

# LANGLEY QUILTERS' GUILD GAZETTE

## September 2020



From the President Yvonne M.

My mother was a great storyteller. As a child I recall her telling stories of her youth or of her patients at work (she was a nurse) or of her father who passed away at an incredibly young age of a sudden heart attack. I heard the stories so many times I would just tune them out in my youth. As I got older, I just let her talk through all the stories I had heard over and over. It was the only time she shared her feelings. She

was a very stoic person. After she passed away, I heard myself telling my children how their grandma loved certain things. I remembered because she told me so often.

I had not visited those stories in my mind for an awfully long time. Recently, I found myself hearing stories from others about what was important to them. I found my heart was really affected by all their stories. This is where the LQG comes in.

During the time of crisis our guild really steps up and shows their generosity. Over the years I have donated quilts during those awful times. Floods in Alberta, forest fires in upper BC, a bus crash filled with sports players in Manitoba, first responder quilts, masks, and laundry bags during Covid 19, and recently with the devastating apartment fire in Langley leaving so many homeless has shown a need for our generosity yet again. Yes, the guild gives continually throughout the year to selected groups through our community quilts program, but they really kick into overdrive when a crisis is happening. It is the giving members who step up and donate through our community quilts program when a special needs call goes out. The stories of gratitude from all the different sources touch my heart. People speak of their youth or of their parents and grandparents when they receive a gift of a quilt from our guild. If you listen closely you will hear the strong emotions/feelings behind their 'thank you'.

This is a vastly different year for us. Being unable to meet in person has its challenges. Yet, the executive is continuing to work out how we can be together again. Time will tell us what exactly that will look like. I love hearing that so many members can meet virtually, or outside on nice days while social distancing. They are sharing not only their quilting, but also their concerns and fears around this pandemic. The connection to others is so important and a reminder that we are not alone in our quilting creations. Please stay connected, stay safe, stay healthy and we will meet again.

The deadline for the next newsletter  
**September 20, 2020**

Please send reports, articles, tips,  
etc. to:

**[lqgnewsletter@outlook.com](mailto:lqgnewsletter@outlook.com)**

## Save the Date: Wednesday September 9<sup>th</sup>

We will be in the parking lot of George Preston Rec Centre from 11:30 to 1:30 on September 9<sup>th</sup> to collect any finished quilts or tops that are ready for handing in.

We will be bringing kits, small quilts ready for quilting and also quilts for long arming.

If anyone needs batting or backing, please contact Sallie Aitken (604-576-7691) a few days beforehand, so she can cut it and have it ready to bring. I will also have small pieces of batting for place-mats with me.

Arlene has told me that the 24 inch quilts cannot be handed out during the pandemic, and she has loads stored.

If anyone has made them, please keep them for now and perhaps other baby quilts could be made a bit bigger for Best Babies and LMH Pediatric Ward.

Any ideas if there are other organizations that could use some 24 inch quilts in the meantime?

We have nearly a full bolt of fleece, black with white maple leaves, that Kevin from Dragonfly kindly donated to us, so if anyone needs backing for a Quilt of Valour, we would be happy to cut some for you.

Looking forward to seeing many of you on the 9<sup>th</sup> September.

Linda Eldridge #72  
Community Quilts Chairperson



**In other news...  
the Seven Dwarfs  
have been advised  
that as of today,  
they can only meet in  
groups of six.  
One of them isn't  
Happy.**

**YOU KNOW YOU'RE GETTING  
OLDER WHEN YOU USE THE  
WORD "THINGY" ALL THE  
TIME BECAUSE YOU CAN NO  
LONGER REMEMBER WHAT  
THINGS ARE CALLED.**

**Trio Creations**  
Long Arm Pantograph Quilting  
Judy Deeter  
604-576-0054  
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## DESIGNING A WALL QUILT FROM A PANEL.....

Working with panels can be easy. Just add a plain border or two and you have a quilt. As you work with panels you realize you can do so much more. There are so many patterns, books and online assistance with “what to do with panels”. Many quilters are using different pieced blocks as border designs to showcase and enhance their panels. Online sites, such as equiter.com, show some great borders for panels. These are available free of charge. Fabric manufacturers feature some free designs for the panels that they sell.

