

## Ardbrae Ball Program 2026

February 7, 2026

### The Greenbelt Jig, 32J 3C (4C Set),

Elaine Brunken, Moments int Time

- 1 – 6 1st, 2nd, and 3rd ladies Dance around their partners passing Right shoulder, and dance back to place.  
7 – 8 1st, 2nd, and 3 couples Cross over giving Right Hands. (All are on opposite sides)  
9 – 14 1st, 2nd, and 3" men Dance around their partners passing Right shoulder, and dance back to place (Opposite sides).  
15 – 16 1st, 2nd, and 3rd couples Cross over giving Right Hands. (1st couple remain facing out)  
17 – 24 1st couple Cast off 2 places, join nearer hands and Dance up the middle, and Cast off to 2nd place.  
25 – 28 2nd, 1st and 3 couples Advance and Retire.  
29 – 32 2nd 1st and 3rd couples Turn by the Right Hand.  
25 – 32 2nd and 1st couples dance rights and lefts.

### The Lass of Richmond Hill, 32R 3C (4C Set)

RSCDS Second Book of Graded Scottish Country Dances

- 1–8 1st couple lead down middle and up to the top to finish in the middle of the set, facing up.  
9–14 1st couple cast off one place and, passing partner by the left, dance round first corners by the right and into the middle of the set. 2nd couple step up on bars 9-10.  
15–16 1st couple , giving left hands, turn to face first corners.  
17–24 1st couple and first corners dance a corner chain. 1st couple finish facing second corners.  
25–32 1st couple and second corners dance a corner chain. 1st couple finish in second place on own sides.

### Bonnie Stronshiray, 32S 3C (4C Set)

B. Campbell, Glasgow Assembly

- 1-8 First and second couples Half-Reel Progression, i. e. ,  
1-2 First and second couples turn partner with both hands to finish in a line up and down the middle of the set.  
3-6 They dance a half reel of four, then  
7-8 Turn partner with both hands to finish on own sides having changed places.  
9-10 First couple, advancing, set to each other. On bar 10 they dance in to finish in a diagonal line with first corners ready to turn them.  
11-12 They turn first corners with both hands to finish, first man between third couple facing up, first woman between second couple facing down.  
13-16 The same as bars 9-12 except first couple turn their second corners and finish between their corners.  
17-18 All three couples cross over giving the right hand, first couple to face out on own sides. The corner dancers face each other diagonally.  
19-20 First man casts up round second woman while first woman casts off round third man. As first couple are casting the corner dancers advance and retire diagonally, one step each way. First man finishes between second couple, all facing down, and first woman finishes between third couple, all facing up.  
21-22 Second and third men, first couple, and second and third women change places giving the right hand, first man to finish facing down, first woman facing up. The corner dancers face each other diagonally.  
23-24 First man casts up round second woman while first woman casts off round third man. While first couple are casting the corner dancers advance and retire as at bars 19-20. First couple finish in a diagonal line with second woman and third man.  
25-32 First couple dance a half reel of four with second woman and third man, dance round each other passing by the left shoulder, then dance a half reel of four with third woman and second man. On the last two bars first couple turn with the right hand to finish on own sides in second place.

### Miss Emily Gordon's Jig, 32J 3C (4C Set)

Bill Zobel, Dancing on Air

- 1 – 2 1st, 2nd and 3rd couples turn with right hands half-way to face partner in the middle of the set, retaining right hands and joining left hands below the right.  
3 – 6 1st, 2nd and 3rd couples slip down the middle for four steps. then slip back to the top.  
7 – 8 Using two pas de basque, all three couples change places with partner, retaining joined hands but lifting right hands over the ladies' heads to finish in allemande hold facing the top.  
9 – 16 1st, 2nd and 3rd couples dance allemande.  
On bars 15 - 16, 1st and 3rd couples dance two pas de basque to finish in the middle of the set, 1st couple facing up and 3rd couple facing down with nearer hands joined.  
17 – 18 3rd and 1st couples change places, 1st couple dancing through the arch made by 3rd couple.  
19 – 20 1st and 3rd couples change sides, lady dancing under her partner's arm.  
21 – 22 1st and 3rd couples change places, 3rd couple dancing through the arch made by 1st couple  
23 – 24 3rd and 1st couples change sides, lady dancing under her partner's to finish on own sides, 3rd couple in 1st place facing down and out, 1st couple in 3rd place facing up and out.  
25 – 28 3rd, 2nd and 1st couples dance half reel of three on the sides, 2nd couple dancing in and down, 1st couple dancing out and up to begin.  
29 – 32 1st and 2nd men turn 1 1/2 times with left hand, 1st and 2nd ladies turn 1 1/2 times with right hand.

