



Annual Report 2009
Newcastle Family Support Services Inc





Annual Report 2009

Newcastle Family Support Services Inc

About us

Newcastle Family Support Services is a non-government incorporated association that has been providing services to families with children in the Lower Hunter Region for over 30 years.

We have a vision of families flourishing as they raise resilient children in a just society. We optimistically pursue this vision by providing services that include:

- Counselling and individual assistance, either in the home or at a centre
- Therapeutic group programs with associated child development activities
- Supported playtime activities
- Community work and
- A family centre with a therapeutic community approach.

We believe that parents have a desire for their children to grow up to be good citizens with healthy self esteem and resilience. We believe that with appropriate support most families can achieve this.

As we work with families we are informed by these core values:

- All people have the ability and right to participate in decision making about their lives, the services that they receive and their community
- All people must be treated with respect: including honesty, generosity, equity and empathy.
- Open, inclusive, secure and socially just communities are vital to the wellbeing of families
- The social context of a family impacts on them and must be considered in our work.



What we do and how we do it

Individual family work

Our work with individual families, usually in the **family's home**, is a significant proportion of our work. It is the service that is most commonly requested. Unfortunately, we regularly are unable to meet all requests for individual assistance. Typically a family worker contacts the family within one week from referral and

consults with the family about a suitable time and venue to meet. We aim to meet with as many members of the family as possible, believing that all members will have valuable contributions to make. Of course, this may not be possible, particularly if the referral is from a member of the family who may wish to leave a family violence situation. Over this year we received 385 requests for individual family work and provided this assistance to 199 families. Typically 90% of the families that provide feedback on this type of assistance report that the work contributes to improvements in their family life.

Valda* is a 40 year old woman with an adult daughter and two teenage sons that she cares for. She is from a CALD background, speaks English with some difficulty and has been isolated for a very long time. Her husband has been abusive for the past 15 years. When we started working with Valda, one son was finding it difficult to attend school. He was responding to a strong desire to protect his mother. Valda was very worried about him losing opportunities associated with a good education.

Valda contacted us because she wanted some friends. At the first visit she **asked the family worker how 'Australian' women were able to have freedom.** She already had an AVO in place but had never contacted police when it was breached. Our work together started where she was at: talking about opportunities to meet people. At the same time, our concern for her safety meant that we continually talked about how she would maintain her safety as she explored possibilities for meeting people. We talked about the AVO and what could happen if she called the police when it was breached. We linked her to some services and opportunities to practise English in a social setting.

Between the 4th and 5th family visit, her husband breached his AVO. She called the police and he was removed from the house.

She has now made detailed safety plans, her son has enthusiastically resumed his education and the husband has not returned to the home. She is making friends.

***Note that many details have been changed to protect the family's identity**

Bruce and Kim have 2 teenage daughters Mary 10 and Jessica 14*. Kim has difficulties with English. Bruce has a chronic and debilitating illness. There had been some family violence in the past. Bruce had moved out and was living in the same neighbourhood with a friend. The eldest girl had stopped attending school, would not talk with her father, was drinking alcohol and leaving home for days at a time. Her father was angry and blaming of her and had closed off from her. When the family worker visited **the first time Jessica was greatly distressed at the father's ongoing** rejection. Bruce was very defensive. However, the whole family attended family meetings with the family worker. They developed rules for communicating during these meetings and participated in a variety of therapeutic exercises. Jessica returned to school.

During one memorable visit, Jessica talked about her experience of Bruce. He provided a half hearted apology and was challenged to think about how this might be perceived. He was able to reflect on this and consequently was able to make a heartfelt apology.

This story is a remarkable demonstration of the willingness of people to be assisted out of their stuck-ness and the generosity that family members can show when they see others changing.

At the completion of the family work, they made a group agreement about the values that they would live by as a family. They were all prepared to hold themselves and each other accountable.

***Note that many details have been changed to protect the family's identity**

Group programs

Over the year we provided 31 group programs for parents. 25 of these groups ran **associated children's programs** and 176 children attended these activities. These programs were mostly provided in association with other organisations. This year we collaborated with agencies as varied as Northern Settlement Services, McAuley Outreach, schools as community centres and **Women's refuges**.

