

Ardbrae Ball 2024 – Final

* The Ferry Louper, 32J 3C (4C Set)

Roy Goldring, 24 Graded and Social Dances

- 1–8 First, second and third couples dance clockwise (chase) round to places.
9–16 First and second couples dance right hands across and back with left hands. First couple finish facing out.
17–24 First couple cast off two places, dance up the middle and cast off one place. Second couple step up on bars 23 – 24.
25–28 Second, first and third couples advance and retire.
29–32 Second, first and third couples turn partners with right hands once round.

* The White Cockade, 32R 3C (4C Set)

RSCDS Book 5

- 1–8 1st, 2nd and 3rd couples set and, giving right hands, cross over. They repeat back to places.
9–16 1st couple lead down the middle and up to finish in first place in the middle of the set.
17–20 1st couple cast off to second place on own sides. 2nd couple step up on bars 19-20.
21–24 1st and 3rd couples dance four hands once round to the left.
25–32 2nd and 1st couples dance rights and lefts.

Huntly Castle, 32S 3C (4C Set)

John Drewry, Canadian Book of SCDs

- 1 – 6 1st and 2nd couples set on the sides, then circle to the left once round to finish with 1st couple in top place, with nearer hands still joined, facing down. and 2nd couple in second place facing up.
7 – 8 1st and 2nd couples set,
9 – 16 1st and 2nd couples dance a Rondel to change places, 1st couple finish in second place facing out.
17 – 24 Reels of three on the sides.
To begin: – 1st couple dance out and down; 3rd couple, joining nearer hands, dance in and up; 2nd couple, joining nearer hands, dance in and down. |
At the end: – 2nd couple dance in to join nearer hands facing down; 1st couple dance to second place on own sides; 3rd couple dance in to join nearer hands facing up.
25 – 26 2nd, 1st and 3rd couples set,
27 – 30 Six hands round to the left. On Bar 30, all dance into the centre, pulling right shoulders back to face out.
31 – 32 All spiral out clockwise (in a chase) to own sides,

The Waternish Tangle, 32J 3C (4C Set)

Andrea Barfoot, The Skye Collection, Vol. 2

- 1–4 1st couple giving right hands cross down to 2nd place and set. 2nd couple move up on bars | and 2.
5–8 1st couple giving left hands cross down to 3rd place and set. 3rd couple move up on bars 5 and 6.
9–12 1st couple cross giving right hands then change places on the sides with the 3rd couple giving left hands.
13–16 2nd and 1st couples cross with the right hands then giving left hands on the sides turn 3/4 to finish in a line across the dance with the women in the middle, right hands joined.
17–24 1st and 2nd couple dance The Targe
17 – 18 1st and 2nd women, in the middle, dance a 3/4 turn while 1st and 2nd men dance anticlockwise round them for a 1/4 of a circle.
19 – 20 1st man and 2nd woman, and at the same time 1st woman and 2nd man, turn once around giving left hands.
21 – 22 1st and 2nd women dance a 3/4 turn giving right hands while 1st and 2nd men dance anticlockwise round them for a 1/4 of a circle.
23 – 24 1st man and 2nd woman, and at the same time 1st woman and 2nd man, turn giving left hands so that 2nd couple finish in top place and 1st couple finish facing down the dance on opposite sides.
25–32 1st couple dance down crossing below 3rd couple, cast up round them, dance up between 2nd couple and cast down to 2nd place on own sides.

* The Braes of Breadalbane, 32S 3C (4C Set)

RSCDS Book 21

- 1–4 First couple turn with right hand and cast off one place. Second couple move up.
5–8 First couple turn with left hand, the woman casts up, and the man casts down to finish three and three across the dance.
9–12 First, second and third couples set twice.
13–16 First woman casts down while first man casts up. They turn each other with right hand and finish three and three on own side of dance.
17–20 First, second and third couples set twice.
21–24 All three couples turn partners with both hands and return to places.
25–32 First and second couples dance right and left across and back.