**Monymusk**, 32S 3C (4C Set)

RSCDS Book 11

- 1–4 1st couple, giving right hands, turn once round and cast off one place on own sides. 2nd couple step up on bars 3-4.
- 5–8 1st couple, giving left hands, turn one-and-a-quarter times to finish 1st woman between the 2nd couple facing down, and 1st man between the 3rd couple, facing up.
- 9–12 1st woman with 2nd couple and 1st man with 3rd couple set twice. On bars 11-12, 1st couple turn to the right into second place on opposite sides.
- 13–16 2nd, 1st and 3rd couples set twice.
- 17–24 2nd, 1st and 3rd couples dance six hands round and back.
- 25–30 2nd, 1st and 3rd couples dance reels of three on the sides. 1st woman passes 3rd man and 1st man passes 2nd woman by the right to begin.
- 31–32 1st couple, giving right hands, cross over to second place, own sides.

**Arthur's Seat**, 32R 3C (4C Set)

Jack McConachie, SCD of 18th Cent

- 1 – 8 1st and 2nd couples dance right Hands Across once round, then 1st couple cast off to 2nd place, and set to each other. 2nd couple lead up (with nearer hands), between 1st couple, on Bars 5–6, to finish at the top
- 9 – 16 1st and 3rd couples dance left Hands Across once round, then 1st couple cast off on own sides to 3rd place, and set to each other. 3rd couple lead up (with nearer hands) between 1st couple, on Bars 13–14, to finish in 2nd place.
- 17 – 24 1st couple lead up (with nearer hands), to the top and cast off (on own sides), round 2nd couple and meet below them; 1st couple then lead down (with nearer hands) between 3rd couple and cast up (on own sides), round them to pass each other by the left (in 2nd place) to finish facing their 1st Corners. 3rd couple move down on Bars 23–24.
- 25 – 30 1st couple set to Corners & partner finishing with the lady facing up, and the man facing down (6 steps).
- 31 – 32 1st couple turn by the right to own sides, in 2nd place.

**The Archivist**, 32S 3C (4C Set)

Emily Porter, Ardbrae Celebrates 60 Years

- 1 – 8 1st, 2nd, and 3rd couples dance 3-couple set and rotate as follows: All three couples set and cast to finish in lines of 3 across the dance, men facing down, women up. All change places right hands with the dancer opposite. All chase clockwise one place on to finish on the sidelines in order 3,2,1 with 1st man facing out.
- 9 – 12 1st man casts up behind the men's line and down in front of 3rd man to finish in 2nd place facing out and down, while 1st woman dances up the middle and casts off around 3rd woman to finish in 2nd place facing in and down. 2nd couple step down on bars 11–12. Dancers in order 3,1,2
- 13 – 16 1st couple dance a half reel of three on the sides, giving a left shoulder to 2nd couple to begin. Dancers dance straight into place – 1st man and 3rd woman pull back a right shoulder at the end of the reel to face in, 2nd woman pulls back a left shoulder. Dancers in order 2,1,3
- 17 – 20 Starting from the sidelines and passing each other by the right shoulder to begin, 1st couple dance corners pass and turn with their 1st corners, the corners turn giving both hands. 1st couple pass each other by the right shoulder to face their 2nd corners.
- 21 – 24 1st couple dance corners pass and turn with their 2nd corners, the corners turn giving both hands. 1st couple pass each other by the right shoulder to 2nd place on their own sides.
- 25 – 32 2nd and 1st couples dance a poussette right round. Finish in order 2,1,3

**Ladies' Fancy**, 32J 2C (4C Set)

RSCDS Book 13

- 1 – 4 1st man and 2nd woman, giving right hands, turn once round back to place.
- 5 – 8 1st couple, giving left hands, turn one and a half times to face down with 1st woman on her partner's right. (Note) 2nd woman steps up on bars 7-8 to be on left of 1st man.
- 9 – 16 1st man with 1st and 2nd women dance down the middle and up. On bars 15-16, 1st man hands his partner across in front of him.
- 17 – 24 1st and 2nd couples dance right hands across and left hands back to finish in the middle of the set, facing partner with both hands joined.
- 25 – 32 1st and 2nd couples dance a poussette.

