

Ardbrae Fall Social

October 25, 2026



Denotes a more challenging dance

CUTTY SARK (J8x32) 3C (4C set)

RSCDS Book 40

- 1- 8 1s cast and dance down behind own sides & cast back to 2nd place (2s step up 3-4)
9-16 2s+1s dance RH across & LH back
17-24 1s turn RH to face 1st corners, turn 1st corner LH, turn 2nd corner RH & cross LH to 2nd places own sides
25-32 2s+1s+3s Adv+Ret & turn RH.

SLEEPWALKING (R8x32) 3C (4C set)

K Giacoletti Del Val Gold

- 1- 8 1s cross RH, cast to 2nd place (2s step up); turn LH & cast down to 3rd place opp sides (3s step up)
9-16 1s dance mirror reels on sides (1s in/up, 3s out/down, 2s in/down to start)
17-24 1s dance up to top, cast to 2nd place **while** 3s continue reel to 3rd place on 17-18; 1s dance 1/2 Fig of 8 round 3s
25-32 1s turn 1st corner RH, pass RSh, turn 2nd corner RH & pass RSh to 2nd place own sides (corners turn for 4 bars)

JOHN MCALPIN (S8x32) 3C (4C set)

Hugh Foss Galloway Album

- 1- 8 1s Adv 1 step+Ret 1 step (touch RH) & cross LH; lead down RH one place & 3/4 turn LH to face 1st corners
9-16 1s turn 1st corner RH, turn partner LH; turn 2nd corner RH, cross LH to 2nd place own sides
17-24 2L+1L+3L set, Adv+Ret & set **while** 2M+1M+3M stand for 2 bars, set, Adv+Ret
25-32 2s+1s+3s cross RH, circle 6H round to left 1/2 way; cross LH & circle 6H round to right 1/2 way



THE LORDS OF THE WIND (R8x32) 3C (4C set)

Iain Boyd Lord of the Rings Coll

- 1- 8 1M sets to 2L & casts 1 place (2M steps up); 1L sets to 2M & casts 1 place (2L steps up)
9-16 1s dance RH across (1L with 2s & 1M with 3s), and dance LSh snake pass
17-24 1s dance LH across with same couples, and dance RSh snake pass
25-32 2s+1s+3s circle 6H round & back

AN AUTUMN POSY (S6x32) 2C (3C set)

Romaine Butterfield Island Bay Coll

- 1- 8 1s+2s circle 4H round to left; 1L+2L dance RSh round partner back to place
9-16 1s+2s dance the Knot
17-24 2s+1s circle 4H round to right; 2M+1M dance LSh round partner back to place
25-32 1s dance up, cast round 2s & turn 2H.

A FLOCK OF GEESE (J5x32) 5C set

M&E Briscoe Slip Knot Coll

- 1- 8 1s+3s+5s set advcg to join hands (RH to prtnrs) & set, all turn RH & 1s cast to 5th pl **while** 3s lead up to 1st pl **as** 5s lead up to 3rd pl. 3 2 5 4 1
9-16 Repeat bars 1-8 to end 5 2 1 4 3
17-24 5s & 1s lead down & back to 2nd & 4th places. 2 5 4 1 3
25-32 2s+5s **also** 1s+3s dance R&Ls

--- Interval ---

MRS STEWART'S JIG (J8x32) 3C (4C set)

Frans Ligtmans RSCDS Bk 35

- 1- 8 1s set, 1L followed by partner casts 2 places, 1L crosses (below 3s) & casts up on Men's side to 2nd place facing down **while** 1M dances round 3L & up the middle to 2nd place Ladies' side facing down
- 9-16 2s+1s+3s dance Grand Chain, end with 2M & 1M facing out
- 17-24 2s+1s dance Ladies' Chain
- 25-32 2s+1s+3s Adv+Ret; 1s turn 1.1/2 RH to own sides.

THE COLLEGE HORNPIPE (R8x32) 3C set (4C set)

Boag 1797 RSCDS Bk 20

- 1- 8 1s+2s+3s circle 6H round & back, all finish in the centre in prom hold facing up
- 9-16 1s+2s+3s Promenade
- 17-24 1s cross RH, cast to 2nd place (2 step up 19-20), cross LH, cast to 3rd place & lead up to face 1st corners
- 25-32 1s dance 'Hello-Goodbye' setting ending with a clap & petronella turn to 2nd places

THE BRAES OF TULLIEMET (S8x32) 3C (4C set)

Castle Menzies RSCDS Bk 7

- 1- 8 1s set & cast 1 place, cross RH & cast down 1 place on opposite sides
- 9-16 3s+1s dance 4H round to left, 1s dance up to top & cast on opposite sides to face 1st corners
- 17-24 1s set to & turn 1st corner; set to & turn 2nd corner, finishing between corners
- 25-32 1s dance reels of 3 on opposite sides giving LSh to 1st corners & cross RH to 2nd place on own sides on 31-32



MANUAL MEMORIES (J8x32) 3C (4C set)

Eilidh Hart. Glasgow 100th Anniversary

- 1- 8 1s turn RH (2), cast; turn LH to face 1st corners (2s step up 3-4)
- 9-12 1s dance corners pass and cast away with 1st corners, pass RSh
- 13-16 1s dance corners pass and cast away with 2nd corners to finish in 2nd place opposite sides
- 17-24 3s+1s+2s Set+Link twice to finish on own sides 2 1 3
- 25-32 1s dance RH across (1L with 2s & 1M with 3s), 1s pass RSh to dance LH across with other couple

STAFFIN HARVEST (S4x32) 4C set

H Mitchell 4 SCDs 1978

- 1- 8 1L & 3L set diagonally to 2M & 4M & change places RH, all set to partners on sides & change places RH
- 9-16 All dance full reels of 4 on sides
- 17-24 All set & cross over RH, 1s+2s **also** 3s+4s circle 4H round to left ending in 2 diagonal lines for 1/2 Poussette. 2 1 4 3
- 25-32 2s+1s **also** 4s+3s dance 1/2 Diamond Poussette & 1s lead down to bottom (2s+3s+4s step up on 31-32)

THE HIGHLAND RAMBLER (R8x40) 3C (4C set)

Roy Goldring Leeds Silver Jubilee

- 1- 8 1s dance in & cast to 2nd place; dance RH across with 3s
- 9-16 2s+1s dance LH across: 1L followed by partner cast up round 2L & dance down middle to 1L between 3s & 1M between 2s
- 17-24 1s+2s+3s dance down the middle & back
- 25-32 1M followed by partner dance up, cast down round 2L to 2nd place on own side; turn RH
- 33-40 2s+1s+3s circle 6H round & back