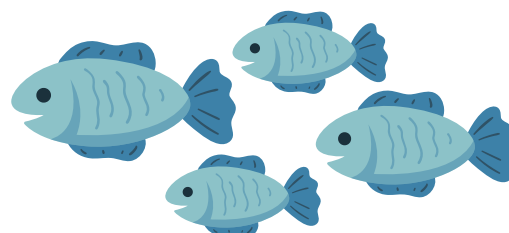


Shark Cages and Other Fishy Business



Free separate
children's activities
and morning tea
provided



WHEN

**Tuesdays
10am - 1pm**

DATES

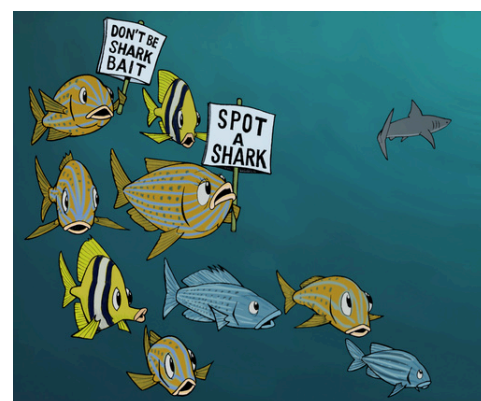
**10 Feb to
24 March, 2026
(7 weeks)**

WHERE

**Hunter Women's
Centre
60 Industrial Drive
Mayfield,
Awabakal Country**

Discussions will include:

- What supports violence in our society?
- Connecting with our wisdom, strengths and early warning system
- Identifying, valuing and respecting boundaries
- Understanding resistance and responding
- Practicing caring for ourselves, kindness and creativity



Register for pre-group call: 49682511 Places Limited!