

Family Support Newcastle and Maitland Family Support Inc. would like to invite men raising children to a **Free** group

The 21st Century Dad

For all men who have a fathering role and want to improve their life and relationships with their children



Group conversations may include:

- How to care for yourself
- How to deal with strong emotions
- Making good family memories
- Better communication

When: Tuesday 7th- 21st May

Time: 10am-12pm

Where: Woodberry Family Centre
11-13 Lawson Ave, Woodberry 2322
(Opposite Francis Greenway High School)

FREE CHILDREN'S GROUP AVAILABLE ON PREMISES

To make a booking or for further inquiries please call us on

49 140 444

The Men and Family Relationships Project is funded by the Australian Government and auspiced by Family Support Newcastle.



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your family, our community

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