



Family Support Newcastle  
your family, our community

Family Support Newcastle invites dads and male caregivers with some experience in group work, to a FREE 6 week group:



# Dads in Connection

Join our group program mapping paths for connection, supporting dads growth for themselves and their kids



*Separate activity group for children available if needed*

## WHEN

Monday nights  
5.30pm - 7.30pm

*Light supper provided*

## DATES

3rd Aug  
- 7th Sept  
2026

## WHERE

Waratah Family  
Centre, 2 High St  
Waratah  
Awabakal Country

### Topics include:

- Being a dad in today's world
- Understanding how our past affects our parenting
- Self-awareness, self-regulation and self-compassion
- Understanding emotions and tuning in
- Communication and relationships



For dads who have some experience in group work

To register or enquire call **4926 3577** or text **0490331275**



The Family Relationships and Skills program and the Separated Dads program are funded by the Australian Government through Family Support Newcastle

