

BEAUTY INSIDE & OUT



NAME _____

DATE _____

PHONE _____

CIRCLE WHAT YOU WOULD LIKE TO IMPROVE

PIGMENT ROSACEA HAIR
AGING VEINS ACNE

CIRCLE YOUR SKIN TYPE

SENSITIVE NORMAL RESILLIENT

THE LASER SKIN CENTER

GAINESVILLE GYNECOLOGY GROUP

LIST ANY ALLERGIES AND SENSITIVITIES

LIST ALL TOPICAL PRODUCTS IN PAST 7 DAYS

PAST TWO WEEKS MEDICATION LIST

CIRCLE IF YOU HAVE ANY OF THESE CONTRAINDICATIONS

CANCER TREATMENTS PREGNANCY/BREASTFEEDING ACCUTANE IN LAST 4 MONTHS
RECENT PLASTIC SURGERY RECENT LASER TREATMENT LIVER DISEASE
AUTOIMMUNE DISEASE BLOOD THINNERS WAXING/HAIR DEPILATORIES

PRECAUTIONS TO DISCUSS AT CONSULTATION

DO YOU HAVE PERMANENT MAKEUP? YES NO

DO YOU HAVE COLD SORES? YES NO

VI PEEL PATIENTS-DO YOU HAVE OUTDOOR PLANS IN NEXT 5 DAYS? YES NO

LASER PATIENTS-DO YOU HAVE OUTDOOR PLANS IN NEXT 24 HOURS? YES NO

LASER/VI PEEL PATIENTS-DO YOU PLAN TO EXERCISE IN NEXT 72 HOURS? YES NO

LASER SKIN CENTER POLICIES



THE LASER SKIN CENTER

GAINESVILLE GYNECOLOGY GROUP

No Show Policy

I understand that I will be charged a fee of \$50.00 if I fail to give The Laser Skin Center at GGG a 24 hour notice of cancellation.

Refund Policy

I understand that once I have started my treatment program that there are no refunds.

Photo Consent

I understand that the Laser Skin Center will be taking before and after pictures. I understand that I would sign a separate consent if the pictures were to be used as advertisement

Response to Treatment

I understand that every person will respond differently tot treatments. I may have a much better Responsethan most or a worse response than most. I realize that The Laser Skin Center will do their best to achieve the best results for ms, bbut there are no guarantees regarding final results

NAME _____

DOB _____

SIGN _____

DATE _____

WITNESS _____

FITZPATRICK SKIN TYPE CLASSIFICATION

Part I: Genetic Disposition

Eye color:

Light blue, light gray or light green = 0
 Blue, gray or green = 1
 Hazel or light brown = 2
 Dark brown = 3
 Brownish black = 4

Natural hair color:

Red or light blonde = 0
 Blonde = 1
 Dark blonde or light brown = 2
 Dark brown = 3
 Black = 4

Natural skin color (before sun exposure):

Ivory white = 0
 Fair or pale = 1
 Fair to beige, with golden undertone = 2
 Olive or light brown = 3
 Dark brown or black = 4

Freckles on unexposed areas:

Many = 0
 Several = 1
 A few = 2
 Very few = 3
 None = 4

Total score for genetic disposition: _____

Part II: Reaction to Extended Sun Exposure

Skin's response to the sun:

Always burns, blisters and peels = 0
 Often burns, blisters and peels = 1
 Burns moderately = 2
 Burns rarely, if at all = 3
 Never burns = 4

Does your skin tan?

Never – I always burn = 0
 Seldom = 1
 Sometimes = 2
 Often = 3
 Always = 4

How deeply do you tan?

Not at all or very little = 0
 Lightly = 1
 Moderately = 2
 Deeply = 3
 My skin is naturally dark = 4

How sensitive is your face to the sun?

Very sensitive = 0
 Sensitive = 1
 Normal = 2
 Resistant = 3
 Very resistant/Never had a problem = 4

Total score for reaction to sun exposure: _____

Fitzpatrick Skin Type Score (total genetic disposition + total sun exposure): _____

FITZPATRICK SKIN TYPE SCORE

The Fitzpatrick Scale classifies patient's skin type and thus the ability to burn and tan when exposed to the sun or UV radiation.

- I (0–6):** pale white skin; always burns, never tans
- II (7–12):** white skin; almost always burn, rarely tans
- III (13–18):** light brown skin; burns moderately, tans uniformly
- IV (19–24):** moderate brown skin; burns minimally, tans easily
- V (25–30):** dark brown skin; rarely burns, tans easily
- VI (31+):** dark brown to black skin; never burns

NOTES

This content is not intended to substitute professional medical advice, diagnosis, or treatment. Seek the advice of a healthcare provider for any questions you may have regarding your score or the medical condition.

REFERENCES

The Skin Cancer Foundation. Fun, Informative Quiz Determines Skin Type and Celebrity. www.skincancer.org. Accessed May 19, 2013.

Roberts WE. Skin type classification systems old and new. *Dermatol Clin*. 2009 Oct;27(4):529–33.

(Rev. 5/2017)