The group programs are provided in ways that emphasise family participation: after initial consultation with collaborating agencies about identified needs takes place, a group program is developed and promoted. At the initial session, participants are invited to contribute to determining the topics/issues that will be addressed in the sessions. The group leader responds flexibly to these issues and designs the program accordingly. This year 306 parents participated in programs. Figure 1 describes improvements noted by the 141 parents who completed the NFSS form enquiring about the impact of the group program on their family life.

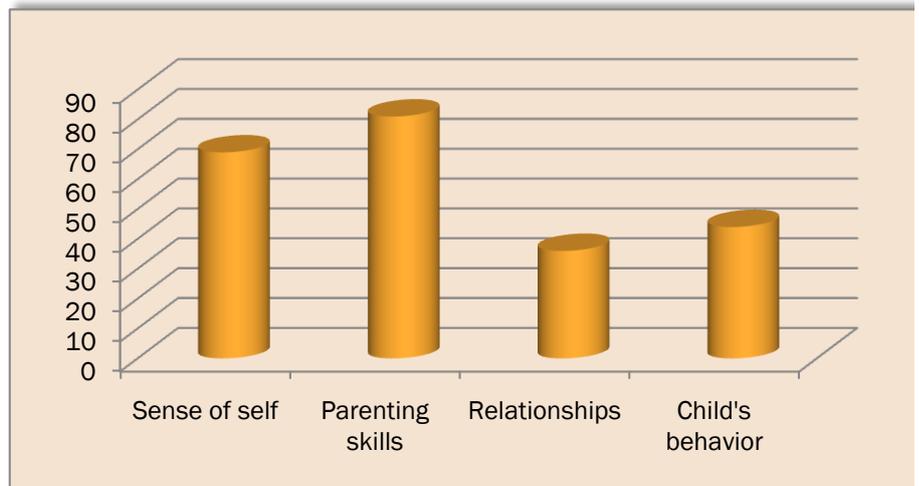


Figure 1 No of group participants who noted improvement

“This information was useful: I learnt new skills about parenting but I need more time to learn about Australian culture.....it is different to my country”

A flexible approach to parenting programs is most beneficial when it comes to working with newly arrived refugee families. We ran several parenting programs for mothers and one for fathers during the year. These groups were conducted with interpreters and took a less structured approach to course content. Topics ranged from how to get Teen Dental Vouchers to Australian child protection policy and learning about Australian culture.

Initial engagement with these families also required considerable flexibility and investment of time. Workers were usually successful if they had the ability to work in less formal ways: **attending community activities and ‘hanging around’,** responding to the requirements of the moment, **or even getting one’s** hair braided.

“Keeping Your Cool” is a group program that explores anger: what it is, when it’s helpful, when it’s harmful and how to respond to it.

Kerri*, a sole parent, spoke about her difficulties in asking for practical support from her extended family who were continually leaving their children with her. She was feeling exhausted, exploited and resentful and was often having angry outbursts at her children. However, she noticed herself becoming more assertive as the group progressed, and started putting boundaries in place. Finally she was able to ask in an assertive way for support. Family members responded positively. As well, she started **saying ‘no’ to babysitting when it did not suit her.** Her relationship with her daughters and her extended family improved significantly.

***Note that many details have been changed to protect the family’s identity**



Family centre

The family centre is a key place for developing a sense of community in our service. It is a valuable opportunity for many families who have been isolated to develop an understanding of processes that support resilient family and community relationships. Our family centre operates three days a week. We aim to use all the usual situations that occur when a bunch of people gather as opportunities for staff, volunteers and families to learn together. Thus, when the play area is left messy at the end of the day, ideas for ensuring that staff are not left cleaning up after everyone are explored with all the participants. If a family member is angry with another person, we will assist them to talk with the person respectfully, at the same time supporting the other person to be able to hear and respond to the issues raised.

Jodi* has suffered with depression since having her first child. She was going through a particularly stressful time, and the family worker received a phone call from her saying she had been unable to move off the couch for a few days and was feeling very unwell. Jodi had never wanted to come into the centre before, but identified that social isolation was a contributing factor to her low mood, and being at home alone all day wasn't helping her depression. The family worker visited and they arranged to attend the family centre together the next day for cooking and lunch. The family worker picked her up and brought her into the centre, where the centre worker and assistant welcomed her. She joined in lunch and discussions while her family worker went on another home visit. Jodi noted how challenging it was, but she felt welcomed and found a sense of belonging. She has since become a volunteer and is considering returning to tertiary education. For Jodi, the centre was indeed a therapeutic place to be.