Ardbrae Angels, 32R 3C (4C Set)

Elaine Hoag, Leaflet

- 1-8 1s+2s+3s dance Mirror Reels of 3 (1s dance in and down to begin)
 9-16 1s+2s+3s dance a Crossover Reel of 3 (1s cross over to 2nd place opposite side to begin; 2s and 3s continue to reel on their own side). 1s finish the reel facing their own 1st corner while 2s accelerate at the end of the reel to finish at the top
 17-24 "Interrupted Hello-Goodbye Setting" (1s finish in 2nd place own side)
 17-18 1s+1st corners set, 1s finishing between corners facing partner
 19-20 1s turn each other $\frac{3}{4}$ RH to face 2nd corner
 21-22 1s+2nd corners set, 1W finishing between 3s, 1M between 2s
 23-24 1s turn each other $\frac{3}{4}$ RH to 2nd place own side
 25-32 Six hands round and back

The Elusive Muse, 32J 3C (3C Set)

T. Wilson, Measures of Pleasure

- 1-4 1st woman dances around her partner giving right shoulder to finish in the center of the dance, beckoning him to follow.
 5-8 1st woman, followed closely by 1st man, dances a half reel of three across the dance with 2nd couple, giving left shoulder to 2nd woman to begin. 1st couple finish ready to dance down, woman on man's right. 2nd couple finish in first place.
 9-16 1st couple dance down the middle for 4 bars with nearer hands joined, on bars 13-14 1st woman dances under their raised arms and in front of her partner (as he dances below her) to switch places and face up, on bars 15-16 they dance up to third place to face 3rd woman.
 17-20 1st woman, followed closely by 1st man, dances a half reel of three across the dance with 3rd couple, giving right shoulder to 3rd woman to begin.
 21-24 1st couple dance up with nearer hands and cast off around 2nd couple to finish in second place on opposite side.
 25-32 2nd, 1st and 3rd couples set and link for three couples twice.

*** Rakes of Glasgow**, 32S 3C (4C set)

RSCDS, Book 11

- 1 - 8 1st and 2nd couples dance rights and lefts.
 9 - 16 1st couple lead down the middle and up to finish in the middle of the set facing up. 2nd couple step in.
 17 - 24 1st and 2nd couples dance an allemande.
 25 - 32 2nd, 1st and 3rd couples dance six hands round and back.

