

Family Support Newcastle invites you and your children to:

# Cooking together

Help prepare simple salads and recipes using produce from our garden



**Come along and eat lunch together**

**When:** Tuesday mornings 19 February to 26 March 2019

**Time:** 10am-12:30 pm

**Where:** FSN Family Centre, Corner Turton Rd and High Street Waratah

**Take home any produce we have spare**



**Children's Activity Worker available for children 0-5yo**

Call Terri at Family Support Newcastle on 49263577 or  
0490 331 617 to book in.



Family Support Newcastle  
your family, our community