## 2023 HAWC Hero Nomination Form

Please help the Health and Wellness Coalition for Runnels County recognize those who go above and beyond to promote health and wellness in Runnels county! Nominations may include anyone in the community who has exemplified leadership, service and has a heart for promoting wellness and healing. The heroes the HAWC aims to recognize will include advocates for behavioral health and well-being as well as physical health.

The HAWC intends to recognize at least two people each year. The first will be someone who has improved the health and wellbeing of Runnels county residents over a period of time, be it during a disaster, a year, a career or a lifetime of service. This can be any person who assisted in our county either as a professional or a volunteer. The second hero, either professional or volunteer, will come from one those designated as first responders plus for their recent service to the public. In the future this will usually be for the year prior to the recognition but for this year it can be for 2022 or for the time of COVID. So please help us recognize the hearts of this community!

Name of Person Making Nomination: \_\_\_\_\_

Name of Person Nominated:

My nomination deserves this recognition because:

Please return nominations by March 31, 2023. This can be done by email to llnitsch@yahoo.com or through HAWC4RC.org, by physical mail to P.O. Box 518, Ballinger, Texas 76821 or in person at Ballinger Home Health, 818 Hutchings Avenue in Ballinger or West Texas Centers Behavioral Health Clinic, 126 State Street in Winters.