*** Flowers of Edinburgh**, 32R 3C (4C Set)

RSCDS Book 1

- 1-6 1st woman casts off two places, crosses to the opposite side and dances up behind 2nd and 3rd men to her partner's original place. 1st man follows his partner, crossing over and dancing behind 2nd and 3rd women, and up the middle to his partner's original place.
 7-8 1st couple set to each other.
 9-14 1st couple repeat bars 1-6, with 1st man casting off and 1st woman following. 1st couple finish in original places.
 15-16 1st couple set to each other.
 17-24 1st couple lead down the middle and up to finish facing each other in the middle of the set with both hands joined. 2nd couple step in.
 25-32 1st and 2nd couples dance a poussette.

~~~~ Break ~~~~

**Postie's Jig**, 32J 4C (4C Set)

Roy Clowes, The Ormskirk Scottish Dances

- 1-2 First and fourth couples set.  
 3-4 First couple cast down and second couple step up, while fourth couple cast up and third couple step down.  
 5-8 First couple dance half figure of eight round second couple while fourth couple dance half figure of eight round third couple.  
 9-12 First man and fourth man, first lady and fourth lady, with nearer hands joined, cross over, men making arch for ladies to pass under. Give "free" hand to corners and turn, i.e. first man to second man and first lady to second lady etc. Corners finish in places and first couple join nearer hands to face down while fourth couple faces up.  
 13-16 Repeat bars 9 - 12 up and down, fourth couple making the arch.  
 17-24 Repeat bars 9 - 16 to places  
 25-28 First and fourth couples dance half rights and lefts.  
 29-32 First and fourth couples turn partners with right hands.

**\* The Pawling Porch**, 32R 3C (4C Set)

Elaine Brunken, Moments in Time

- 1-4 1st couple Set and cast off one place. (2nd couple step up on bars 3-4)  
 5-8 1st couple Dance down between 3rd couple and cast up to second place.  
 9-12 1st couple and 1st corners Advance and Retire.  
 13-16 1st couple and 1st corners Turn with the Right Hand.  
 17-20 1st couple and 2nd corners Advance and Retire.  
 21-24 1st couple and 2nd corners Turn with the Right Hand. (1st couple pass Right shoulder to own side.)  
 25-32 2nd, 1st, and 3rd couple dance Circle Round and Back.

\* **Up in the Air**, 32S 3C (4C Set)

RSCDS Book 20

- 1–8 1st couple cast off, dance down behind own lines and cast up to original places. On bar 8, 1st, 2nd and 3rd couples dance in to meet partners and face up.
- 9–16 1st, 2nd and 3rd couples dance a promenade. On bars 15-16, 1st couple cast off one place to finish facing first corners while 2nd couple dance up to first place.
- 17–20 1st couple set to first corners and then to second corners, finishing between them.
- 21–24 2nd, 1st and 3rd couples dance six hands once round to the left.
- 25–28 2nd, 1st and 3rd couples advance and retire.
- 29–32 2nd, 1st and 3rd couples, giving both hands, turn partners to own sides, 1st couple turning one and a half times.

**J. B. Milne**, 32R 3C (4C Set)

H. Foss RSCDS Guide to SCD

- 1–4 1st man and 2nd woman set, approaching, and turn by the right hand back to places.
- 5–8 1st woman and 2nd man do the same.
- 9–12 1st couple set to each other, approaching, and turn with both hands, the man letting go with his left hand first.
- 13–14 1st couple cast off into 2nd place (2nd move up),
- 15–16 And turn, as in Petronella, so that the man is between 3rd couple and woman between 2nd.
- 17–18 1st couple set to each other, while 2nd and 3rd women – and men – change places, giving right hands.
- 19–20 1st couple turn by the right hand three-quarters round to ‘wrong’ sides, 2nd place, while 2nd and 3rd couples set to partners
- 21–24 1st couple set to each other and turn three-quarters round by the right hand. Meanwhile 2nd and 3rd couples cross over, giving right hands to partners, then 2nd and 3rd women – and men – set to each other.
- 25–28 1st couple set to each other, facing up and down the dance, and change places, giving right hands, while 2nd and 3rd women – and men – change places, giving right hands, and set to partners.
- 29–30 Continuing, 1st woman casts off, and 1st man casts up, to 2nd place, own sides, while 2nd and 3rd couples cross over, giving right hands to partners
- 31–32 Taking hands at the sides, all three couples set to partners.

**The Minister on the Loch**, 32S 3C (3C Set)

RSCDS 4 Dances for 2008

- 1–8 1st and 2nd couples dance a poussette right round.
- 9–16 1st couple dance down the middle for two steps and, giving both hands, turn once round to finish in the middle facing up. 1st couple dance up the middle for two steps and, giving both hands, turn once round to finish in the middle facing up.
- 17–24 1st and 3rd couples dance a double figure of eight. To begin, 1st couple cast off and 3rd couple cross up. 1st couple finish in original places, facing out.
- 25–28 1st and 2nd women, giving right hands, and 1st and 2nd men, giving left hands, turn one and a half times to change places.
- 29–32 1st and 3rd women, giving left hands, and 1st and 3rd men, giving right hands, turn one and a half times to change places.

\* **Beach Dancer**, 32J 3C (4C Set)

Eddy West, Whangarei Book

- 1 – 4 First couple set and cross giving right hand.
- 5 – 8 First couple set to second couple and change places on the side giving left hands (men remain facing out).
- 9 – 16 Second and first couples dance a ladies chain, first man finishes facing out. First couple must continue into the next figure without hesitation.
- 17 – 20 First man casts down round third lady and crosses to third place, own side then casts up behind third man to second place, first lady follows to own side third place then dances up the middle to second place on own side.
- 21 – 24 First and second ladies, and at the same time first and second men, turn giving left hands.
- 25 – 32 Second, first and third couples dance reels of three on the sides, first couple passing third couple right shoulder to start.

**The Montgomeries’ Rant**, 32R 3C (4C Set)

RSCDS Book 10

- 1–8 1st couple, giving right hands, cross over and cast off one place on opposite sides. 1st couple, giving left hands, cross over and 1st woman casts up one place while 1st man casts off one place. 1st woman finishes between 2nd couple facing 2nd man with 1st man between 3rd couple facing 3rd woman. 2nd couple step up on bars 3-4.
- 9–16 1st woman with 2nd couple and 1st man with 3rd couple dance reels of three across the set. 1st woman and 2nd man and 1st man and 3rd woman pass by the right to begin. On bar 16, 1st couple, with nearer hands joined, face 2nd woman.
- 17–24 1st couple set to 2nd woman. 1st couple turn towards each other and change hands to face 3rd man and set. 1st couple move round to face 3rd woman and set. 1st couple turn towards each other and change hands to face 2nd man and set. 1st couple finish facing second corners.
- 25–30 2nd, 1st and 3rd couples dance reels of three on the sides. 1st couple pass second corners by the right to begin.
- 31–32 1st couple, giving right hands, cross to second place on own sides.

\* **Possible dances for beginners**