***Note that many details have been changed to protect the family's identity**

Aboriginal families

The service has had funding to provide family support services to Aboriginal families for many years. It was initially provided with the aim of increasing the accessibility of mainstream organisations. In the early years, Aboriginal families tended to only access the services that were funded through Koti Bulla Umullan; the program that was specifically for Aboriginal families. In recent times though, we have been pleased to notice that Aboriginal families are increasingly accessing our mainstream programs as well. The following story is an example.

A 12 year old Aboriginal girl Kate* who is living in her **Aunty Joan's** care has been blossoming: she was placed with Aunty Joan (also Aboriginal) by DoCS because she had experienced neglect and been significantly physically and psychologically abused by her father, who was drug-affected. Aunty Joan has a serious mental illness, with 'homicidal tendencies', and has a live-in carer. When the family worker first became involved, about eighteen months ago, Aunty Joan felt like she didn't know how to parent the child (her own children had all been removed from her care when they were young), and her own mental health and medication made learning about this difficult. In the eighteen months since our involvement, the family worker has observed Aunty Joan developing a strong, safe and loving relationship with Kate, and implementing new parenting strategies with considerable success. She has been well-supported in this by her carer. When she was first placed with family, Kate was self-harming, threatening suicide, and showing other worrying/antisocial behaviour. Over time she has started enjoying school, become more open and relaxed, developed friendships, found outlets for her significant creative talents and begun participating in sport and other extracurricular stuff. Her creativity is being noticed and appreciated with public awards. She has been supported to have safe and constructive contact with both her parents, and other extended family. It has been quite amazing to witness.

*Note that many details have been changed to **protect the family's identity**

Playtime Plus

In providing our playtime activities, we have developed particular processes that **enhance parent's relationships with their** children while providing developmental activities for the children. During the activities, parents are supported by family workers to increase their knowledge of their children, develop their skills in responding to their children's **growing** social awareness and enhance their understanding of child development.



This year, Playtime Plus programs have been provided in two venues: a shopping centre in an area where young families are commonly isolated or are from marginalised communities; and our family centre. Parents' participation in the ongoing activities may be sporadic and low key (particularly at the shopping centre venue) or be part of case managed activities designed to achieve particular goals that the family has identified.

Over the year 61 families have attended the activities. Families who attend note the value of learning to play with their children. Additionally of course, new friendships are made and community connections are strengthened.

Locating in a shopping centre has made the program very visible to families who may not have previously engaged with support services. There is a sense of community for the families that regularly come. It provides a welcoming and inclusive environment for the families that attend less frequently. The playtime is provided in an area with a significant population of culturally and linguistically diverse families where mothers are frequently newly arrived in Australia and very isolated. We have been excited by the connections that we have seen develop as they make new friends through this activity.

"It has been a huge success with our family and every Wednesday morning there is always a buzz of excitement in our house getting ready for playgroup."

Jay* noticed the playtime activity one day when she was shopping and shyly joined in. She told the family worker that she did not know anyone in the area and was very lonely. She came back the next week. Another woman came that week. They spoke the same language. They have become friends and have enrolled their children in the same preschool. Now there are social activities, **including children's birthdays**, not just with these two women but many members of the group.

***Note that many details have been changed to protect the family's identity**



Fathers in families

NFSS has always believed that it is important that fathers participate in family life; making strong connections with their children and participating in the decision making about their lives. We provide group programs and family work services particularly aimed at men with caring roles in families with children. This year we have provided service to 166 fathers. We were able to get feedback from 60% of fathers who receive services. Of these, 90% indicate that the work has been helpful.

John* was referred to our service earlier this year. He and his partner had migrated recently and purchased a house. They were struggling with isolation, serious medical concerns for three of their children and resultant financial stress. They were having relationship difficulties and John was experiencing serious workplace bullying. John was exhausted. John had slapped one of the children (despite both parents having a commitment that they would never use physical punishment). He was very anxious about jeopardising their dream of life in Australia.

