

Family Support Newcastle and Swansea Community Cottage
invites parents/carers and grandparents to:

Raising the Growing Child

Parenting Program



Topics covered:

Reconnecting to your Parenting Goals and Dreams
Supporting your Child's Growing Brain
Supporting your Child's Development, Emotions and Behaviour
Enjoying Calm and Connected Conversations
Looking After Yourself

When: Thursday 24 & 31 March & 7 April 2022
Time: 10.00am – 12noon (3 x 2-hour sessions)
Where: Swansea Community Cottage
228-234 Pacific Highway, Swansea 2281

To make a booking or for further inquiries please call:

Roger 0490 798 622 or roger@nfss.org.au
Reception: 4926 3577

FREE CHILDREN'S GROUP AVAILABLE ON PREMISES
Please register when booking for program.



The Men and Family Relationships Project is funded by the Australian Government and
auspiced by Family Support Newcastle.