Some of the tools I use in this process:

- a design wall
- graph paper
- EQ8 program
- sharp pencil, ruler, eraser
- adding machine

I purchased a panel and some co-ordinating fabric last Fall. The other day I decided it was time to put something together. The panel and bits of fabric were on my design wall for a few days. I will go through the process I went through to design this panel into a wall quilt. This is the panel I will be working with. It's called Owl In the Family Tree by Desiree Designs.



### Part one

Besides looking online for ideas, I checked my “block” folder for something different, and looked at my “idea photos”. Finally I found a block design called Pole Twist. It was a design that I really wanted to include in one of my quilts ..... this was the quilt where it belonged!



## Part 1 Cont'

This was going to be a fairly simple layout and be used as a wall quilt instead of a bed quilt or lap (cuddle) quilt. I had purchased just one piece of fabric at the same time as the panel. I fell in love with the sayings. I had some blues, a green and even some fabric that looked like clouds. They hung out in my sewing room for several days and I auditioned a few more fabrics. I decided that the lightest blue, the "cloud" fabric and the owl "saying" fabric would be used for the Pole Twist pattern.

I had to figure out how tall my poles were going to be so that they would fit the height of the panel. Here's where I got out my supplies. I decided that I would just draw this layout on graph paper instead of using EQ8. When designing a layout you need to use the finished sizes and remember to add your seam allowance ( $\frac{1}{4}$ ").

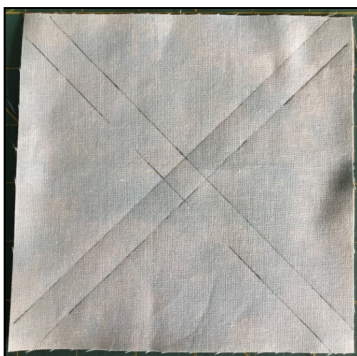
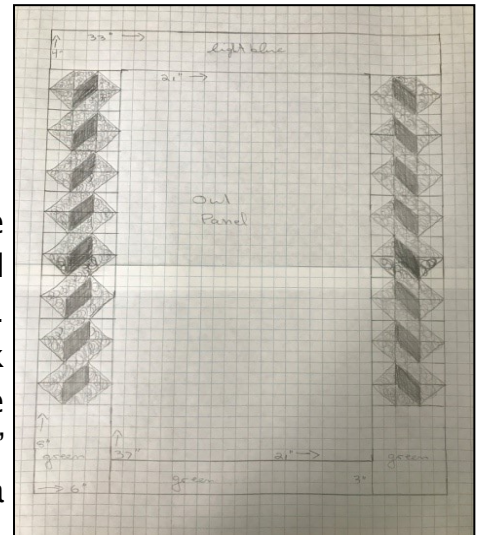
The panel measured 21" wide x 37" high after deciding not to use the small blue border.

This panel was very warped and had to be straightened out. I used a hot iron, spray starch and lots of pins to secure it to my ironing table. That worked and then I cut exactly  $\frac{1}{4}$ " on the outside of the blue border and had a perfect line to follow for sewing the sides.

The half-square triangles (HST) were going to be 2".

I drafted a design, on graph paper and started to figure out cutting instructions for the Half-Square Triangles (HST) that would be needed.

I needed 32 of the brown/medium blue HSTs and 64 of the light blue/medium blue HSTs. The instructions that I had from an old Fons & Porter magazine would make 8 at a time. I've made them before with these instructions and they work out perfect. To figure out the proper size block, you take the FINISHED SIZE, doubled and add  $1\frac{3}{4}$ ". I wanted 2" blocks so I made the block  $2" + 2" + 1\frac{3}{4}" = 5\frac{3}{4}"$ . Here's a couple of pictures that I did to show the cutting diagrams.



Sewing lines drawn on fabric.



Cut the square in half, lengthwise and widthwise.  
Cut on the diagonal between the sewing lines.

