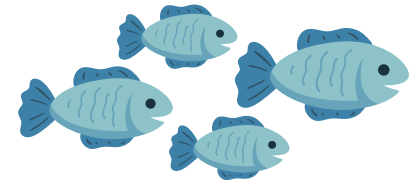


Shark Cages and Other Fishy Business



Free separate children's activities and morning tea provided



WHEN

Tuesdays
10am-1pm

DATES

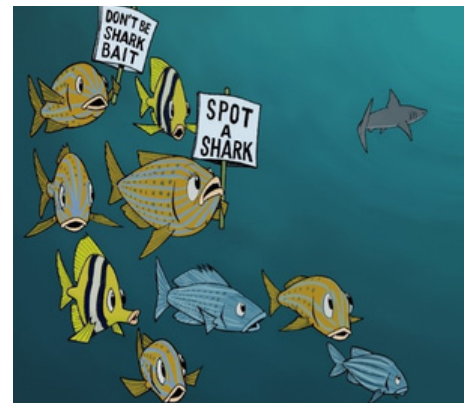
Weekly from
14th February to
28th March 23

WHERE

Gan Gan Family
Centre, Old Main
Road, Anna Bay

Discussions will include:

- What supports violence in our society?
- Connecting with your wisdom, strengths and early warning systems
- Identifying, valuing and respecting boundaries
- Fine-tuning awareness and ways to respond
- Practicing self-care, kindness and creativity



Register: 4968 2511 Places limited!

We will all need to follow COVID safe practices especially not attending if unwell

The Family Relationships and Skills program is funded by the Australian Government through Family Support Newcastle