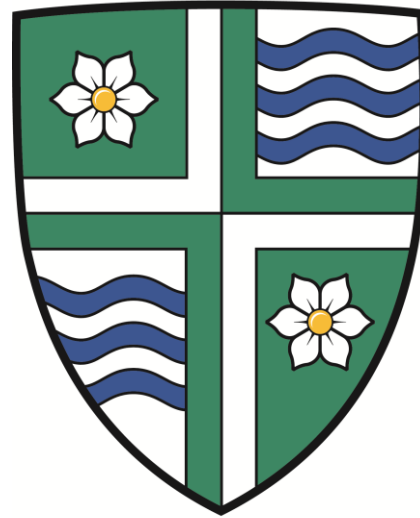


LANGLEY QUILTERS' GUILD GAZETTE

Summer 2 2019

Township of Langley



Est. 1873

The Langley Quilters' Guild gratefully acknowledges the Township of Langley's support for the guild's Biennial Quilt Show

Meeting Reminders

Sit and Stitch

August 14
10:00 am - 10:00 pm

Guild Meeting

August 28

Day: Coffee at 10:30 am
Meeting: Noon - 3:00

Eve: Meeting 7:15 - 9:30

Please remember to bring:

1. Coffee Mug
2. Current Membership Card
3. Fat quarter for draw
4. Show and tell items
5. Tooney for 50/50 draw

Remember...

Please set your phone to silent while the meeting is taking place.

Be courteous when someone has the floor and refrain from other conversations.

The deadline for the next newsletter

August 20, 2019

Please send reports, articles, tips, etc. to:

lqgnewsletter@outlook.com





Program and Between



1. All Between and/or Workshop fees are non-refundable.
2. If you are not able to attend, it is up to you to find someone who can replace you in the class and to work out your own financial transaction for registration fee compensation.
3. If a Between or Workshop is cancelled by Langley Quilt Guild, the Treasurer will issue you a refund.
4. Consideration for a refund may be issued on an individual basis for extraordinary circumstances.

August 28 Program

Trend Tex Fabrics
Cotton/Batik Truck Show
Noeline Kerr

August 28 Between Wine Bottle Holder Louise Brown-Reekie

\$10.00

This is a fun project for gifting a bottle of wine or Olive Oil or any tall bottle of wonderful stuff! Come and make and take this with Louise!



August 29 Workshop

Spider Web

Pat Lundman

\$50.00



There is nothing scary about this one! Pat brings another one of her creative patterns to share with you. Come and enjoy some sewing with friends and learn the technique for making this lovely quilt block. You too will be able to easily accomplish this, and have the beginnings of a great looking quilt.

Quilts of Valour

Quilts of Valour are celebrating its 10th Anniversary this year. Close to 12,000 quilts have been presented to ill or injured military members so far. Quilts of Valour's goal is to give out 20,000 quilts by 2020. In order to achieve this goal Quilts of Valour have asked the Canadian Quilting Association to reach out to all the guilds to make a log cabin block or a finished quilt. The blocks are to be red and white with a yellow centre to represent a light in the window/welcome home. For more information please visit their website -

<https://www.quiltsofvalour.ca/>

Here are four of the quilts that have been assembled by the ATB - Around The Block Quilters. *(thanks to Janie S. and Nora F. for sharing this)*



***"You gave me hope with what you may see as a simple gift of appreciation
- you contributed to the healing of the soul of a lost soldier."***

RESERVE YOUR SPOT BEFORE YOU MISS OUT...



Sheena Norquay



Seashore and Birds

Workshop – Seashore and Birds

Cost - \$150.00

September 26 and 27

We are truly fortunate to have Sheena come over from Scotland to be our guest!

Sheena was raised on the Orkney Islands. Her extraordinary talents are reflected in her art quilts that are exhibited in galleries around the world! Sheena will share her unique technique in this two day workshop.

SHEENA J. NORQUAY Teacher and quilter

I was born on the Orkney Islands and did a B.Ed degree in Aberdeen. This included 2 dimensional design in textiles and since then I have been interested in exploring the artistic potential of threads and fabrics although I have been sewing since childhood.

Having been a Primary School teacher in Inverness for 30 years, I am now a freelance quilting teacher and teach workshops locally, all over the UK and sometimes abroad.

I also write articles for magazines and my quilts have been featured in several books.

My work has been exhibited locally, nationally and internationally since 1981 and I have won many awards in competitive quilt shows. I also sell my work, cards and postcards of my work and accept commissions.

I am inspired by many things. Some of my work is pictorial and is inspired mainly by Orkney seascapes, birds and Norse myths. These pieces often incorporate symbols and hidden images and require a lot of research.