**Stay Tuned. Part 2 of this process will be included  
in the October newsletter**

# Membership

## Emails to contact us:

President: Yvonne M.  
[menear.yvonne@gmail.com](mailto:menear.yvonne@gmail.com)

Website: Kathryn D.  
[lqqwebmaster@yahoo.com](mailto:lqqwebmaster@yahoo.com)

Newsletter: April  
[lqqnewsletter@outlook.com](mailto:lqqnewsletter@outlook.com)

Sunshine day: Penny  
[pchankent@gmail.com](mailto:pchankent@gmail.com)

Publicity: Kim  
[kimemmett@gmail.com](mailto:kimemmett@gmail.com)

## Website Address:

<http://langleyquiltersguild.com/>

## Sunshine Committee

Knowing that someone cares can really make a person's day brighter. If You know someone who Could use a card for the

LQG, please contact the Sunshine Committee by phone or email.

Penny Chan-Kent

**All Programs, Workshops, and Betweens are cancelled for the balance of the year.**

**We are awaiting information from George Preston Recreation Center and the Guild Executive before making any further bookings. The BeWoPs Committee will be meeting soon to discuss future plans. In the mean time, any suggestions from members are welcome.**

**Louise B-R**



**BIGGY QUILTS**  
Computerized Quilting Service

Joan Biggar  
604-533-4540  
[biggyq@telus.net](mailto:biggyq@telus.net)

*Ladies: Get your quilt tops done.  
It's time for some new fabric*





# ★HAPPY★ BIRTHDAY!

## September Birthdays    October Birthdays

Donna B.

Doreen B.

Kim E.

Dianne G.

Marilyn G.

Eleanor H.

Judi H.

Elaine H.

Leni H.

Cathy H.

Lana K.

Madelaine M.

Janie S.

Marilyn S.

Gillian S.

Judy A.

Sallie A.

Margaret B.

Maureen C.

Judy D.

Linda J.

Joyce L.

Anna L.

Sylvia O.

Rita R.

Kathie R.

Juliet W.

Susan W.

Currently we  
have 167  
members



It has been brought to our attention that a previous member of Langley Quilters' Guild, **Ann Michelson**, has passed away

## Here is a compilation of some helpful links for your reference!

<https://www.apqs.com/how-to-pick-batting-for-your-quilt/> (choosing batting)

<http://www.quiltersparadiseesc.com/Calculators.php> (calculators to make quilting easier)

<https://www.youtube.com/watch?v=08AlOM5COBU> (Jinny Beyer shows easy Y seams)

<https://www.youtube.com/watch?v=10YysHZSK44> (Kaye Wood shows her Y seams)

<https://wendysknitch.wordpress.com/2008/04/25/freezer-paper-piecing-tutorial/>  
Demonstration of paper piecing without sewing through the paper

# Community Quilts Committee Update

## next meet up September 9th 11:30 to 1:30

### George Preston Parking lot

We had a successful layering session at the Church Annex on August 5th and plan to get together again on Wednesday 2nd September. We are restricted on numbers due to Covid but we are able to get a lot done. On the 2nd Wednesday, September 9th, we will be at the George Preston parking lot from 11:30 to 1:30 to collect any completed quilts, tops etc and will bring kits, batting or backing for anyone who needs it. Be sure to let Sallie know ahead of time if you need batting and backing so she can get it ready for you.



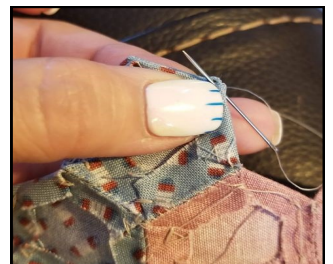
At our first parking lot get together someone handed in a Thimbleberries kit which also included the backing fabric. Faiza has made this kit up and Lyn Johnson quilted it on the long arm. It turned out beautifully, so have included a picture for you to see.

Langley Memorial Hospital Pediatric Ward has received 14 community quilts and I delivered 14 to Ishtar earlier this week. I still have quilts put aside for Gateway of Hope and for Best Babies but we are waiting for them to open for donations.

Linda Eldridge

## Found on Facebook...Pinterest...

This person had the nail artist paint a ruler into her Manicure. She even brought her creative grids 4 inch square.



Put dull, stubborn straight pins in a piece of bar soap to help them go through fabric much easier.



The best use for the “sewing machine accessory box” on the front of your sewing machine!

SALE

## Janome Embroidery machine Memory Craft 500E \$1800.00



I purchased this machine in Feb of 2017 but have not used it in the last 15 months

With 160 built-in embroidery designs and 6 fonts for monogramming, the possibilities are endless. The MC500E has a maximum embroidery size of 7.9"x11" and it comes with 4 embroidery hoops; RE28b 7.9" x 11", SQ20b 7.9" x 7.9", RE20b 5.5" x 7.9" and SQ14b 5.5" x 5.5" an extra wide table for expansive workroom.