**Cadgers in the Canongate**, 48R 3C (4C Set)

RSCDS Book 9

- 1 – 8 1st couple dance reels of three, 1st woman with 2nd and 3rd men and 1st man with 2nd and 3rd women. To begin 1st woman crosses down to pass 3rd man by the left and 1st man dances across to partner's place to pass 2nd woman by the right. 1st couple finish in partner's original place.
- 9 – 16 1st, 2nd and 3rd couples dance reels of three on own sides. To begin 1st man crosses down to pass 3rd man by the left and 1st woman dances across to original place to pass 2nd woman by the right. 1st couple finish facing 2nd woman.
- 17 – 18 1st couple, giving nearer hands, set to 2nd woman.
- 19 – 20 1st couple, with two pas de basque, move round to face 2nd man. (Note 2)
- 21 – 22 1st couple set to 2nd man.
- 23 – 24 1st couple, with two pas de basque retire to places.
- 25 – 28 1st and 2nd couples set, and dance right hands across halfway round.
- 29 – 32 2nd and 1st couples set, and dance left hands across back to places.
- 33 – 36 1st couple, giving right hands, cross over and cast off one place on opposite sides. 2nd couple step up on bars 35-36.
- 37 – 40 1st couple, giving left hands, turn one and a half times to finish in second place on own sides.
- 41 – 48 2nd and 1st couples dance rights and lefts.

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**The White Heather Jig**, 40J 4C (4C Set)

James B. Cosh, RSCDS 30 Popular Dances, Vol. 2

- 1 – 4 1st couple turn with right hand and cast off to second place. 2nd couple step up on bars 3 – 4.
- 5 – 8 1st couple turn with left hand one and a half times and finish back to back between 2nd couple, 1st woman facing 2nd man and 1st man facing 2nd woman.
- 9 – 16 1st and 2nd couples dance a reel of four across. 1st couple pass right shoulder to finish facing first corners.
- 17 – 24 1st couple turn corners and partner to finish back to back between 3rd couple. (1st woman facing 3rd man and 1st man facing 3rd woman).
- 25 – 32 1st and 3rd couples dance a reel of four across, 3rd couple finish in second place and 1st couple meet in the centre between 3rd and 4th couples.
- 33 – 36 1st couple turn with left hand and cast off on own side. 4th couple step up on bars 35–36.
- 37 – 40 1st couple turn with right hand.

**Davy Nick Nack**, 32R 3C (4C Set)

Bob Campbell, Glasgow Assembly And Other Scottish Country Dances

- 1 – 4 First, second and third couples cross over giving right hands to finish a little in front of opposite side lines, and set.
- 5 – 8 All cross back to own places, and set.
- 9 – 16 First couple turn time and a half with the right hand, cast off one place on opposite sides, then turn with the left hand to finish in a diagonal line with first corners. Second couple step up on bars 13–14.
- 17 – 18 First couple turn first corners with the right hand to change places, corners finishing back to back facing first couple.
- 19 – 20 First couple set to corners in their new position.
- 21 – 24 First couple turn their first corners back into place with the right hand then turn each other with the left hand to finish in a diagonal line with second corners.
- 25 – 28 The same as bars 17–20 but with second corners.
- 29 – 32 First couple turn second corners back into place with the right hand then, giving left hands briefly in passing, curve into second place on own sides.