I am also interested in using quilted lines to create graceful movement, sculptural shapes and decorative patterns. Inspiration comes from relief sculpture, circles, patterns in nature, man made patterns and decoration on other textiles. Most of the lines are free machine quilted, a technique which is my specialty. It is fascinating how the surface of the quilt comes alive with the quilting.

Some of these pieces are symmetrical and some are asymmetrical, some are wholecloth and some combine printing and stencilling or piecing and applique with free machine quilting.

Quilt Challenge 2020

Langley Quilters' Guild "The Threads That Bind Us" Presents Our Guild Challenge For Our 2020 Quilt Show

"MY SPECIAL PLACE"

Every year at our biannual quilt show, we offer our guild members a challenge to create a quilt within certain parameters (rules/guidelines). These quilts are all hung together and the visiting public and guild members choose their favourite by voting. The favourite is then awarded a special ribbon at the end of the show. In the past we have given colours, themes and other instructions, but this year we have asked that you challenge yourself to create a small quilt that includes three different techniques. If you haven't used these techniques this might be the ideal time to learn them and expand your quilting horizons. If you need help, please feel free to ask at Sit n Stitch or our guild meeting and someone will step up to offer some assistance.

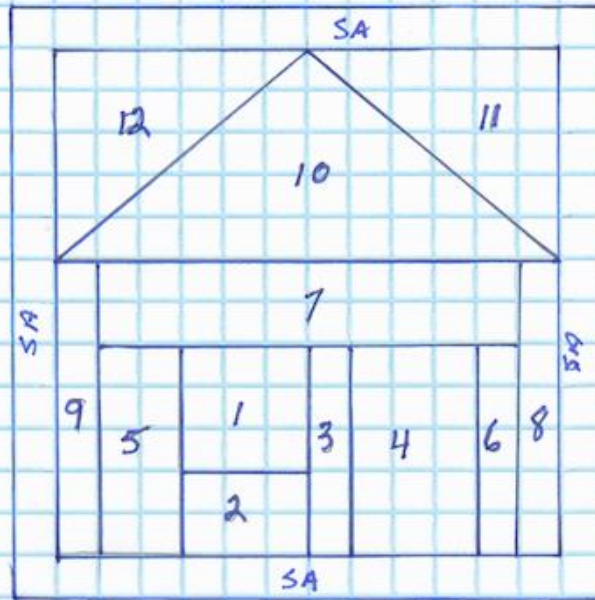
Louise showed us many different examples of English paper piecing which should help get your creative juices flowing. The small house pattern that is Foundation Paper Pieced is available online OR you can supply you own. The third requirement was to include some hand or machine appliqué, whichever you prefer.

As mentioned at the meeting and on the supplied explanation, the rest of the details including the size, finishing and subject matter are all all on the instruction page.

**We're looking forward to some fun and interesting submissions to our
"My Favourite Place" Quilt Challenge. Hope you can join us!!**

Basic "Rules"

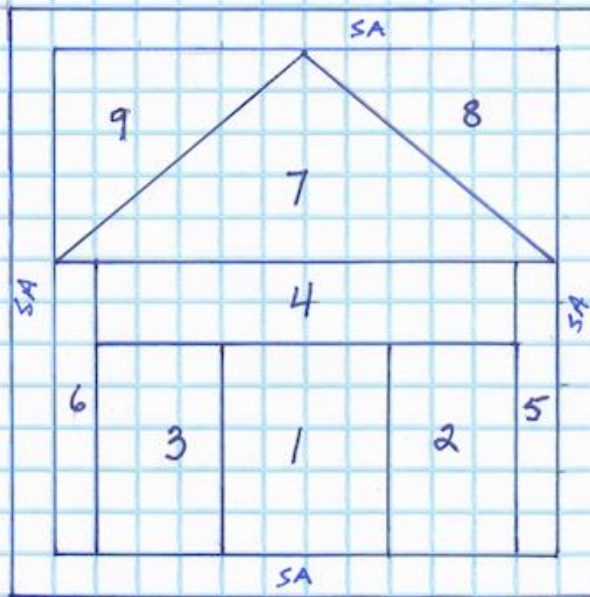
1. Size -Maximum perimeter is 80 inches. Minimum is 60" Any combination to make 80" or 60" is fine. e.g. 15" x 15" or 10"x 20" or 20" x 20" or 15" x 25" Your choice.
2. Must include these 3 techniques - English Paper Piecing (EPP), Applique (hand or machine) and Foundation Paper Piecing (FPP).
3. THEME- "My Special Place" should represent where you love to spend your time to unwind, relax or would love to be (imaginary or real). Are you a mountain, ocean or prairie person? Where would your favourite place be if money or time were no object?
4. You MUST include a house in your project. We are supplying a pattern for a small paper pieced house block which you are welcome to make in any size OR you can put in your own paper pieced version of a house. (*pattern on next page*)
5. FINISHED-your finished quilt will consist of 3 layers -top, batting & backing. The edges can be bound or faced. A hanging sleeve is optional as they will be pinned to the curtains.
6. WRITE UP -A form will be given out closer to the show, where you will include a write up with your quilt explaining what it is about, where it is and how special it is to you. Please NAME your quilt.
8. LABEL-sew a label on the back of your quilt with your name & guild number, then COVER this label with a piece of fabric pinned over it (no peeking allowed!)



