

Participants Encouraged to Attend:

Orthopedic surgeons, emergency medicine providers, anesthesiologists, hospitalists, nurse practitioners, physician assistants, occupational therapists, physical therapists, athletic trainers, operating room nurses, and others caring for orthopedic patients.

Program Goals:

Educate attendees on evidence based best clinical practice in the care of orthopedic oncologic evaluation and management, nonoperative options for knee arthritis, athletic trainers' principles in evaluating musculoskeletal injuries, and optimal core strengthening for musculoskeletal rehabilitation.

Learning Objectives:

Participants will be able to:

1. Understand and recognize orthopedic oncological conditions, and initiate/coordinate appropriate clinical evaluation and treatment.
2. Understand and initiate nonoperative therapy for knee arthritis.
3. Understand and initiate field management using sports trainers' best practices for evaluation of musculoskeletal injuries.
4. Understand and recognize importance of core strengthening for musculoskeletal rehabilitation.

Accreditation:

Northern Light Eastern Maine Medical Center designates this live activity for a maximum of 3.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Northern Light Eastern Maine Medical Center is accredited by the Maine Medical Association's Committee on Continuing Medical Education to provide Continuing Medical Education (CME) to practicing physicians.

3.0 Contact Hours being pursued.

Successful completion of this activity requires sign in to register, attendance at entire activity, and completion of/handling in the evaluation. Depending on the program, more may be required of the participant and will be defined in the program announcement.

No conflict of interest exists with any planners or presenters.

Commercial support has NOT been received for this event.

This event is sponsored by Northern Light Eastern Maine Medical Center, Education Department Provider Unit, and it has the responsibility for planning, content, evaluation, and execution of this educational activity.

If there is vendor support of this educational activity, it does not imply Northern Light Eastern Maine Medical Center or ANA Maine approval or endorsement of any products.



Coordinated Musculoskeletal Care Across Maine

Virtual Orthopedic Symposium
via Zoom



Friday, April 30, 2021
1-5 pm

Join us for our Fourth Annual Orthopedic Symposium via Zoom. We look forward to providing top-notch musculoskeletal education to all.

No cost to attend, but registration required.



Coordinated Musculoskeletal Care Across Maine

Presenters:



Megan Anderson, MD

Orthopedic oncology surgeon
Beth Israel Deaconess
Medical Center and Boston
Children's Hospital



Erica Marsters, ATC

Northern Light Sports Health



Jeff Nicoletti, PA-C

Southern Maine Health Care
Orthopedics and Sports Medicine



J.P. Stowe, ATC

Program manager
Northern Light Sports Health



**Tina Weaver, PT, Dip. MDT,
FiTAAOMPT**

Northern Light Maine
Coast Hospital

Agenda:

1-1:15 pm

**Welcome and introductions and Northern Light
Health Orthopedic Service Line Update**

Jim Clarke, MD, Senior Vice President and Senior
Physician Executive and David Carmack, MD,
Orthopedic Service Line Physician Director,
Northern Light Eastern Maine Medical Center

1:15-2 pm

**Establishing orthopedic cancer care across
state boundaries**

Megan Anderson, MD

2-2:45 pm

Efficient athletic training care from field to clinic

J.P. Stowe, ATC and Erica Marsters, ATC

2:45-2:55 pm Break

2:55-3:40 pm

**Total care of the arthritic knee: What's out there
besides surgery?**

Jeff Nicoletti, PA-C

3:40-4:25 pm

**Best practice on core training for our patients -- a
fresh look at the research**

Tina Weaver, PT, Dip. MDT, FiTAAOMPT

4:25-5 pm

**Wrap up and virtual tour of operating rooms
(optional)**

Tour operating rooms virtually!



Open in 2017, our surgical services include:

Surgical patient reception

The modern, space features a welcome center,
two private check-in rooms, three private consult
rooms, and a play area for children.

Pre-operative bays

These private bays are used to prepare both
pediatric and adult patients for surgery.

Standard operating suites

The equipment in the operating suites is
suspended from the ceiling by heavy duty arms
called booms, freeing up space for staff and
improving safety.

Hybrid operating suites

Advanced imaging equipment takes digital imaging
shots inside the body in real time.

Post anesthesia care unit (PACU)

Our Post Anesthesia Care Unit, includes a new
streamlined process with two tiers of care to
ensure patients receive the right level of care at
the right time.

If you have questions about the symposium or registration please contact Amanda at afeero@northernlight.org.

Contact Amanda to register or go to: [emhs.zoom.us/meeting/register/
tJcqcO6opjgvGtDF6oXsOPerprYT8i78YFWK](https://emhs.zoom.us/meeting/register/tJcqcO6opjgvGtDF6oXsOPerprYT8i78YFWK)