**The Fiddler's Wife**, 32S 3C (4C Set)

B. Anglin

- 1–4 1st couple set and cast off one place as 2nd couple step up.
- 5–8 1st couple dance a half figure of eight round 2nd couple.
- 9–16 2nd and 1st couples dance a ladies' chain.
- 17–20 1st couple dance a half figure of eight round 3rd couple.
- 21–24 2nd, 1st and 3rd couples turn partners with the right hand once round to finish in promenade hold, in the middle, facing up.
- 25–32 2nd, 1st and 3rd couples dance a promenade.

**The Irish Rover**, 32R 3C 4C Set)

James B. Cosh., RSCDS 30 Popular Dances, Vol. 2

- 1 – 8 1st couple dance down between 3rd couple, cast up one place on own side; 1st woman dances right hands across with 2nd couple while 1st man dances right hands across with 3rd couple. 2nd couple step up on bars 1 — 2.
- 9 – 12 1st couple dance half reels of four with first corners, then;
- 13 – 16 1st couple dance half reels of four with second corners. On bar 16, 1st couple turn left hand in centre ready to;
- 17 – 24 Pass left shoulders with person in first corner's position for two reels of three across the dance. 1st couple finish in second place on own side.
- 25 – 32 1st couple dance diagonal rights and lefts:
- 25 – 26 1st couple change places with person in their first corner's position (i.e. 1st woman right hand to 3rd woman and 1st man right hand to 2nd man).
- 27 – 28 Change left hand on sides; 1st woman with 2nd man, 1st man with 3rd woman. (First corners now back in original places).
- 29 – 30 1st woman changes places giving right hand 'to 3rd man (in 2nd woman's position), while 1st man changes places giving right hand to 2nd woman (in 3rd man's position).
- 31 – 32 1st and 2nd women and 1st and 3rd men change places, giving left hands on own side of the dance.

**Skating On The Rideau Canal**, 32S 3C (3C Set)

Lindsay Clark, Ardbrae Celebrates 60 Years

- 1 – 8 1st, 2nd and 3rd couples dance an Inveran reel, 1st couple crossing down to begin. 2nd couple finish facing out.
- 9 – 16 1st, 2nd and 3rd couples dance an inverted Inveran reel, 3rd couple crossing up to begin; 2nd couple dance out and down and 1st couple dance in and down.
- 17 – 20 All 3 couples dance "1/2 turn and twirl" to cross to the opposite side. (Giving partners right hand, all turn halfway to finish in the middle of the set facing each other, and pulling back right shoulders, dance on a curve out to the opposite sides.)
- 21 – 24 1st and 2nd couples chase clockwise 2 places while 3rd couple turn right hand 1 ½ times. All finish on own sides in order 2,1,3
- 25 – 28 All 3 couples dance "1/2 turn and twirl" to cross to the opposite side.
- 29 – 32 1st and 3rd couples chase clockwise 2 places, while 2nd couple turn right hand 1 ½ times, all finishing on own sides in order 2,3,1. 3rd woman dancing into 2nd woman's position finishes facing out.\*

**The Jubilee Jig**, 32J 3C (4C Set)

RSCDS Leaflets

- 1–2 1st man casts off one place. 2nd man steps up.
- 3–8 1st man and 3rd woman set and turn with right hands to places.
- 9–10 1st woman casts off one place. 2nd woman steps up.
- 11–16 1st woman and 3rd man set and turn with left hands to places.
- 17–20 1st woman dances right hands across with 2nd couple, while 1st man dances right hands across with 3rd couple, 1st couple finish in the centre, with left hands joined, facing the opposite side.
- 21–24 1st couple set and dance out to opposite side.
- 25–28 1st man dances right hands across with 2nd couple, while 1st woman dances right hands across with 3rd couple. 1st couple finish in the centre with left hands joined, facing own side.
- 29–32 1st couple set and dance out to own side.

**The Deil among the Tailors**, 32R 3C (4C Set)

RSCDS Book 14

- 1–4 1st and 2nd couples set to partners and dance right hands across halfway round.
- 5–8 2nd and 1st couples set to partners and dance left hands across halfway round to original places.
- 9–16 1st couple lead down the middle and up to finish in the middle of the set facing up. 2nd couple step in.
- 17–24 1st and 2nd couples dance an allemande.
- 25–32 2nd, 1st and 3rd couples dance six hands round and back.