Designs are easily imported through a USB and edited through the machine's advanced on-screen editing functions. Navigation through all of these features has become easier with the MC500E's new LCD color touchscreen.

Contact Pam at [pamsvacations@yahoo.com](mailto:pamsvacations@yahoo.com)



**From CNN:** YouTube channel [Duke Harmon Woodworking](#). Duke Harmon has made a squirrel feeder that's made him Internet famous.

"The Nutty Bar," is attached to his backyard fence has a range of nuts on tap. He built it to help his neighbor with her bird-watching hobby.

"The whole reason I even started to make this is because my neighbor bird watches with her daughter and told me all of the squirrels keep getting in her way," **Dutko told CNN**. His favorite part of the bar is its quirky bathroom sign: "Nuts" and "No Nuts."

The project, which measures about 25 inches wide and 16 inches tall, took him eight hours to design and build.

After posting his video on YouTube showing the build process, he was "overwhelmed" with comments and requests to purchase the bar. He immediately applied for a design patent and is now planning to launch a business to sell The Nutty Bar for about \$175 - \$200.

See this article in its entirety here: [Nuts on Tap](#)





## Mom, can I sleep at Grandma's today?



I heard on the bus this morning...

when I managed to turn around to see the child, that made me go back to the past with just one sentence...

She was no longer within my reach. I traveled far...

When did time go by and make us adults full of boring priorities?

We fight every day for something that we don't know if it's what we really want...

When in fact, grandma's house is what everyone would need to be happy.

Grandma's house is where the hands of the clock take a vacation with us and spend the minutes unhurriedly arriving.

Grandma's house is where a simple pasta and homemade bread get different flavors, delicious...

Grandma's house is where an innocent afternoon can last for an eternity of games and fantasies.

Grandma's house is where the cupboards hide old clothes and mysterious tools.

Grandma's house is where the closed boxes become secret treasure chests, ready to be unveiled.

Grandma's house is where toys rarely come ready, they are invented on the spot.

Grandma's house, everything is mysteriously possible, magic happens and without worries.

Grandma's house is where we find the remains of our parents' childhood and the beginning of our lives.

Grandma's house, on the inside, is the address of our deepest affection, where everything is allowed.

That luxury no longer belongs to me - unfortunately - it will live with me only in memories.

Even so, if I could place an order now... any order of all orders in the world, I would order the same thing...

Can I sleep at Grandma's today?

### Yummy Zucchini Brownies

1/3 cup vegetable oil	½ cup chocolate chips
2 tbsp unsweetened cocoa powder	1 cup sugar
1 egg plus 1 egg yolk	1 tsp vanilla
1 cup grated zucchini (squeeze moisture out)	1 cup flour
¼ tsp baking soda	½ tsp salt

Preheat oven to 350° and lightly spray baking pan with Pam

In a medium pot over med low heat combine oil, chocolate chip and cocoa stirring til chips are melted and mixture is smooth. Remove from heat and whisk in sugar. Add eggs and vanilla and whisk until combined. Stir in zucchini, fold in flour, soda and salt > Don't over mix

Spread onto pan and bake for 20-25 minutes.

Melt together the frosting. Butter, cocoa, chips and milk—remove from heat and whisk in vanilla and sugar until smooth. Pour over hot brownies spreading evenly on top. Cool for 10 min EAT!

### Frosting

3 tbsp butter  
1½ tbsp cocoa  
3tbsp choc chips  
1½ tbsp milk  
¼ tsp vanilla  
1 cup powdered sugar

## One Man's Thoughts on Grief

*Someone on reddit.com wrote the following heartfelt plea online: "My friend just died. I don't know what to do." A lot of people responded. Then there's one old guy's incredible comment that stood out from the rest that might just change the way we approach life and death.*

"Alright, here goes. I'm old. What that means is that I've survived (so far) and a lot of people I've known and loved did not. I've lost friends, best friends, acquaintances, coworkers, grandparents, mom, relatives, teachers, mentors, students, neighbours, and a host of other folks. I have no children, and I can't imagine the pain it must be to lose a child. But here's my two cents."

