

Family Support Project invites women raising children to...

Women

on Wednesdays

A community of belonging

17th October – 12th December

10 – 12.30

Morning tea provided

"It's about social justice"

"It's empowering & has helped build my confidence"

"It challenges values & beliefs"

"We are getting to know our own knowledge"

Come as you are!

Women discovering & re-claiming the ways they prefer to be as mothers

Building resistance to the kinds of beliefs, attitudes & expectations that are degrading

Fun & creative activities

FSN Family Centre

2 High Street Waratah

Children activities available on premises

Booking is essential

RSVP: Please call reception on
4926 3577 or 0490 331 617

Family Support Project is funded by Family & Community Services



Family Support Newcastle