I Can
by Mari Evans

I can be anything.
I can do anything.
I can think anything,
Big or tall or high or low,
Wide or narrow,
Fast or slow.
Because I can,
and
I
want
to!

Use your imagination and your body to solve different challenges.

- How many ways can you make a CIRCLE with your body? Count them out and make a chart on the wall.
- How many ways can you make your body into a STRAIGHT line?
- How many ways can you be in CONTACT with the floor? (Sitting, standing, touching hands to floor, etc.)

Skills Development:
Comfort with creating and creative thinking • language development • ability to see and recognize visual elements • ability to feel and understand the body and the body’s movement • problem solving • following directions • large motor skills • working/playing together agreeably

Playing with Words
Best for ages 2-6

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www.enchantedcircletheater.com
Use your imagination and your body to act out different shapes or objects.
Freeze for 3 seconds (count it out loud) in each shape you act out.

- Can you make your body into a STRAIGHT line? A CURVED line? A JAGGED line? (Take a moment to look at all of the different lines) Can you make your body into all of those kinds of lines?
- Can you make your body very WIDE? Very NARROW? Very LONG? Very SMALL?
- Can we make our bodies into a BRIDGE? A big CIRCLE? One big straight line? A SQUARE?

When you are done, please read the poem entitled *I Can* by Mari Evans on the front page. Can you act out parts of the poem?

**Vocabulary:**
- Straight
- Curved
- Jagged
- Wide
- Narrow
- Long
- Small
- Bridge
- Circle
- Square