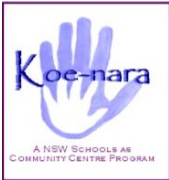




Family Support Newcastle
your family, our community

Family Support Newcastle and Koe-nara Cessnock Schools as Community Centre
invite you to A FREE 4-week group



Patches of Many Colours

A practical, creative, up-cycling group



Come together and make a patch or two
using pre-loved fabrics

Design and share your own symbols of
resilience

Slowing down

Bringing beauty &
self-kindness into the everyday

Morning tea, children's activities,
and all materials provided

When: Wednesdays over 4 weeks
2nd – 23rd March 2022

Time: 10am – 12pm

Where: Koe-nara

Rawson Street, Cessnock
(In the grounds of Cessnock
Public School)

To register call Jane on 4990 9354



We will all need to follow COVID safe practices at the time, including, hand hygiene and not attending the group if you or your children are unwell.



The Family Relationship Skills Project is funded by the Australian Government and
auspiced by Family Support Newcastle

