volunteer

STEM Community Volunteer

Suicide Prevention PHD – Valerie Leal-Phillips

Smoking/Vaping Prevention PHD – Alicia Keller

Healthy Relationships Open Arms – Diana Bird; Safe Passage Support Group

Leadership/communication topics Community Volunteer

Life Skills Class Community Volunteer

Mental Health Club Community Volunteer

Tutoring CDA School District – Lisa Rakes

**Schedule**

Monday’s & Wednesday’s

3-3:30pm Arrive, search, relax, snack

3:30-4:00 Homework Help

4-5:30pm Life Skills Class

5:30-6pm Dinner

Friday’s

1-2pm Arrive, search, relax, snack

2-3pm Healthy Relationships Class

3-4pm Life Skills Class

4-5:30pm Eat Smart Idaho

5:30-6pm Dinner

\*30-minute increments for tutoring able by reservation only