

Max from Family Support Newcastle and Roger from Family Action Centre would like to invite dads and men who have a role in raising dependent children to a FREE 4 week course

# Being there for your kids

## (Dad's Group)

Fathering - a most important job for dads' who want to do better



### Topics may include:

Week 1: Looking after yourself

Week 2: What your child needs

Week 3: Healthy relationships

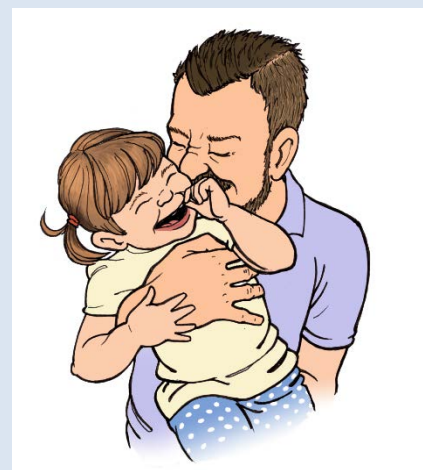
Week 4: Strong emotions

Come to one session or come to them all. Bring a mate if you want.

**When:** Mondays 4<sup>th</sup>-11<sup>th</sup>-18<sup>th</sup>-25<sup>th</sup> March

**Time:** 5.30pm - 8pm

**Where:** FSN Family Centre  
2 High Street, Waratah



**FREE CHILDREN'S GROUP AVAILABLE ON PREMISES**

To make a booking or for further enquiries please call us on  
**4926 3577**

The Men and Family Relationships Project is funded by the Australian Government and auspiced by Family Support Newcastle.