"I wish I could say you get used to people dying. I never did. I don't want to. It tears a hole through me whenever somebody I love dies, no matter the circumstances. But I don't want it to "not matter". I don't want it to be something that just passes. My scars are a testament to the love and the relationship that I had for and with that person. And, if the scar is deep, so was the love. So be it. Scars are a testament to life. Scars are a testament that I can love deeply and live deeply and be cut, or even gouged, and that I can heal and continue to live and continue to love. And the scar tissue is stronger than the original flesh ever was. Scars are a testament to life. Scars are only ugly to people who can't see."

"As for grief, you'll find it comes in waves. When the ship is first wrecked, you're drowning, with wreckage all around you. Everything floating around you reminds you of the beauty and the magnificence of the ship that was and is no more. And all you can do is float. You find some piece of the wreckage and you hang on for a while. Maybe it's some physical thing. Maybe it's a happy memory or a photograph. Maybe it's a person who is also floating. For a while, all you can do is float. Stay alive."

"In the beginning, the waves are 100 feet tall and crash over you without mercy. They come 10 seconds apart and don't even give you time to catch your breath. All you can do is hang on and float. After a while, maybe weeks, maybe months, you'll find the waves are still 100 feet tall, but they come further apart. When they come, they still crash all over you and wipe you out. But in between, you can breathe, you can function. You never know what's going to trigger grief. It might be a song, a picture, a street intersection, the smell of a cup of coffee. It can be just about anything . . . and the wave comes crashing. But in between waves, there is life."

"Somewhere down the line, and it's different for everybody, you will find that the waves are only 80 feet tall. Or 50 feet tall. And while they still come, they come further apart. You can see them coming. An anniversary, a birthday, or Christmas, or landing at O'Hare. You can see it coming, for the most part, and prepare yourself. And when it washes over you, you know that somehow you will, again, come out the other side. Soaking wet, sputtering, still hanging on to some tiny piece of the wreckage, but you'll come out. "Take it from an old guy. The waves never do stop coming, and somehow you don't really want them to. But you learn that you'll survive them. And other waves will come. And you'll survive them too. If you're lucky, you'll have lots of scars from lots of loves. And lots of shipwrecks."

Thanks to Elaine K. for sending this my way and leaving me with a smile

## Magnolia Quilting Studio

Pantograph & Custom Longarm Quilting

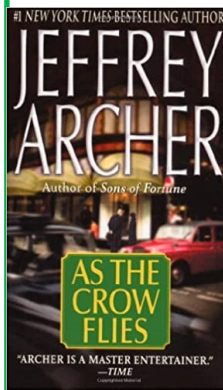


Kathryn Davies

604-807-5610

magnoliaquiltingstudio@yahoo.com

magnoliaquiltingstudio.com



Growing up in the slums of East End London, Charlie Trumper dreams of someday running his grandfather's fruit and vegetable barrow. That day comes suddenly when his grandfather dies leaving him the floundering business. With the help of Becky Salmon, an enterprising young woman, Charlie sets out to make a name for himself as "The Honest Trader". But the brutal onset of World War I takes Charlie far from home and into the path of a dangerous enemy whose legacy of evil follows Charlie and his family for generations.

Encompassing three continents and spanning over sixty years, *As the Crow Flies* brings to life a magnificent tale of one man's rise from rags to riches set against the backdrop of a changing century.



### From the Editor

*The September newsletter is still quite a bit smaller as guild information is minimal. Your executive is working to provide more content. Maybe a Block of the Month or something from BeWops.*

*If you have any suggestions, please send them to Louise B-R for consideration.*

*We are missing our monthly meetings and the Sit and Stitch. There is still no word when we can resume—or how we can resume. I hope that the next newsletter will include some projects that we can take part in until this happens. I can't do it without the input from the executive.*

*So **please contact your executive** at [menear.yvonne@gmail.com](mailto:menear.yvonne@gmail.com) and also Louise B-R at [brownreekie@yahoo.com](mailto:brownreekie@yahoo.com). Tell them what you need or want to see to keep learning, quilting and just surviving during this time. We certainly could use something now.*

*I will continue to publish the Bunker weekly with all your updates and newsy bits!*

*Take care my friends, and stay strong and healthy!*

*~Ed*