



North Shore Stars Daycare, LLC
A FOUNDATION FOR THE FUTURE

Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Hot oatmeal with milk	Cereal with milk	Hot oatmeal with milk	Pancake with sour cream	Hot oatmeal with milk
Fruits	Fruits	Fruits	Fruits	Fruits
Animal Crackers, Graham crackers	Croissant with cheese	Crackers and cheese	Milk	Pretzels or Animal Crackers
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Pasta with Hotdog or chicken nuggets	Rice Soup with meatballs	Rice with meatballs	Chicken and noodle Soup	Buckwheat with chicken
Vegetables and Fruits	Vegetables and Fruits	Vegetables and Fruits	Vegetables and Fruits	Vegetables and Fruits
Cheese and crackers	Bagel with cream cheese	Bread and cheese	Bagel with cream cheese	Gold fish crackers and cheese
<i>Snack</i>	<i>Snack</i>	<i>Snack</i>	<i>Snack</i>	<i>Snack</i>
Yogurt or Applesauce	Waffle and fruit	Yogurt or Applesauce	Cereal with milk	Croissant and fruit
Pretzel sticks and fruit	Milk	Croissant and fruit	Fruits and cheese	Milk

Dear Parents, please keep in mind this is a sample menu, the menu might vary based on produces availability and children preference. Parents can always send extra snacks / meals if they wish, as long as its nut free