

**Come move with us!**



**Join us for a fun movement group, move & connect with your child/ren!**

**Join Family Support at the Family Centre for a movement group**

**\* fun chance to explore movement with your child**

**\* Child developmental movement**

**\* Good for your body & good for your child**

**\* Use fun props & music**

**\* Relax & Have fun!**

**When: Friday 15<sup>th</sup> March 10am – 11.30am (moving for 45mins, morning tea provided after)**

**Where: Family Centre Waratah, 1 -2 High Street, Waratah**

**RSVP essential. Please RSVP by 11<sup>th</sup> March on 024926 3577.**



Funded by **families nsw** supporting families to raise children.  
Auspiced by Family Support Newcastle



Family Support Newcastle