



## LEADERSHIP ADVENTURE WEEKENDS

Leadership Adventure Weekends are weekend-long retreats for youth across Georgia participating in the Great Promise Partnership program. Facilitated by specially-trained instructors and using an adventure theme, the retreats focus on educational and career options and goals, and the empowerment of youths as individuals.

Over the course of the weekend, the group participates in outdoor and classroom-based challenges that promote teamwork, leadership, communication, and the development of other life skills. Students also spend time identifying, investigating and making action plans regarding their educational and career goals.

Activities include high ropes, low ropes/team-building activities, hiking, campfires, and classroom-based activities focusing on managing stress and pressure, identifying positive role models, decision making, goal setting, financial literacy and career exploration.

The weekend closes with a final reflection on the weekend to review lessons learned and youth set personal and group goals for the upcoming year. Additionally, youth are visited by a guest speaker (state or community leader) for a closing inspirational activity.

## GOALS AND OBJECTIVES

### **Goal 1: Youth identify, investigate, and create action plans for their educational and career goals.**

Objective 1.1: Through group and individual investigation, youth will create a concrete plan for completion of high school.

Objective 1.2: Through group and individual investigation, youth will create a concrete plan regarding career interests, including post-secondary educational options such as the TCSG, apprenticeships, and/or continuation of their current GPP job placement.

### **Goal 2: Youth bond as a cohort by identifying themselves as a valued member of the Great Promise Partnership program and developing positive caring relationships with peers and adults.**

Objective 2.1: Upon the conclusion of Leadership Adventures, youth will form a positive and inclusive peer group identity by participating in intense teamwork-based activities; positive group identity will be indicated by supportive interactions between members, group acceptance of the diversity of all members, and absence of exclusive or negative language or behaviors.

Objective 2.2:

Through group discussion and interaction, youth will identify and discuss healthy ways to manage stress and pressure (both at school and at home), including turning to the GPP cohort peers and adult leaders as a positive support network in times of need.

### **Goal 3: Youth develop and/or increase self-awareness and empowerment as individuals.**

Objective 3.1:

During Leadership Adventure, youth complete challenges that teach and develop a wide variety of life skills and participate in intensive debriefing sessions that summarize and explore the lessons learned in each session.

Objective 3.2:

Upon the conclusion of Leadership Adventure, youth will determine personal and group goals to accomplish in the upcoming year.