

"The RESPECT Initiative helped me to be more open about my challenges and to focus more on the positives in my life."

- RESPECT Initiative Graduate

"The RESPECT Initiative has freed my mind, engaged my spirit and inspired me to release the past."

I am free to be me."

- RESPECT Initiative Graduate

"After my RESPECT Initiative experience, true healing began. I was armed with self confidence, pride and respect. I am a voice of recovery. I am hope!"

- RESPECT Initiative Graduate

For more information on the Respect Initiative training or to request a RESPECT Initiative speaker, please contact:

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Alabama Department
of Mental Health
connecting mind and wellness

KIMBERLY BOSWELL - COMMISSIONER

The RESPECT Initiative of Alabama is a partnership with the Alabama Department of Mental Health, Office of Peer Programs, and Slack Consulting. There is no cost to participate in a RESPECT Initiative training or to host a speaker.



SLACK CONSULTING



***Giving Hope and
Recovery A Voice...***

- Inspiring
- Educational
- Liberating
- Healing
- Empowering
- Humanizing

...One Story at a Time

The RESPECT Initiative

The RESPECT Initiative of Alabama, created by mental health advocate Joel Slack, helps participants develop the skills necessary to transform their experiences of mental health or substance use challenges into inspirational and educational presentations.

Graduates of the RESPECT Initiative of Alabama share their stories of hope and recovery to diverse audiences such as conferences, management meetings, employee orientations, university classrooms, peer-run organizations, civic meetings and continuing education programs.

"I will never forget the powerful stories that were shared with me and my colleagues."

- RESPECT Audience member

Motivated and Prepared Educators

All RESPECT Initiative of Alabama Graduates participate in several days of extensive training and a graduation ceremony. Following the training, the RESPECT Initiative of Alabama facilitates speaking engagements for the graduates to share their stories.

Empowered

By learning to share their stories, RESPECT Initiative of Alabama Graduates are empowered. They give back to their community by sharing hope with fellow citizens who have similar challenges.

Available

RESPECT Initiative of Alabama Graduates are available to share their educational and inspirational stories to all types of groups or audiences across the state of Alabama.

In Their Own Words

"When I share my story I am strengthened! RESPECT has been very liberating. I have a sense of purpose. I have a mission."

- RESPECT Initiative Graduate

"I am not ashamed of what I have been through anymore. This means a lot on my road to recovery."

- RESPECT Initiative Graduate

"This is the first time that I have been able to give people a full understanding of my recovery. It feels good to know that I will be helping others by educating my community."

- RESPECT Initiative Graduate

"The speakers really opened my eyes to those who are living with a mental health challenge. I never really thought of the amount of work that goes into recovery."

- RESPECT Audience member