



## INTRODUCING THE TRANSITIONAL AGE YOUTH (TAY) HEALTH & WELLNESS CENTER

OUR DOORS OPEN FEBRUARY 1ST, 2026  
SUPPORTING YOUNG ADULTS (18-27 YRS)  
FIND US AT 888 POST STREET, SAN FRANCISCO



### Services Offered 24-Hours, Seven Days a Week

- Onsite mental health support, case management, and therapy
- Medical care and health support
- Showers, laundry services, personal lockers, hygiene supplies, clothing, and grooming services
- Pet care and wellness support
- Computer and technology access
- Workforce development and job readiness services
- Support with completing high school, continuing education
- Opportunities for community connection, skill-building, and wellness activities



The TAY Center is located on the first floor of the 3rd Street Youth Shelter at 888 Post Street, creating a seamless link to supportive housing and other Glide services. The TAY Center operates 24/7 and is free to young adults, ages 18 to 27.

We welcome community partnerships, referrals, and volunteer support. Please reach out to our team to explore collaboration opportunities or learn more about our services by contacting Je Ton Carey: [jcarey@glide.org](mailto:jcarey@glide.org) or Andres Carlin: [acarlin@glide.org](mailto:acarlin@glide.org).

# TAY HEALTH & WELLNESS CENTER

DOORS OPEN FEBRUARY 1ST, 2026

AGES SERVED: 18-27

LOCATION: 888 POST STREET, SAN FRANCISCO, CA

HOURS: 24 HOURS/7 DAYS PER WEEK

STAFF ONSITE 24/7



## CONTACT INFO:

Please reach out to Je Ton Carey: [jcarey@glide.org](mailto:jcarey@glide.org)  
or Andres Carlin: [acarlin@glide.org](mailto:acarlin@glide.org) to learn more about  
our services.

