



Doc Pratt Ministries' Newsletter

May/Jun
2025

What an incredible first six months we have had! Thank you to everyone who has joined and supported Doc Pratt Ministries! You are the reason we are successful!



Atomic Habits made a great book club! We learned how small, consistent changes in behavior can lead to remarkable transformations over time through the power of compound growth. James Clear's Four Laws explain how to make habits obvious, attractive, easy, and satisfying and how to break bad habits by making them hidden, unattractive, hard, and unsatisfying.

On June 17th, we started our new book, **The Other Half of Church**, which addresses the neurobiological research by Dr. Allan Schore which builds on Bowlby's Attachment Theory. Written by a "neurotheologian" and a pastor, the book explains the need for both the right-hemisphere's relational community and the rational left-hemisphere's intentional learning for genuine and lasting character transformation. Our western culture has taught us that all we need is the head knowledge that comes from books and didactic study, but neurobiology has shown the need for a "full-brained approach" for growth to last. What a great book!

Another book club will start soon, reading **Designing Your Life: How to Build a Well-Lived, Joyful Life**, which applies design thinking principles to career and life decisions, and show how to build a life you can thrive in at any age or stage and see failure as a learning opportunity. So excited for this to start!

Sam!!

Thanks, Sam, thanks for answering my question on Facebook May 5th! I wanted to know some great local places to host some DPM events this summer and fall, and he told me about **The Big Easy Desk - this great coworking space at 2111 Third St in Cuyahoga Falls.**

The Big Easy Desk!!

Thanks, Mark @ [BigEasyDesk.com](https://www.BigEasyDesk.com)!! Doc Pratt Ministries will be holding events at this great place that's just a block and a half from the Riverfront! **Watch your email for an invitation!** If you aren't on the email list yet, go to DocPrattMinistries.org/contact to sign-up so you **DON'T MISS OUT!** :)

SHOUT OUTS!!





The Chosen Blanket Fort is still going strong since starting in February 2024! We have watched the first four seasons of The Chosen twice through and have started the newly released season five! This group has become a beautiful embodiment of a "full-brained" community that learns together, loves each other, and supports each other through the ups and downs of life.

Our next **Game Night** is July 26th and has a lower-key atmosphere for true connection while playing card games like Uno or conversation cards (for some *really* good laughs!). If you prefer an environment that

caters to introverts, this is the Game Night for you! Message us at DocPrattMinistries.org/contact to get the specifics of time, place, and what kind of food we're having!

Thanks again to Mark @ BigEasyDesk.com, we are getting the pieces together for a **\$5 entry Scrabble tournament** very soon. A local restaurant will be sponsoring the event, and **there will be prizes for the top three winners!** For anyone who wants their Friday night to be a blast but doesn't want to compete, there's no cover charge for all the **music, food, and fun!**

Make sure you are signed up to receive email invitations so you don't miss out!

When it comes to Doc Pratt Ministries' events, FOMO* is a real threat!! Visit DocPrattMinistries.org/contact to GET ON ONE OF THE HOTTEST INVITE LISTS IN TOWN!

(*Fear Of Missing Out, in case you've been living under a rock 🤪)

Our weekly livestream **Inspirational Influencers** podcast, **Daily Brew** inspiration shorts, and **blogs** have been temporarily paused to allow for much needed work on Doc Pratt Ministries as we have already outgrown our previous structure (WOW!).

Watch your emails and social networks for the start date of our 8-week series, "Neuropsychological Foundations of Identity and Wellness."



Many, many, MANY thanks to you all for the generous donations that fulfilled Doc Pratt Ministries' financial needs for January through June and **only \$1500 is needed for July!** If you would like to know more about our curriculum, *The Six Dimensions of Health & Wellness*, or the programs and services that Doc Pratt Ministries provides, scan the QR below.

If you are interested in financially supporting us, THANK YOU! Visit DocPrattMinistries.org/support.

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