Our work with John has been a slow process of building trust and taking **small steps exploring stories of resistance and creativity in dealing with life's** challenges. He has found this difficult but has stuck with the work. Our work together has helped him develop some clarity and strategies for responding to the challenges, including how he and his partner can get enough rest.

We have combined this counselling with practical information about resources.

Recently John and his partner have begun to meet people with similar interests and are beginning to forge friendships. John is seeking out resources and information to deal with the harassment.

***Note that many details have been changed to protect the family's identity**

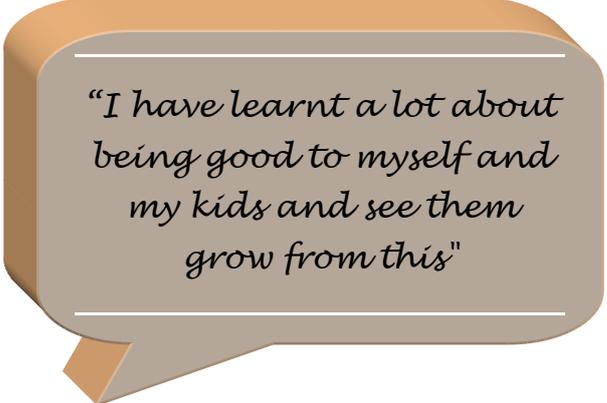
Families dealing with mental health issues

Over recent years we have noted a significant increase in the number of families that we work with where a family member has a mental illness: upwards of 50%. **As we have implemented our Headin' Up project, we have** been able to increase the services that we can offer to these families. This has had a positive impact on the outcomes for children. In this project we have worked with 65 families providing

support including weekly home visits, group programs and access to telephone support at other times.

8 families have participated in an 18 month Emotional Wisdom program based on dialectic behaviour therapy principles. This work has demonstrated the value of being able to offer reasonably intensive support to families. It required considerable commitment from participants: regular attendance at the group, individual counselling, homework and self reflection.

All 8 families reported significant improvements in their lives. 3 of the families completed the whole 18 month program.



"I have learnt a lot about being good to myself and my kids and see them grow from this"

Harriet* is a mother of Filipino background with two young children who had been experiencing symptoms of mood disorder including suicidal thoughts and social withdrawal. As she worked with a family worker she was able to identify the impact of past domestic violence and sexual abuse on her mental health. She was linked to other services including playtime activities, the family centre and mental health services and she became more socially active.

As the work proceeded she noted that her mood had become significantly more settled and she is now considering goals such as further study.

*Note that many details have been changed to protect the **family's identity**

Headin' Up has a particular emphasis on connecting with Aboriginal families experiencing mental illness. We are collaborating with Awabakal Newcastle Aboriginal Co-Op and have commenced a traditional basket weaving group as a means of supporting Aboriginal women to connect with their culture while talking about the impact of mental illness on their families.

Wendy* is an Aboriginal mother previously diagnosed with borderline personality disorder. She has one young child in her care. She joined the traditional basket weaving group and despite considerable ambivalence, she has become a regular participant. Her confidence has increased and emotional wellbeing is improved. She continues to explore and understand her Aboriginal identity. This has led to her being strong enough to challenge racism. Recently, she has worked with staff to prepare a poster presentation about the group program for a national mental health conference.

*Note that many details have been changed to protect the family's identity

How we are supported to do this work

Our funding

NFSS receives funding from a range of state and federal government funding programs as described in Figure 2.

Over the year we have received many donations that have supported our work:

- Microsoft & Donortec: software
- Environmental Services: office modification assessment
- White Ribbon Breakfast Committee: a donation to support services for fathers
- Quilting for Sanity: a quilt

