

Family Support Newcastle and Maitland Family Support Inc. would like to invite men raising children to a **Free** group

The 21st Century Dad

For all men who have a fathering role and want to improve their life and relationships with their children



Group conversations may include:

- How to care for yourself
- How to deal with strong emotions
- Making good family memories
- Better communication

When: Tuesday 7th- 21st May

Time: 10am-12pm

Where: Woodberry Family Centre

11-13 Lawson Ave, Woodberry 2322

(Opposite Francis Greenway High School)

FREE CHILDREN'S GROUP AVAILABLE ON PREMISES

To make a booking or for further inquiries please call us on
49 140 444

The Men and Family Relationships Project is funded by the Australian Government and auspiced by Family Support Newcastle.



Family Support Newcastle
your family, our community



MAITLAND
FAMILY
SUPPORT INC.