

Playing with Words

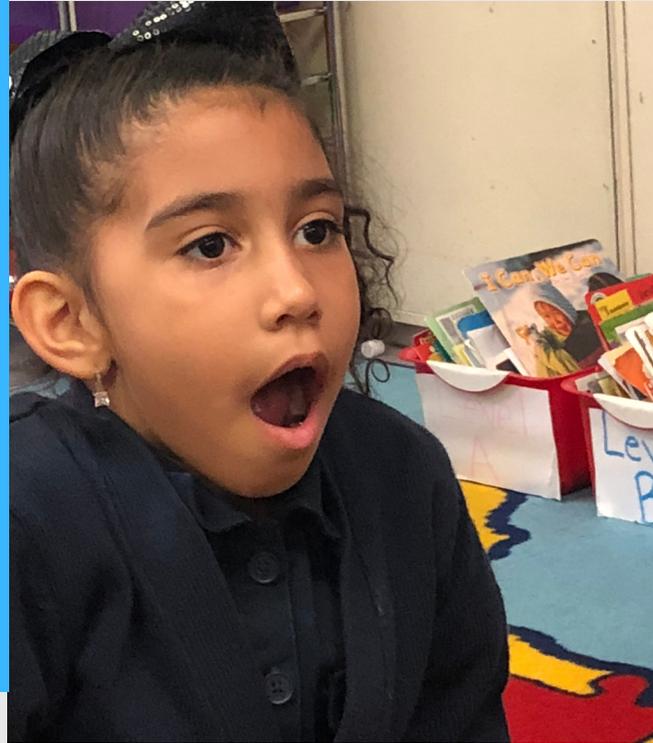
Best for ages 2-6

Skills Development:

Comfort with creating and creative thinking • language development • ability to see and recognize visual elements • ability to feel and understand the body and the body's movement • problem solving • following directions • large motor skills • working/playing together agreeably

Use your imagination and your body to solve different challenges.

- How many ways can you make a **CIRCLE** with your body? Count them out and make a chart on the wall.
- How many ways can you make your body into a **STRAIGHT** line?
- How many ways can you be in **CONTACT** with the floor? (Sitting, standing, touching hands to floor, etc.)



I Can

by Mari Evans

**I can be anything.
I can do anything.
I can think anything,
Big or tall or high or low,
Wide or narrow,
Fast or slow.
Because I can,
and
I
want
to!**



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Use your imagination and your body to act out different shapes or objects.

Freeze for 3 seconds (count it out loud) in each shape you act out.

- Can you make your body into a **STRAIGHT** line? A **CURVED** line? A **JAGGED** line? (Take a moment to look at all of the different lines) Can you make your body into all of those kinds of lines?
- Can you make your body very **WIDE**? Very **NARROW**? Very **LONG**? Very **SMALL**?
- Can we make our bodies into a **BRIDGE**? A big **CIRCLE**? One big straight line? A **SQUARE**?

When you are done, please read the poem entitled *I Can* by Mari Evans on the front page. Can you act out parts of the poem?

Vocabulary:

Straight

Curved

Jagged

Wide

Narrow

Long

Small

Bridge

Circle

Square