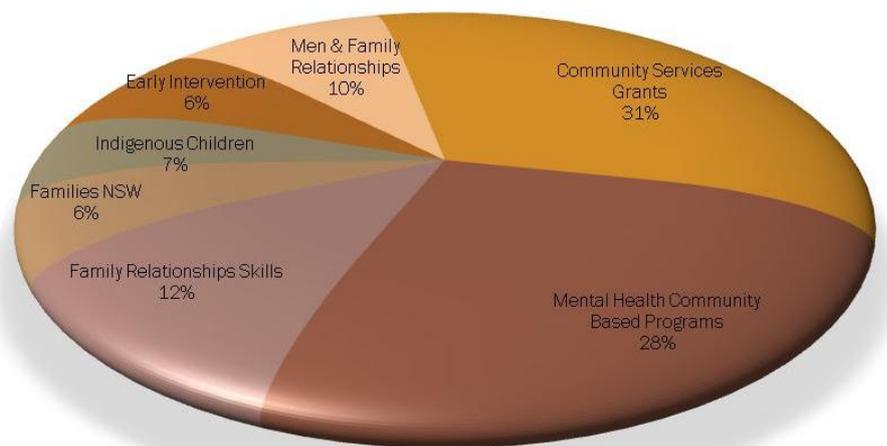


Figure 2 Funding sources

Our board

NFSS is directed by a hardworking Board that consists of community members and past or present clients of the service. The Board works closely with senior managers to ensure that the organisation is providing high quality services to families in ways that



reflect the organisation's values. Senior managers appreciate their collaborative approach to the work and the many perspectives they bring.

Our staff

Twenty four permanent staff members and another ten casual staff work directly with families and children. Other staff provide administrative, IT and management support. The combined team has a wide diversity of skills and passions – all directed to enhancing the well being of children and their families. Staff members come from a range of backgrounds – cultural, professional, life style and life experiences.

Together we laugh loudly, argue passionately, cry buckets, tear our hair out, learn, teach and move forward boldly or tentatively. We maintain our optimism by watching on as families overcome huge obstacles in their pursuit of better lives for their children. Some families take wee, tiny steps; others make giant leaps and bounds.

Staff members invariably find themselves enriched by the experience despite the sometimes overwhelming stories of hardship, the constant battle to obtain justice and the lack of resources to assist all the families that request help.



“I am extremely happy and honoured to be a part of this organisation”

Our volunteers

Families who have been involved with the service often become volunteers, helping the service to help other families. Fourteen volunteers have helped us over the year. They have assisted in a range of roles including cleaning, gardening, shopping, assisting at Playtime Plus activities, food preparation, administration and the preparation of the family newsletter.



"I enjoy helping out and the friendships I have made. I wanted to contribute to the centre because of how supportive and great everyone was in my time of need."

Some significant achievements

30th anniversary

This year we celebrated thirty years of providing services to children and families. One small Family Support Project was initially funded by the Australian Government and auspiced by Newcastle Neighbourhood Centre 31 years ago. As the years progressed, funding for the project was transferred to the NSW government; we applied for further funding, amalgamated with Wallsend Family Support Project and gradually grew to the point where the original funded program is now approximately 20% of our total funding.



"NFSS has been so awesome to me and my girls. A big thank you for being part of our lives"

Throughout the years we have regularly reviewed our philosophy and values to ensure that they remain relevant. We have been heartened to know that research has consistently validated the philosophy that has under-pinned the service since its inception: client participation in decision making about the services that they receive.

To help us celebrate our 30th birthday we invited past and present clients, Board members, staff and friends of the service to two events: a family picnic day and a celebration dinner. Over 200 people joined in the celebration.

A new client management system

For several years we have been working to develop a data set and client management system that would facilitate an ability to provide solid evaluation of the effectiveness of our work. Over this year staff members have been implementing the new processes with much patience and fortitude, despite the inevitable challenges. Fortunately, we have been able to retain a sense of humour (and our software developer) for the duration. Towards the end of the year the first reports were generated and we have begun to experience the research and development possibilities that can arise from the collection of good data.

In conclusion

We would like to thank all the organisations and individuals that have supported our work over the past year: funders, donors and other community organisations. In addition we would like to thank all the families and friends of board members, staff and volunteers who often end up participating, or helping in some way in our various activities.



NEWCASTLE FAMILY SUPPORT SERVICES INC.

COMMITTEES REPORT

Your committee members submit the financial report of Newcastle Family Support Services Inc. (Non-Reporting) for the year ended 30 June 2009.

COMMITTEE MEMBERS

The names of the committee members throughout the year and at the date of this report are:

Evelyn Apthorpe
Tracey Ledden
Joanne Black
Chris Crump
Jacinda Warner
Sharlene Dyer
Lorraine Humphris-North
Val Rutherford
Bernie Coulter
Ruth Spence

MISSION STATEMENT

Newcastle Family Support Services has a vision of families flourishing in just and strong communities. We contribute to this vision by providing services which promote the well-being of individuals, families and communities. We do this through the provision of services to families with children, who are experiencing ongoing hardship.

