Max from Family Support Newcastle and Roger from Family Action Centre would like to invite dads and men who have a role in raising dependent children to a FREE 4 week course

## The Inspiring Dad

## Fathering-a most important job

For dads who want to do better

**Topics:** Week 1: Looking after yourself Week 2: What your child needs Week 3: Healthy relationships Week 4: Strong emotions & discipline



Come to one session or come to them all. Bring a mate if you want.

## Light supper provided

When: Mondays 5th - 12<sup>th</sup> - 19<sup>th</sup> & 26<sup>th</sup> November 2018
Time: 5.30pm - 8pm
Where: FSN Family Centre, 2 High Street, Waratah

FREE CHILDREN'S GROUP AVAILABLE ON PREMISES To make a booking or for further enquiries please call us on 4926 3577 or 0490 331 617

The Men and Family Relationships Project is funded by the Australian Government and auspiced by Family Support Newcastle.







