



WILDERNESS HACKS VOCAB



VOCAB



Chapter 1

juvenile (adj): young; not yet fully mature

Chapter 2

gluten (n): a protein found in wheat, barley, and rye

Chapter 3

infectious (adj): tending to spread from one to another

Chapter 4

autism (n): a Autism Spectrum Disorder, commonly characterized by social and communication differences, repetitive behaviors, intense specialized interests, and differences in sensory processing

Chapter 5

disdainful (adj): full of disdain (scorn, contempt)

Chapter 6

foraging (n): the acquisition of food by hunting, fishing, or the gathering of plant matter

Chapter 7

ADHD (n): attention deficit hyperactivity disorder: a neurologic difference often characterized by difficulties with executive function, lack of focus, hyperactivity, and/or impulsiveness

VOCAB

Chapter 8

sheer (adj): unqualified; not modified, limited, or restricted in any way

Chapter 9

stimming (n): the repetition of physical movements or noises, often in reaction to a mental or emotional state.

Chapter 11

anxiety (n): a state of uneasiness or tension caused by apprehension of possible future misfortune, danger, etc; worry

Chapter 12

bravado (n): a pretentious, swaggering display of courage

Chapter 13

stickler (n): a person who insists on something unyieldingly

Chapter 14

suppress (v): to hold in check; restrain

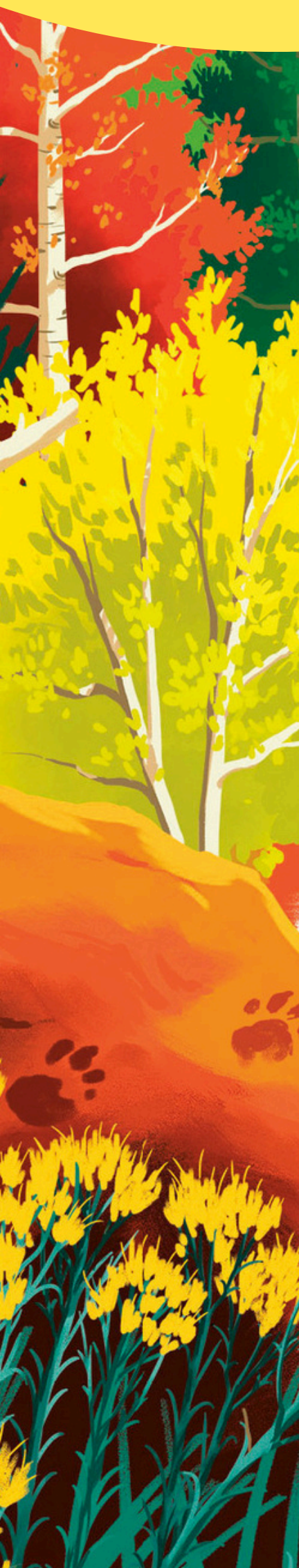
Chapter 15

reservoir (n): a natural or artificial lake used for collecting and storing water, especially for community water supply

Chapter 16

placate (v): to bring to a state of peace, quiet, ease, calm, or contentment; pacify; soothe

VOCAB



Chapter 17

flint (n): a hard stone that produces sparks when struck with steel

Chapter 18

celiac disease (n): a genetic, lifelong immune condition where eating gluten damages the small intestine. There is no medication or cure. People with celiac must avoid eating gluten

Chapter 19

gourmet (adj): involving high-quality or exotic ingredients and skilled preparation

Chapter 20

gallantly (adv): in a grand, showy, or magnificent way

Chapter 21

incrementally (adv): little by little; in small amounts over time

Chapter 22

coddling (v): to treat tenderly; pamper

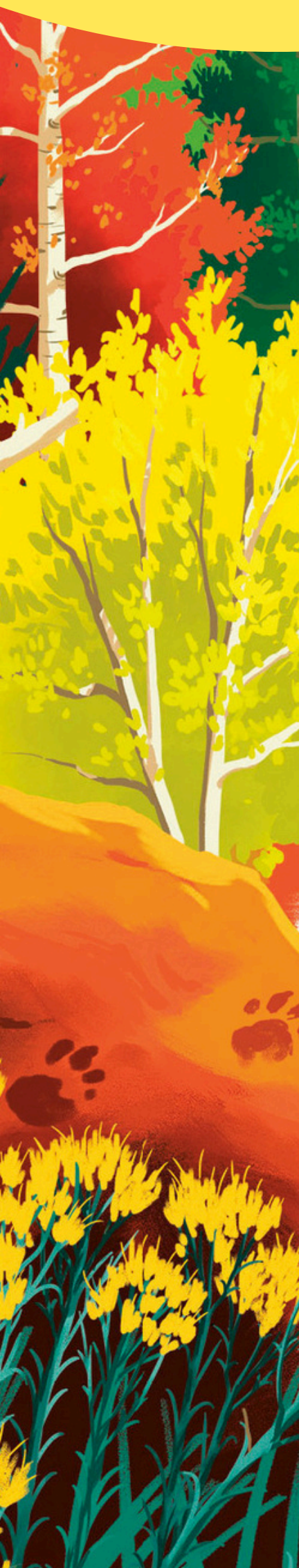
Chapter 23

unintelligible (adj): not able to be understood; incomprehensible

Chapter 24

anchored (v): to fix or fasten; affix firmly

VOCAB



Chapter 25

plummet (v): to drop down; plunge

Chapter 26

decimating (v): to kill or destroy a great number

Chapter 27

adrenaline (n): the feeling of excitement, alertness, and intensity caused by the release of epinephrine in the body