SIGNIFICANT CHANGES

No significant change in the nature of these activities occurred during the year.

OPERATING RESULT

The net surplus for the year amounted to \$1,468 compared to a surplus of \$4,767 last year.

Signed in accordance with a resolution of the Members of the Committee:



- Committee Member
JOANNE BLACK



- Committee Member
CHRIS CRUMP.

Dated this day of
11 SEPTEMBER 2009.

CROSBIE WARREN SINCLAIR

ACCOUNTANTS & BUSINESS ADVISERS

NEWCASTLE FAMILY SUPPORT SERVICES INC.

INDEPENDENT AUDIT REPORT TO MEMBERS

SCOPE

We have audited the financial report, being a special purpose financial report, of Newcastle Family Support Services Inc. (Non-Reporting) comprising the Income Statement, Balance Sheet, accompanying notes to the financial statements and Committees Declaration for the year ended 30 June 2009.

Committee's Responsibility

The Committee of the association is responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements, which form part of the financial report, are consistent with the financial reporting requirements of the Associations Incorporations Act NSW and are appropriate to meet the needs of the members and Funding Bodies to which they must report to. The Committee's responsibilities also include establishing and maintaining internal controls relevant to the preparation and fair presentation of the financial report that it is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free of material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances but not for the purpose of expressing an opinion on the effectiveness of the entity's internal controls. An audit also involves evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Committee as well as evaluating the overall presentation of the financial report.

The financial report has been prepared for the distribution to members for the purpose of fulfilling the requirements of the Associations Incorporation Act NSW and also to Funding Bodies to which they must report. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

We believe that the audit evidence that we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Newcastle Family Support Services Inc.

INDEPENDANT AUDIT REPORT TO MEMBERS (CONT.)

Independance

In conducting our audit we have complied with the independance requirements of Australian Professional Ethical Pronouncements.

QUALIFICATION

The financial report for the year ended 30 June 2008 was audited by another auditor, Gary Cox, whose report dated 18 September 2008 expressed a qualified opinion on that report on the basis of limitation in respect of cash receipts. Because we were appointed auditors during the financial year there were certain procedures we were not able to perform in relation to obtaining sufficient audit evidence in respect of comparatives and opening balances in the financial report.

AUDITOR'S OPINION

In our opinion, except for the effect of such adjustments, if any, that might have been determined to be necessary had we been able to satisfy ourselves regarding the comparatives, the financial report of

Newcastle Family Support Services Inc.

(Non-Reporting) presents fairly in all material respects the financial position of NEWCASTLE FAMILY SUPPORT SERVICES INC. as of 30 June 2009 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements and the funding agreement.

K. Porteous

K. PORTEOUS CA
Partner

Crosbie Warren Sinclair Partners
(Auditor Reg. No. 276970)
CROSBIE WARREN SINCLAIR PARTNERS,
Certified Practising Accountants.

Dated at Warabrook,

11 September 2009

NEWCASTLE FAMILY SUPPORT SERVICES INC.

COMMITTEES DECLARATION

The Committee has determined that the Association is not a reporting entity and that this special purpose financial report should be prepared in accordance with accounting policies outlined in Note 1 to the financial statements.

In the opinion of the committee the financial report comprising the income and expenditure statement, balance sheet and notes to and forming part of the accounts:-

1. Presents a true and fair view of the financial position of Newcastle Family Support Services Inc. (Non-Reporting) as at 2009 and its performance for the year ended on that date and in accordance with the accounting policies as set out in Note 1.
2. Funds have been expended in accordance with Funding Agreements and for the purpose in which they were granted.
3. At the date of this statement, there are reasonable grounds to believe that Newcastle Family Support Services Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:



- Committee Member
JO-ANNE BLACK



- Committee Member
CHRIS CRUMP

Dated this day of
11 SEPTEMBER 2009.

NEWCASTLE FAMILY SUPPORT SERVICES INC.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2009

Statement of Accounting Policies

The financial report is a special purpose financial report and has been prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act NSW and the Funding Agreement. The Committee has determined that the association is not a reporting entity and therefore there is no requirement to apply all Australian Accounting Standards and other mandatory reporting requirements in the preparation and presentation of this financial report.

