## **Motivated for Change L.L.C.**

## www.motivatedforchange.com

## **Company Data**

MBE Certified- Monroe County, NY

#### **NAICS:**

621330 Office of Mental Health Practitioners

621498 Outpatient Care Centers

**Product Service Code:**G004 Social Rehabilitation

G099 Other

**CAGE/NCAGE:** 9CHQ5 **DUNS #:** 128575221 **UEI#** XSDRY3R4FJF8



(585) 440-0077

# Counseling & Mental Health Services

- Depression & Anxiety
- Trauma
- Conflict Resolution
- Grief
- Habit Control

875 E. Main St. Suite 240B, 14605

## Differentiator

First-hand knowledge and experience by experienced professionals.

Rare advantage of having an African American male who provide mental health services.

We provide a professional, safe and comfortable environment, emotional support, active listening, counseling, and connectivity to appropriate resources.

## **Core Competencies**

**Motivated for Change L.L.C.** *Counseling and Mental Health Services* is an established and professionally licensed counseling service in Rochester, NY. We strive to eliminate barriers that hinder the success of individuals, families, and the underserved communities by:

- Providing accessible, affordable, and quality therapeutic services
- Utilizing holistic and culturally competent practices
- Being committed to incorporating evidence-based methods to address concerns, promote success, and sustain change for the mental, emotional and overall well-being of our clients.

## Services include:

- Therapy/Counseling (Individual/Group/Family/ Couples)
- Mentoring
- Tutoring

- Stress Management
- Organizational Presentations/ Workshops
- Webinars
- Events

## Past Performance

**Villa of Hope:** Therapy services provided for 3 clients.

#### **Nazareth College**

- Presentation for social work students highlighting the educational path of a social worker.
- Forum regarding challenges in the mental health field.

#### **The Justice Center**

 Zoom presentation provided for post incarcerated men and women regarding the importance of seeking mental health treatment and the stigma attached to it.



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