

PREPARATION FOR SIGMOIDOSCOPY OR HEMORRHOID BANDING

A couple of days prior to your appointment, please purchase dulcolax suppositories from any pharmacy (No prescription required)

PLEASE NOTE IT MUST BE SUPPOSITORY, NOT ORAL TABLET

Insert one suppository 2h prior to your appointment.

Eat and drink as normal

It should work within 30 minutes (bowel movement)

Sometimes, if you are "empty" you will have cramps and nothing will come out. This is ok.