3" Finished

Window House

1 Window
 2 3 5 6 7 house
 4 Door
 8 9 11 12 background
 10 Roof



Windowless House

1 Door
 2 3 4 house
 5 6 8 9 background
 7 Roof

SA = $\frac{1}{4}$ " seam allowance.

HAVE FUN AND USE YOUR IMAGINATION!

The Benefits of Hydrogen Peroxide *(thanks to Facebook)*

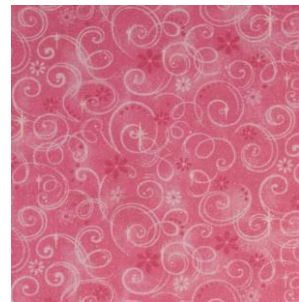
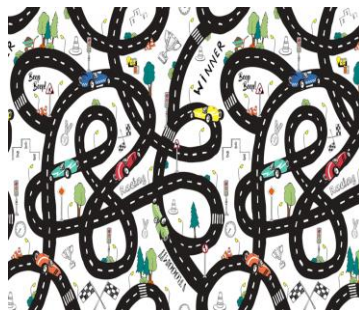
1. Take one capful of hydrogen peroxide (the little white cap that comes with the bottle) and hold in your mouth for 10 minutes daily, then spit it out. (I do it when I bathe.) No more canker sores, and your teeth will be whiter without expensive pastes. Use it instead of mouthwash.
2. Let your toothbrushes soak in a cup of peroxide to keep them free of germs.
3. Clean your counters and table tops with peroxide to kill germs and leave a fresh smell. Simply put a little on your dishrag when you wipe, or spray it on the counters.
4. After rinsing off your wooden cutting board, pour peroxide on it to kill salmonella and other bacteria.
5. Fungus on feet? Spray a 50/50 mixture of peroxide and water on them (especially the toes) every night and let dry.
6. Soak any infections or cuts in 3% peroxide for five to 10 minutes several times a day. My husband has seen gangrene that would not heal with any medicine but was healed by soaking in peroxide.
7. Fill a spray bottle with a 50/50 mixture of peroxide and water and keep it in every bathroom to disinfect without harming your septic system like bleach or most other disinfectants will.
8. Tilt your head back and spray into nostrils with your 50/50 mixture whenever you have a cold or plugged sinus. It will bubble and help to kill the bacteria. Hold for a few minutes, and then blow your nose into a tissue.
9. If you have a terrible toothache and cannot get to a dentist right away, put a capful of 3% peroxide into your mouth and hold it for 10 minutes several times a day. The pain will lessen greatly.
10. If your dog gets sprayed by a skunk... mix together 1 qt of 3% hydrogen peroxide , ¼ C of baking soda and one tsp liquid dishwashing soap. Wearing rubber gloves, wet the area on your dog immediately after he's been sprayed – let stand 10 min. – and then wash and rinse well.
11. Put half a bottle of peroxide in your bath to help get rid of boils, fungus, or other skin infections.
12. You can also add a cup of peroxide instead of bleach to a load of whites in your laundry to whiten them. If there is blood on clothing, pour it directly on the soiled spot. Let it sit for a minute, then rub it and rinse with cold water. Repeat if necessary.
13. I use peroxide to clean my mirrors. There is no smearing, which is why I love it so much for this.
14. Another place it's great is in the bathroom, if someone has been careless, has peed on the floor around the toilet, and it's begun to smell of urine. Just put some peroxide in a spray bottle spray. In the blink of an eye all the smell will be gone and the bacteria eliminated!



August Fat Quarter Draw – The Long and Winding Road

As we are still enjoying the longest days of the year, some of us are taking holidays. Perhaps even driving into glorious sunsets on roads that never seem to end. So, this month, let's think of fabrics with roads, fabrics with curves or fabrics with swirls. Enjoy the journey, share a fabric or two and maybe one of this month's fabric bundles will come your way!

Good luck 





Get this free pattern to download here:

<http://www.allpeoplequilt.com/quilt-patterns/quilt-throws/lifes-picnic>



From the Editor

Well hard to believe that summer is already half way through! Some of you are away and some of you are enjoying Beautiful BC here - wherever you are, make sure you are able to stop and smell the roses - They are beautiful this year!

..Ed