The financial report has been prepared in accordance with the requirement of the Associations Incorporation Act NSW and the following Australian Accounting Standards:-

AASB 1031 - Materiality

AASB 110 - Events After Balance Date

AASB 124 - Related Parties

No other applicable Accounting Standards, Australian Accounting Interpretations or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The financial report has been prepared on an accruals basis and is based on historic costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following material accounting policies, which are consistent with the prior year unless otherwise stated, have been adopted in the preparation of this financial report.

Income Tax

The Service is exempt from Income Tax under section 50-10 of the Income Tax Assessment Act 1997.

Property, Plant and Equipment

Costs in relation to fixed assets acquired with grant funding are expensed as incurred. No expenditure exceeding \$5,000 was incurred in the current year. Fixed assets acquired with non-grant funding are depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use.

The Association may receive funding for a specific project of which some expenses relate to fixed assets. In this case fixed assets are shown as an expense of the specific non-recurrent funding income in accordance with the Funding Agreement.

Employee Benefits

Provision is made for the Association's liability for employee entitlements arising from service rendered by employees to balance date. Employee entitlements expected to be settled within one year together with entitlements arising from wages and salaries, annual and sick leave which will be settled after one year have been measured at their nominal amount. Entitlements expected to be settled later than one year have been measured at the present value of the estimated future cash outflows to be made for those entitlements using appropriate estimation techniques. The Association also provides for relief staff which may be required should a long term staff member be required to take extended leave. The provision accrued in relation to this type of leave is brought to account on the basis the employee will take the leave and casual staff would be hired in this instance.

Provisions

Provisions are recognised when the Association has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. Provisions are measured as the best estimate of the amounts required to settle the obligation at reporting date. The Association has provided for grant funds which have not been expended at balance date but which will be expended in a future period in accordance with the funding agreement.

Trade Debtors

Trade debtors are carried at amounts due. The recoverability of debts is assessed at balance date and specific provisions made for any doubtful debts.

Accounts Payable

Liabilities are recognised for amounts to be paid in the future for goods or services received whether or not billed to the service. Trade accounts payable are normally settled within 30 days.

Revenue Recognition*Grant Revenue*

Income from government grants is brought to account when the grant is received by the Service. Unexpended grant revenue which may be carried forward to a later period is shown as a liability as detailed above in Provisions.

Service Revenue

Service revenue comprises revenue earned (net of returns, discounts and allowances) from the provision of products or services to entities outside the service. Service revenue is recognised when the goods are provided, or when the fee in respect of services provided is receivable.

Interest Income

Interest income is recognised as it accrues.

Asset Sales

The gross proceeds of asset sales are included as revenue of the Service. The profit or loss on disposal of assets is brought to account at the date an unconditional contract of sale is signed.

Other Revenue

Other revenue is recognised as it accrues.

Goods and Services Tax

Revenues, expenses and assets are recognised net of the amount of goods and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO). In these circumstances, the GST is recognised as part of the cost of acquisition of the asset or as part of an item of expense. Receivables and payables are stated with the amount of GST included. The net amount of GST recoverable from or payable to, the ATO is included as a current asset or liability in the Balance Sheet. Cashflows are included in the Statement of Cash Flows on a gross basis. The GST components of cash flows arising from investing and financing activities which are recoverable from, or payable to, the ATO are classified as operating cash flows.

Incorporation Details

Newcastle Family Support Services Inc. is incorporated in Australia under the Associations Incorporation Act 1984.

Comparatives

When required by stated accounting policies, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

