

ARV Withdrawal Protocol for People Taking Maximum Immune Booster (MIB)

1) If a patient's viral load is undetectable and the patient is on ARV's, they can start to withdraw from ARV's. The ARV tablets is cut into quarters. For the first 3 months, the patient discards one quarter of the pill, and takes 3/4 of a tablet.

2) After 3 more months, the patient gets another viral load test. If they are still undetectable, they discard another 1/4 tablet, and are left taking 1/2 ARV tablet.

3) After 3 more months, the patient gets another viral load test. If the level is still undetectable, the patient discards another 1/4 tablet, and is left taking 1/4 ARV tablet.

4) After 3 more months, the patient gets another viral load test. If the level is still undetectable, the patient discards the final 1/4 tablet, and is left taking no ARV's.

5) After 3 more months, the patient gets another viral load test, and an HIV screening test. If the level is still undetectable, the patient may also be HIV- negative. If that's the case, the patient reduces their dose of Maximum Immune Booster from 2 with each meal to 1 with each meal. If the patient is still HIV-positive, the dose is maintained at 2 capsules with each meal.

6) Every 3 more months, the patient gets another viral load test. If the level is still undetectable, and whenever the patient becomes HIV-negative, the patient reduces the dose of Maximum Immune Booster to 0, and the patient is cured. This does not happen to all patients.

7) If at any time, the patient's viral load becomes detectable once more, they should resume ARV's. This rarely

happens, but if it does, that's the response that the patient should make.