Chapter 28

paracord (n): (parachute cord) is a lightweight nylon rope with a strong outer weave and inner core strands, famous for its high strength-to-weight ratio and utility in survival

Chapter 29

impeccably (adv): in a way that is without fault or flaw

Chapter 30

indignant (adj): a feeling of displeasure at something considered unjust, offensive, or insulting

Chapter 31

sham (n): something that is not what it pretends to be

Chapter 32

outcrop (n): part of a rock formation that juts out of the Earth's surface

VOCAB

Chapter 33

scavenge (v): to gather something usable from discarded material

Chapter 34

ration (n): a fixed allowance of food

Chapter 35

ravine (n): a narrow valley often eroded by running water

Chapter 37

substantial (adj): ample; a considerable amount

Chapter 38

ghastly (adj): shockingly frightful or dreadful; horrible

Chapter 39

dubiously (adv): with a doubtful quality

Chapter 40

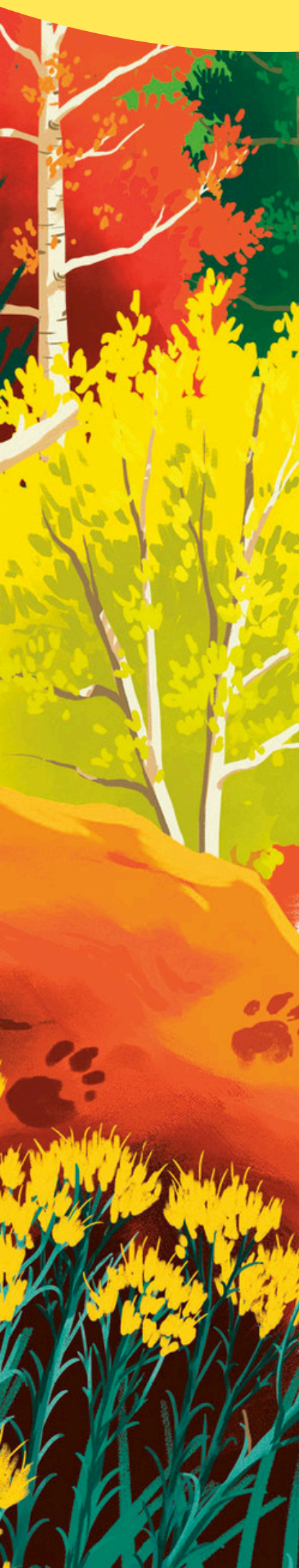
neurotypical (adj): showing typical neurological behavior and development.

Chapter 41

algorithm (n): the logical blueprint or "recipe" that tells a computer exactly how to process input data to produce a desired output



VOCAB



Chapter 42

panic attack (n): an intense attack of anxiety characterized by feelings of impending doom and trembling, sweating, pounding heart, and other physical symptoms

Chapter 43

altitude (n): the distance (height) above sea level on earth

Chapter 44

recalled (n): a summons by a manufacturer for the return of a product already sold to consumers but discovered to be defective, contaminated, or unsafe

Chapter 46

stagnant (adj): not flowing or running; stale

Chapter 47

flare (n): a bright blaze of fire or light used as a signal

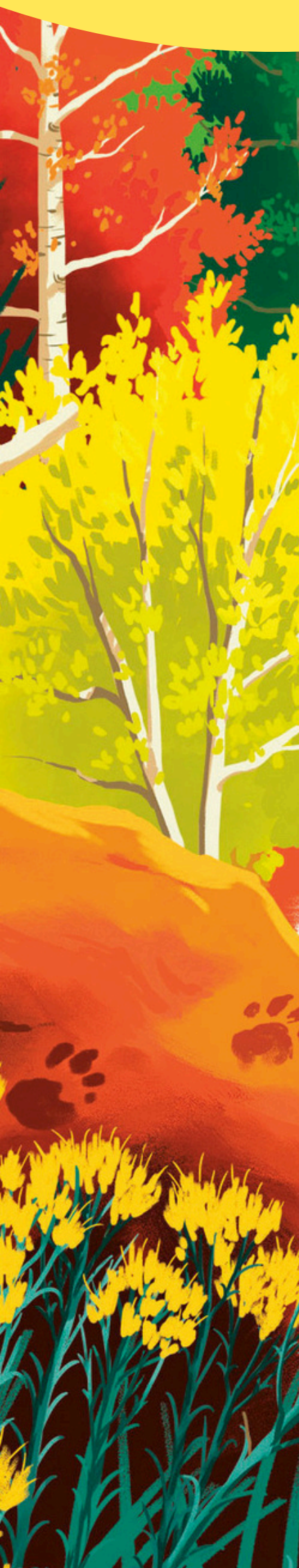
Chapter 48

periphery (n): in the context of vision: all that is visible to the eye outside the central area of focus

Chapter 49

sinewy (adj): having strong sinews; muscular; brawny.

VOCAB



Chapter 50

menacingly (adv): expressing a threat

Chapter 51

disoriented (adj): confused as to time or place; out of touch

Chapter 53

mantra (n): an often repeated word, formula, or phrase

Chapter 54

biding (v): in the context of time: to wait patiently for an opportunity

Chapter 55

envelops (v): to wrap up in; to surround entirely

Chapter 56

imperceptible (adj): very slight, gradual, or subtle

Chapter 57

sentimental (adj): tender emotions and feelings, such as love, pity, or nostalgia

Chapter 58

retraction (n): the withdrawal of a statement or endorsement