Newcastle Family Support Services Inc

Balance Sheet

June 2009

Assets	2009	2008
Current Assets		
Working Cheque Account	-27,505	-17,819
Maxi-Direct	707,547	719,187
Petty Cash	2,004	1,550
Coles Gift Card	866	309
Undeposited Funds	241	0
Trade Debtors	3,490	6,215
Total Current Assets	688,644	709,442
Non-Current Assets		
Furniture & Equipment at Cost	75,840	75,840
Less: Accumulated Depreciation	-75,840	-75,840
Total Non-Current Assets	0	0
Total Assets	686,644	709,442
Liabilities		
Creditors & Accruals		
Westpac Credit Card	3,392	1,860
Accruals	1,364	18,885
Creditors - JCC	528	398
Creditors - Nina's IGA		
Creditors - Key Deposits		
Total Creditors & Accruals	5,031	21,144
Pre-paid Grants	1,364	5,909
GST Liabilities	-113	29
Provisions		
Prov for Long Service Leave	75,629	69,320
Provision for Annual Leave	64,701	66,597
Prov Annual Leave Loading	10,899	11,014
Prov Leave Relief	36,165	36,614
Provision for Property Costs	40,784	23,670
Prov-Project Completion CWS	10,258	9,844
Enhancing NFSP Provision	20,558	22,078
Provision for Equip Aquisition	54,991	41,494
Provision for IT Development	34,915	38,523
Kits	0	3,481
Enhancing FSS Training Prov(EI	0	9,212
Management Funds	0	70,606
Provison for Hunter FSS	4,067	2,103
Provision for Headin Up Comple	217,689	260,231
Workers Compensation Payable	7,343	6,998
Provision for Audit	8,250	4,700
Total Provisions	586,249	676,485
Payroll PAYG Liabilities	0	0
Total Liabilities	592,531	703,557
Net Assets	94,113	5,885
Equity		
Retained Earnings NG	90,675	5,536
Retained Earnings FSP	391	-2,719
Retained Earnings FF	296	-615
Retained Earnings FSK	-409	-472
Retained Earnings Mens	1,774	-860
Retained Earnings Indigenous	-586	-22
FRCEI	124	269
Current Earnings	1,848	4,767
Total Equity	94,113	5,885

Newcastle Family Support Services Inc

Consolidated Report Income & Expenditure Statement

July 2008 through June 2009

Income	08/09	07/08
Grants Received	1,436,798	1,413,207
Grant Income Owing	0	0
Interest Received	38,876	43,305
Miscellaneous Income	4,549	11,243
Consultancy	1,517	2,051
Membership Fees/Donations	10,322	2,853
Resource Sales/Publications Sales	0	0
Total Income	1,492,061	1,472,659
Expense		
Salaries	1,128,957	855,035
Salaries On Costs	148,978	109,939
Other HR Costs	41,734	23,476
Total HR Costs	1,319,669	988,449
Travel	32,094	23,334
Total Travel	32,094	23,334
Operational Costs		
Accounting & Audit Fees	8,250	4,091
Administration Costs	71,660	49,946
Program Activity Costs	33,004	26,159
Equipment	20,391	28,489
Property Costs	51,693	44,170
Total Operational Costs	184,998	152,855
Total Expense	1,536,761	1,164,638
Provisions		
Provision for Annual Leave	-1,895	8,731
Provision for A/L Loading	-115	0
Provision for LSL	18,732	12,819
Provision for Leave Relief	0	0
Prov for Equipment Aquisition	0	13,985
Provision Other	-20,729	7,488
Provision for Project Completion	-42,541	260,231
Total Provisions	-46,548	303,253
Surplus/Deficit	1,848	4,767

Joy Cummings Centre

Balance Sheet

June 2009

Assets	2009	2008
Current Assets		
Cheque Account - @ CBA	10,789	14,653
Debtors	2,703	2,087
Total Current Asset	13,492	16,740
Non-Current Assets		
Furniture & Equipment at Cost	1,860	1,860
Less: Accum. Depreciation	-340	-340
Total Non-Current Assets	1,520	1,520
Total Assets	15,012	18,260
Liabilities		
Current Liabilities		
Creditors & Accruals	1,591	1,356
GST Liabilities	156	156
Total Liabilities	1,747	1,512
Net Assets	13,265	16,748
Accumulated Funds		
Opening Balance	16,748	11,378
Surplus/Deficit for Year	-3,483	5,370
Total Accumulated Funds	13,265	16,748

Joy Cummings Centre
Income & Expenditure Statement
 July 2008 through June 2009

Income	08/09	07/08
JCC Building Fund	18,330	20,280
Meeting Room Donations	318	333
Interest Received	0	0
Miscellaneous Income		
Total Income	18,648	20,613
Operational Costs		
Administration Costs	1,547	2,726
Equipment	0	234
Property Costs	20,584	12,282
Provisions	0	0
Total Operational Costs	22,130	15,243
Surplus/Deficit	-3,483	5,370